



# ECTOPIC MURMURS

Volume 22

Number 2

February 2011

Opinions and articles published herein are those of the authors and do not necessarily reflect that of the FEUDNSM Alumni Foundation

## SHIMMERING SILVER... GLITTERING GOLD

**DIVINA GRACE AVERILLA OBENA MD<sup>85</sup>**

The recent FEU alumni

reunion was an astounding success. Seeing my classmates I have not seen for 25 years was a very nice one. Some

have changed a lot, and others just a little.

The event started with a celebration of a mass, then followed by great lectures at the Dr Alfonso Hall.

The student achievement award to deserving students of each class was quite an experience. I felt good giving

back to the FEU since I felt I owe everything to our school whatever I am now.

Really, I am so fortunate to reinvent myself, to discover new facets of creativity and to explore avenues I never thought would be open to me.

I receive the blessings with grace and gratitude, ever mindful that I have to do my part in sharing that abundance.

I sincerely believe that in giving back, our souls are nourished and spirits are uplifted.

In these challenging times, it is that spark of hopefulness, our faith, and our willingness to be of help that will see us through the tough days.

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## Message from the Board Chairman

January has been a very busy month for the FEU. Several of our members participated in the Homecoming annual seminar in Manila. The seminar began on Thursday, January 13<sup>th</sup>



**PEPITO C  
RIVERA MD**

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## Message from the President

Last January, I attended the 3-day seminar together with Dr Pepito Rivera FEUDNRSMAF Chairman, Minnie Concepcion MD other members of



**OSCAR C  
TUZON MD**

the board trustees from

*continue to page 14*



*The 2010 Class<sup>85</sup> Silver Jubilarians were joined by FEU-NRSMF Hospital director Dr Rey De Vega, Trustee Atty Artemio Panganiban, Chairperson Dr Josephine C Reyes, and Dean Remedios Habacon at the Crowne Plaza Galleria at Ortigas last month.*

# STUDENT ACHIEVEMENT AWARDS and Recipients 2011 \*

## PHYSIOLOGY

**Rodolfo Madlang MD Award**  
Marie A Absalon

**Tahimik Sayoc MD Award**  
(Edgardo Sayoc MD)  
Bernadett Cid

**Honorata Pascua Award**  
(Minda Pascua White MD)  
ANDR Lopez

**Faustino A Raniva Jr Award**  
(Class<sup>86</sup>) Margaret Rosete

**Orlando Agnir MD Award**  
Dean Marvin Pizarro

**Cresenciano Lopez MD Award**  
Vitor Angelo Panganiban

**Balthazar Solis MD Award**  
(Class<sup>65</sup>) Paolo Pio Tempongko

**Best in Three Years Award**  
(Edmundo Relucio MD)  
Randy Dabu

**Rodolfo Madlang MD Award**  
Juvelon Mendoza

## PSYCHIATRY

**Isidro/ Purificacion Pilapil Award**  
(Virgilio Pilapil MD)  
Melody Atienza

**Victor Fermo Award**  
Princess Celine Baylon

**Jane Peralta Legaspi MD Award**  
Maria Camille Avenido

**Sonia Ferry Aznar MD Award**  
Randy Dabu

**Emelita Flores Ramos MD Award**  
Soraya Joson

**PREVENTIVE MEDICINE**

**Felipe & Lucia Pilapil Award**  
(Virgilio Pilapil MD)  
Denelyn Isidro

**Danilo Ayos MD Award**  
(Class<sup>69</sup>) MRA Lacanin

**Fredelicto Flores MD Award**  
(Class<sup>69</sup>) Mabelle Grace Navaroo

**Lita Cinco MD Award** (Class<sup>69</sup>)  
Marion Ariadne Burgos

**Hubert Amin MD Award**  
(Class<sup>69</sup>) MKT Alcalde

**Benedicto Cruz MD Award**  
(Class<sup>69</sup>) Marian Morales

**Fausto Malana MD Award**  
(Herita Yulo-Agmata MD)  
George Vincent Habacon

## PEDIATRICS

**Dalmacio & Eusebia de Roca Award**  
(Virgilio Pilapil MD)  
Randy Dabu

**Drs Ted & Teresita Manubay Award**  
Christin Jew Baldovino

**Generosa Calderon-Lazor MD Award**  
Christia M Maderazo

**Lolita Maranan Ramos MD Award**  
MLP Mendoza

**Drs Recto & Clarita De Leon MD Award**  
Randy Dabu

## PHARMACOLOGY

**Cesar V Nolasco MD Award**  
MLA Cabacang

**Roy Castelo Cabrera MD Award**  
Kristal C Buemio

**Class<sup>68</sup> Antolin Dycoco MD Award**  
MRA Lacanin

## SURGERY

**Jose Solas Chua Sr Award**  
(Drs Philip & Farida Chua)  
Melody Atienza

**Eleuterio Acosta MD Award**  
(Drs. Rogelio & Corazon Acosta)  
Randy Dabu

**Perlita Relucio Award**  
(Dr Olivo Leopando, et al)  
Hazel Karen Raz

**Class<sup>68</sup> Napoleon Abando MD Award**  
Mary Rose Munoz

**Thicon/ Napoleon Abando MD Award**  
Princess Celine Baylon

**FEUMAANI Award**  
Gherald Bermudez

**Ernesto Eusebio MD Award**  
Christia M Maderazo

**Drs Moises & Leonardo Sarmiento Award**  
(Reynaldo Sarmiento MD) RD Cansanay

**MEDICINE**

**Apolinario Miranda MD Award**  
Randy Dabu

**Class<sup>71</sup> Award** Melody Atienza

**Noli C Guinigundo MD Award**  
Christia M Maderazo

**Josefino S Santos MD Award**  
Hazel Karen Raz

**Norma Oller Magpoc MD Award**  
Sid Sergio

**Adelaide Ibay Soriano Award**  
(Alberto Soriano MD)  
Jojo Evangelista

**Noli C Guinigundo MD Award**  
MRA Lacanin

**Olivo Leopando MD Award**  
(Manuel Sanchez MD, et al)  
M Leandra Lisondra

**Class<sup>69</sup> Macario Chan MD Award**  
Cherry Liberty Reyes

**Class<sup>69</sup> Juan Acosta MD Award**  
KJM Sanchez

## ENDOCRINOLOGY

**Nunilo G Rubio MD Novartis Award**  
Randy Dabu

## OPHTHALMOLOGY

**Nathaniel Yangco MD Award**  
Randy Dabu

**Noli C Guinigundo MD Award**  
Melody Atienza

## BARIATRIC MEDICINE

**Olivo Leopando MD Award**  
Marjan Heidari

## RADIATION ONCOLOGY

**Conrado Gonzalez Jr MD Award**  
Christia M Maderazo

## CFM

**Olivo Leopando MD Award**  
Marion Ariadne Burgos

## GROSS ANATOMY

**Edwin V Nolasco MD Award**  
Marie A Absalon

## MICROBIOLOGY

**Class<sup>68</sup> Manuel Pasia MD Award**  
Ma Leandra Lisondra

## PATHOLOGY

**Severino Sarmenta MD Award**  
(ECTOPIC MURMURS Readers)  
MRA Lacanin

**Tony Kwong MD Award**  
Jillian Georgina Teh

**Ricardo Patron MD Award**  
MLA Cabacang

**Class<sup>68</sup> Danilo Espinelli MD Award**  
Nikolette J Caro

**Class<sup>68</sup> Salve Ronan MD Award**  
MC Dimaunahan

\* Distributed on Thursday,  
January 14, 2010, during the  
Student Recognition Ceremonies  
at the FEU- NRMF Institute of  
Medicine, West Fairview,  
Quezon City, Philippines

## NEUROANATOMY

Class<sup>68</sup> Zenaida Mangalindan  
MD Award Randy Dabu  
Orlando Agnir MD Award  
Mary Rose Munoz

## PARASITOLOGY

Class<sup>68</sup> Edelmiro Santos MD  
Award Jeremiah Fe

## BIOCHEMISTRY

Class<sup>68</sup> Rodolfo Martija MD  
Award Ma Antoniette Absalon  
Washington DC Chapter Award  
Nikolette Josephine Caro

## CARDIOLOGY

Juan Acosta MD Award  
(Drs Roger/Cora Acosta)  
Princess Celine Baylon  
Olivo Leopando MD Award  
Soraya Joson  
Renato Ramos MD Award  
Marian Morales

## OBSTETRICS

Drs Roger & Thelma Mupas  
Award Randy Dabu

## GYNECOLOGY

Philippine Medical Association  
in Chicago Award Randy Dabu

## LEGAL MEDICINE

Atty Pedro I Relucio Awar  
(Edmundo Relucio MD)

## OUTSTANDING JUNIOR

Dominga V Barbero Award  
Mauricio Averilla Award  
Randy Dabu

## OUTSTANDING SOPHOMORE

Dominga V Barbero Award  
Mary Rose Anne Lacanin  
Ester Averilla Award  
Mary Rose Anne Lacanin

## RADIOLOGY

Drs Ted & Teresita Manubay  
Award Denise Lorraine Arlequi  
Conrado Gonzalez Jr MD  
Award  
Ms Alicia Tansuche Award  
(Hernani Tansuche MD)  
Regil Siazon

## INFECTIOUS DISEASES

Elpidio Gamboa MD Award  
(FEUMAANI) Melody Atienza

## NEPHROLOGY

Class<sup>69</sup> Josefina Villafria Cruz  
MD Award Randy Dabu

## ANESTHESIOLOGY

Class<sup>69</sup> Alfredo Alonso MD  
Award Ma Katrina Teresa Alcalde  
Class<sup>69</sup> Macario Chan MD  
Award Ronald Giron  
Amante G Legaspi MD Award  
Randy Dabu

Class<sup>69</sup> Antonio Kwong MD  
Award Mary Lou Anne Cabacang  
Atty Eustaquio & Rosa Libonao  
Award (Virgilio Pilapil MD)  
Ma Leandra Lisondra  
Mr & Mrs Buenaventura Perez  
Award (Clarita Perez Pascual  
MD) Hazel Karen Raz

## OUTSTANDING SENIOR

Villastiqui Award  
Mauricio Averilla Award  
Gerald Dale Giron (PG1)

## DERMATOLOGY

Daisy Ramos MD Award  
Ma Corazon Dimaunahan

## PULMONARY MEDICINE

Arsenio Martin MD Award  
Christia Maysol Maderaso

## EMBRYOLOGY

Col Jovito & Gregoria Alcova  
Award (Virgilio Pilapil MD)  
Nikolette Josephine Caro

## NEUROSURGERY

Abelardo Palaypayon MD  
Award (FEUMAANI)  
Melody Atienza

## MOST OUTSTANDING GRADUATE

Rosalina Abboud MD Award to  
Juvelon Mendoza (PG1)

## BEST JUNIOR ATTENDING PHYSICIAN & TEACHER

Virgilio & Elena Pilapil Award  
to be awarded

## OUTSTANDING FRESHMAN

Ester Averilla Award  
Marie Antoniette Absalon

## MEDICAL JURISPRUDENCE

Olivo Leopando MD Award  
(Manuel Sanchez MD, et al)

## CFM

Olivo Leopando MD Award  
(Manuel Sanchez MD, et al)  
Desiderio & Juliana Mercado  
Award (Drs Nestor & Celia  
Sagullo)

Class<sup>68</sup> Manuel Pasia MD  
Award

## OBSTETRICS GYNECOLOGY

Drs Jose & Rosita Sagullo  
Award (Drs Nestor & Celia  
Sagullo)

## Editorials

commentary,  
news releases,  
letters to the editor,  
column proposal and  
manuscripts are invited.  
Email submission,  
including figures  
or pictures,  
is preferred.

## ECTOPIC MURMURS

Deadline for the  
March 2011 issue:

**February 28, 2011**

Email to [acvrear@aol.com](mailto:acvrear@aol.com)

## FEUDNRSM Alumni Foundation Winter Board Meeting

Saturday, March 26, 2011  
Renaissance Hotel  
111 East Ocean Boulevard  
Long Beach, CA 90802  
(562) 437-5900



Room Rate \$99

Contact

[otuazonmd@gmail.com](mailto:otuazonmd@gmail.com)

## LETTER to the EDITOR

I enjoy receiving and going through the monthly issues of



ROLANDO SOLIS MD

**ECTOPIC MURMURS**, the virtual news letter of the FEU Medical Alumni.

Your efforts and those of your staff are highly commendable.

Reading the newsletter evokes some of my fondest memories as a medical student at FEU where I was involved with our school newspaper, *The Medical Student*, which was founded by the brilliant and indefatigable Dr. Phillip Chua, who also served as editor-in-chief.

I started as a reporter and ended up being a member of the editorial staff which included student leaders like Drs Noli Guinigundo, Renato Ramos and many others. These guys were terrific student journalists and their traits in the art have not waned. I presume their continued interest in the subject of writing have helped them maintain their cerebral prowess and sanity.

The items in the **ECTOPIC MURMURS** are always interesting but I wonder if you could start a new section involving art as practiced and perceived by Alumni.

This might add color to the publication. I am particularly thinking of a section on *Images*, to which Alumni could contribute photographic art, not the usual snapshots.

As a lot of us are now approaching retirement, this could be an avenue for exchanging ideas on this

particular hobby, which I myself plan to pursue when I finally hang my stethoscope.

I am attaching herewith some photos which have been published in the *Baylor University Medical Center Proceedings*, the official journal of Baylor Health System in Dallas.

If you agree, more will follow on a monthly basis if you just advise me on the deadlines.

Thank you for your consideration. Keep up the good work!

**ROLANDO M SOLIS MD<sup>63</sup>**  
Interventional Cardiologist  
Baylor Health Care System  
Dallas TX [rmsolis@mac.com](mailto:rmsolis@mac.com)

**Editor. ARTS IMAGE starts in this issue of the ECTOPIC MURMURS and in the next issue of the FEUMAANI News.**

## LETTER to the EDITOR

The recent issues of the **ECTOPIC MURMURS** are very interesting to read, especially the last issue in December.

I know I will be ordering Dr Cesar Candari's book from the [amazon.com](http://amazon.com).

I plan to get two books, one to be donated to the school library in my hometown.

It will be a great inspiration for the young people to pursue their dreams even in adversity.

Reading about my classmate, ED RELUCIO's brush with death is awesome, albeit, hair raising.

I did not realize he was that sick. Thank God Almighty, everyone's prayers for his full recovery was heard.

This is his second life!

Tell Ed, I look forward to dance with him at the next reunion, with Marizon's permission of course.

As a retired physician, now almost a full time baby sitter for my granddaughter, I have more time to read medical articles not related to anesthesia.

Dr CELSO DEL MUNDO's article on *Injury and Disability Evaluation* is very interesting.

Dr EDGAR BORDA's warning about the amount of ionizing radiation exposure that we all take for granted here in the United States is food for thought.

My sympathy for Dr Borda's loss of his mother and soon after, his brother's death.

I did not realize you are also a bible scholar, Cesar.

I agree with my classmate, EMILIE ONGCAPIN, but your answer and explanation make me wonder if I should read more of the bible. I did not remember Heli as the Virgin Mary's grandfather.

**MANOLITA BALASSA MD<sup>64</sup>**

**Editor. As indicated in the previous Editor's response to a LETTER to the EDITOR on Jesus genealogy according to the Gospel of St Luke's gives the pedigree of Mary.**

**The text of the third Gospel (3:23) may be explained so as to make Heli the father of Mary and Jesus, (being the son of Joseph) and therefore grandson of Heli.**

**By these explanations, the name of Mary is not mentioned explicitly, but it is implied: Jesus is the Son of Heli through Mary.**

**Additionally, though few commentators adhere to this view of St. Luke's genealogy,**

**the name of Mary's father, Heli (also known as Joachim) ---in a tradition founded upon the report of the Protoevangelium of James, an apocryphal Gospel which dates from the end of the second century. According to this document, the parents of Mary are Joachim and Anna.**

**Now, the name Joachim is only a variation of Heli or Eliachim, substituting one Divine name (Yahweh) for the other (Eli, Elohim).**

**Joachim belonged to the royal family of David, and Anna is supposed to have been a descendant of the priestly family of Aaron; thus Christ the Eternal King and Priest sprang from both a royal and priestly family.**

#### **LETTER TO THE EDITOR**

I would like to thank you for donating the hardbound book, **Diagnostic Pathology Genitourinary**, during the 36<sup>th</sup> Balik-FEU alumni homecoming, January 13, 2011.

I am so overwhelmed by this, not only is this book a *first edition*, but one of the authors, **GLADELL PANER MD<sup>95</sup>**, was my student.

What a treasure!

It will be kept at the Clinical Laboratory of FEU-NRMF Medical Center so that it can be easily referenced by our anatomic pathologists and residents.

It was great seeing you again.

Sorry, I was not able to spend time with you, I was enjoying my Silver Jubilee celebration too much!

**LINDA TAMESIS MD<sup>85</sup>**

#### **LETTER to the EDITOR**

Thank you for sending those ECTOPIC MURMURS, I enjoyed reading them and hearing news from old classmates.

May the blessing of Jesus bring you and your family joy and happiness thru the year,

**BENITA BLANCO MD<sup>63</sup>**

#### **LETTER to the EDITOR**

Thank very much for sending me the January 2011 issue of ECTOPIC MURMURS, another great issue.

Please relay to ED RELUCIO that I read his article with interest and thankfulness, the latter for his almost complete recovery from a life-threatening illness.

**COSME R CAGAS MD**

Keep in touch!

#### **LETTER to the EDITOR**

Pepito and I would like to extend our gratitude for the warm invitation from Jane and Amante Legaspi. We attended Ati-Atihan Festival in Kalibo Aklan. During the festival, the black Santo Ninos are paraded to match devotees' soot-black face and body paint and all the spectators are invited to dance in the streets and it lasts up to six hours. We enjoyed it tremendously, but were not able to last the entire 6 hours. Many dignitaries also attend the festival.

Also, we would like to extend our thanks to the Washington Mayor Edgar Peralta and wife, Chito Peralta and wife, brothers of Jane Legaspi, for making our vacation unforgettable. Jane and Amante have a beautiful

Boracay Resort/Hotel with beach frontage, easy accessibility to all areas, and lovely ocean views. Pepito and I felt very relaxed and at home and at the same time very pampered. The food and service were above reproach and the atmosphere was very congenial.

**MINERVA CONCEPCION RIVERA MD<sup>70</sup>**

#### **FEBRUARY QUOTE**

**Sephora:** *She was very beautiful, wasn't she? This woman of Egypt, who left her scar upon your heart.*

**Moses:** *Her skin was white as curd, her eyes green as the cedars of Lebanon, her lips, tamarisk honey. Like the breast of a dove, her arms were soft... and the wine of desire was in her veins. Yes. She was beautiful... as a jewel.*

**Sephora:** *A jewel has brilliant fire, but it gives no warmth. Our hands are not so soft, but they can serve. Our bodies not so white, but they are strong. Our lips are not perfumed, but they speak the truth. Love is not an art to us. It's life to us. We are not dressed in gold and fine linen. Strength and honor are our clothing. Our tents are not the columned halls of Egypt, but our children play happily before them. We can offer you little... but we offer all we have.*

# MY SENTIMENTAL JOURNEY

**CESAR V REYES MD<sup>68</sup>**

The Laoag mission on January 17-20, 2010, was a convenient medium for my



**CESAR V REYES MD**

sentimental journey to Bangued, Abra, after 31-year hiatus. It truly allowed me to mix altruism and adventure.

Instead of taking the 30-minute flight from Manila to Laoag, I took the long way---by bus that took 12 hours of so-so ride.

Along the way, I was awed by and I enjoyed the most scenic places, provinces and barangays one could imagine.

The trip was very tiresome to my company. It was also very imposing to them who almost starved because the eateries at the bus stops along the way were to be by-passed. My wife, my sister-in-law, my brother-in-law and, from New York City, Drs Araceli and Paul Dantes, felt so pooped and famished to proclaim that *never again would they take such a long bus ride to the Ilocos!*

For me, I enjoyed the travel. It is not really a once-in-a-lifetime experience; but was a priceless one. If given another opportunity, I would do it again.

My side trip to Bangued which was another four-hour traveling from Pagudpud, through Vigan and Plaza Burgos, was a topping of the cake! It was the grandest leg of my sentimental journey.

At Patucannay, Bangued, where I was born and grew, I was given a heartfelt welcome. A banner with my picture was hung across Main Street. The Barangay



*A banner welcomes me --- with relative and friends.*



*The barrio band plays When Johnny Comes Marching Home for me.*



*A new, beautiful and long Calaba Bridge has tamed the mighty Abra River!*

Band came out to herald my arrival.

There I met my remaining relatives (most have immigrated to California), roommates in college, old friends, nieces, nephews and second/ third-degree grandchildren.

I splurged a little, handing Benigno Aquino and Manuel Roxas in crisp papers.

Yes, my sentimental journey was most grand! I was welcomed like a returning hero in Patucannay.

I might have missed the FEUMAANI courtesy audience with President Noynoy Aquino at Malacanang but completing my sentimental journey was more pleasant and delightful.

Yes, life perhaps is missing some silver linings, golden chances and beautiful opportunities---to savor the simple little things that matter more to the soul!

## FEBRUARY QUOTE

### How do I love thee?

Let me count the ways.

I love thee to the depth and breadth and height

My soul can reach, when feeling out of sight

For the ends of Being and ideal Grace.

I love thee to the level of everyday's

Most quiet need, by sun and candlelight.

I love thee freely, as men strive for Right;

I love thee purely, as they turn from Praise.

I love thee with the passion put to use

In my old griefs, and with my childhood's faith.

I love thee with a love I seemed to lose

With my lost saints,--I love thee with the breath,

Smiles, tears, of all my life!--and, if God choose,

I shall but love thee better after death.

## FLOWER IMAGES

### ROLANDO SOLIS MD<sup>63</sup>

I believe I inherited my love for visual art from my late mother who was good in drawing and ceramics.



ROLANDO SOLIS MD

I started photography as a hobby, mostly photographing

family, especially our growing children.

Later, I discovered the beauty of nature photography, with initial emphasis on flowers and, later on, landscapes and then living creatures.

Birds, animals, and insects are some of my favorite subjects. Vibrant colors and intricate figures attract me, and when I delved into macrophotography, I discovered a totally new world. It is hard to believe the existence of beautiful and striking structures the naked eye or the ordinary photo image could ever perceive!

Photography has not only opened my eyes to the beauty of nature surrounding us but has also encouraged me to commune with the great outdoors. At first, this was just an outlet to ease boredom, but I later found that it also provided me exercises in disciplines that I have been able to apply to my profession as an interventional cardiologist, where I have to be patient, precise in judgment, and speedy in visual and manual adroitness.

I spend most of my time photographing my subjects at the Fort Worth and Dallas Zoos, the Dallas Arboretum and Fort Botanical Garden, our backyard, and also in a portable makeshift studio in our kitchen for some of my macro shots.

The hobby has been relaxing and rewarding, especially every time I win an award at the Dallas Camera Club, where I am a master member.



## REMEMBERING DR JOSE RIZAL CESAR D CANDARI MD<sup>61</sup>

An appropriate and timely subject to write is the very significant occasion of



CESAR  
CANDARI MD

commemorating Dr. Jose Rizal who gave his life for our beloved country, the Philippines, a century and fourteen years

ago. I could write of many interesting subjects about our national hero, Dr. Rizal.

He was a physician, a poet, a linguist, and philosopher. Today I finally chose to compose an essay as a pedagogical tool to reminisce Dr. Jose Rizal as our champion of DEMOCRACY, FREEDOM and UNITY.

To begin, allow me to share with you an event in our history of how we, Filipinos, came about to know democracy and freedom through our forefathers and through Dr. Rizal. As a descendant of a noble Malayan race, we must be proud of being able to savor Democracy as established in the 'Code of Kalantiaw' and the 'Code of Sumakwel' many centuries after Democracy was born in 510 B.C. in ancient Greece. We must be proud of the legacy left behind by our national heroes, particularly the bravery and national sentiment of Dr. Rizal. We must be proud of our heritage. We must adapt to the various cultural climates that we have been exposed to and have culled the best from each of these divergent cultures; the combined courage and aggressiveness of Marikudo; the

wisdom, integrity and gentleness of Sumakwel; the religious fervor of the Spaniards; and the sense of fair play and self-sufficiency of the Americans.

I mention these historical legacies because I believe that awareness of our common ancestry and culture could lead us easily to develop values that could integrate into a community. These values will bind us together as Filipinos where the words *Bayanihan* and *Katipunan* (togetherness) have inspired and spirited our people in forging the Philippines into a great nation. Among men of wisdom and legendary heroes, Jose Rizal stood tall with Demosthenes of Greece who shouted against the Macedonian conquest, with Victor Hugo of France who defended the Magna Carta, with Abraham Lincoln of the United States of America who abolished slavery. Jose Rizal bravely exposed and fought the repressive Spanish rule and paid with his life that very day on December 30, 1896, three hundred years after the Spanish domination of our country. The fight for freedom, human rights and UNITY in this world is never ending. All these speak of the inherent desire of men, of peoples of the world, be it in the prehistoric days or in the atomic/nuclear age, their desire to be free. Our forefathers down to Dr. Rizal wielded their pens and swords in their quest for freedom from the Spanish, American and Japanese conquerors. The hero-contemporaries of our past, with Rizal as the towering figure, exemplified the essence of Democracy divinely gifted with

the boon of UNITY which solidifies its whole fabric.

We commemorate this event every December not only to showcase the bravery and wisdom of Rizal who died for our country but also to reaffirm our love for freedom and democracy.

Several years ago, we gained our independence from the United States of America. This was a product of our natural quest for freedom that we inherited from our forefathers, the courage and wisdom of Lapu-Lapu, and the bravery and nationalism of Dr. Rizal. I suppose no one ever dreamed those fifty-four years later after that Independence Day celebration in Luneta that you and I shall be here in this land of milk and honey talking about this great history. We have so far enjoyed the blessings of not only the freedoms and democracy of our adopted country, America, but we are also blessed with the opportunities, achieved success and affluence in our lives

However, as the story goes, one day, not too long ago, we lost our freedom during the Marcos dictatorship. It lasted for almost 20 years. But because of our inherent love for democracy, because of the legacy of Dr. Jose Rizal, we rediscovered Democracy once again through Ninoy Aquino in the 1986 historical EDSA revolution. All these events appear to me to be a part of our Divine affiliation. I would like to think that the legacy of Rizal has influenced the Filipinos to an appointment with destiny. We must believe with a Roman sage, in Latin, *VOX POPULI*

*VOX DEI* - The voice of the people is the voice of God.

Let me remind you, that achieving and restoring democracy is not enough. We must also have economic freedom; we must have economic power and justice for our countrymen. This was what Dr. Jose Rizal stood for.

While the people in our country now enjoy Democracy, the specter of poverty is in the slums of Manila; the shards of destitution litter our cities. Hunger, disease, pollution, and congestion in the city are appalling. I say to you, our countrymen cannot live by restoring the freedoms and democracy alone. What they also need are economic justice and economic power. Dr. Jose Rizal had meant it that way.

We are now living in America but why is it important that we talk about the Philippines this day celebrating Dr. Rizal? It is because what is good for the Philippines is good for every Filipino wherever he is. While we concern ourselves with helping our countrymen and their ills, we must also develop our Filipino American community here in its economic, political, and social aspirations in this country. There is much to be done if we are to forge our Filipino American Community into a strong, cohesive force that can speak with one voice on matters that concern us all.

But first, we must rise above the divisive elements of our Filipino heritage. We must simply learn the true meaning of Bayanihan (working together), the embodiment of what a true Filipino like you and I should be and what Dr.

Rizal is all about, thereby build a solid and strong Filipino-American community. If Dr. Jose Rizal is reincarnated, this is what he is going to say: the Filipinos in America must also be prepared to fully support and assume leadership roles in achieving the inevitable destiny of the Philippines. This is a

responsibility that every Filipino must take. The current 15th President of the Philippines, Noyoy Aquino must be supported by every Filipino in his dream when he stated, *Kung walang Corrupt walang mahirap!* Mr. President, When You Dream it, Do It.

## **32<sup>nd</sup> Annual Reunion & Scientific Convention**

**June 15 – 18, 2011**

**Monte Carlo Resort & Casino**

**Las Vegas NV**

**Hotel room rate for**

**June 15<sup>th</sup>-16<sup>th</sup> \$50/night**

**June 17<sup>th</sup>-18<sup>th</sup> \$115/night**

**plus taxes**

**Telephone (888) 529-4828**

**(702) 730-7000**

**Reservation deadline**

**May 15, 2011**

### **Celebrants**

**Class<sup>61</sup> (Golden Jubilee)**

**Class<sup>86</sup> (Silver Jubilee)**

**Class<sup>66</sup> (Sapphire Jubilee)**

**Class<sup>71</sup> (Ruby Jubilee)**

**Class<sup>76</sup> (Coral Jubilee)**

**Class<sup>81</sup> (Pearl Jubilee)**

**Class<sup>91</sup> (20th Anniversary)**

**Class<sup>96</sup> (15th Anniversary)**

**Class<sup>01</sup> (10th Anniversary)**



*A 2011 PDR is donated at the FEU-NRMF medical library by CV Reyes MD<sup>68</sup>, from left, shown with Florencia Averilla, DG Averilla Obena MD<sup>85</sup> and Elisa Averilla Reyes RN.*



*The Balik-FEU scientific meeting audience is led by Mrs Cesar Candari, Dr Melinda Fabito, Dr Josephine C Reyes, Dr Ed Relucio and Dr Daniel Fabito. Dr Fabito served as the 33<sup>rd</sup> annual Dr Lauro Panganiban memorial lecturer.*

## 36<sup>th</sup> annual *Balik-FEU* and Laoag City medical mission

# IMAGES



*Class<sup>85</sup> Silver Jubilarians at the end of the scientific meeting session posed with the FEU-NRMF Hospital director Dr Rey De Vega, FEU-NRMF board trustee chairperson Dr Josephine C Reye, and FEU-NRMF medical school dean Remedios Habacon.*



*DG Averilla Obena MD<sup>85</sup> hands a student achievement award with Hospital Director Dr Rey De Vega at the podium, and is assisted by Dean Remedios Habacon and FEUDNRSM Alumni Foundation president Oscar Tuazon.*



*Dr Cesar Candari provides a copy of his book to FEU-NRMF board chairperson Dr Josephine C Reyes. They are flanked from left by FEU-NRMF Hospital director Rey de Vega, FEU-NRMF medical school Dean Remedios Habacon, 33<sup>rd</sup> annual Dr Lauro Panganiban memorial lecturer Daniel Fabito, and FEUDNRSM Alumni Foundation Las Vegas NV Chapter president Dr Melinda Fabito.*



*Another Class<sup>85</sup> group picture in the stairs of the Crowne Plaza Galleria at Ortigas.*



*Some of the student achievement awardees lined up to receive their recognition.*



*Class<sup>74</sup> and Class<sup>75</sup> alumni.*



*Beauties of the 36<sup>th</sup> annual Balik-FEU dinner dance at the Crowne Plaza Galleria at Ortigas.*



*2010 Silver Jubilarians: Drs DG Averilla Obena, Adela Maria Florece, and Adelia Sanchez.*



*Class<sup>75</sup> alumni during the 36<sup>th</sup> annual Balik-FEU dinner dance.*



*Two Class<sup>85</sup> Silver Jubilarians from Las Vegas meeting for the first time since graduation at Balik-FEU 2011: Drs DG Averilla Obena and Steve Lissau!*



*Dr Daniel Fabito, postgraduate medical education committee chairman, learning that the ECTOPIC MURMUR is not financially supported by the FEUDNRSM Alumni Foundation, donates \$300 from his committee funds (to Editor CV Reyes) for a printer purchase to produce color hard copies of the summer scientific program Las Vegas brochure, witnessed by Dr Ed Relucio (L>R).*



*Class<sup>68</sup> participants at the Laoag City medical surgical mission: from left clockwise, Dr Paul Dantes, Elisa A Reyes, Dr CV Reyes, Perlita Magat, Dr Willy Magat, Dr Andres Rago, and Aida Rago in group picture at Saud Beach Resort in Pagudpud, Ilocos Norte.*



*Class<sup>70</sup> alumni at the 36<sup>th</sup> Balik-FEU dinner dance.*



*Class<sup>76</sup> alumni group picture.*



*Class<sup>80</sup> alumni group picture.*



*Class<sup>85</sup> Dr Linda Tamesis leads the ala-Michael Jackson dance repertoire.*



*Class<sup>75</sup> alumni group picture.*



*Drs Tony Lu, Vic Porciuncula, Totong Lucero, and Junie Gines.*

## Message from the President

*continued from page 1*

United States.

I attended both the CME offerings and executive meeting with the local FEU-NRMF Medical Society.

On Thursday, January 14<sup>th</sup>, Dr Habacon and I were given the opportunity to present the Student Achievement awards to medical students who excelled academically.

In the afternoon during the executive meeting, we had several discussions about completed and pending project. Overall, the atmosphere was very congenial. I was pleased to see the additions made to the programs prior to our arrival and participated in all the discussions on ways to streamline the communication between the local medical society and FEUDNRSMAF.

It is challenging to keep everyone in two different countries involved, informed in improving communication. Communication and compromise are the two key factors for better relationship.

During the grand ball on January 15<sup>th</sup>, held at the Crowne Plaza Hotel, I was privileged to be with the FEUDNRSMAF chairman and other board members in the presentation of award to the Philippine medical board examination topnotcher Mary Joan Cabanting who received \$1,000.00 from the Alumni Foundation.

It was quite an honor for our school.

Our medical students are the future of our alma mater and their success in part will be due to the positive influence and financial support the Alumni Foundation has to offer.

March 26, 2011 will be the winter FEUDNRSMAF board meeting, to be held in Long Beach CA at the Renaissance Hotel.

We will be discussing business involving our school and finalize the plans for our 32<sup>nd</sup> grand annual reunion and scientific convention in Las Vegas NV scheduled for June 15-18, 2011 at the Monte Carlo Resort & Casino.

I encourage all Chapter presidents, officers, and board members to attend this special event, especially officers and members of the FEUDNRSMAF Illinois Chapters.

**OSCAR TUAZON MD**

## Message from the Board Chairman

*continued from page 1*

and concluded on Saturday, January 15<sup>th</sup>. There were several meetings, events and of course the grand medical ball that concluded the scientific seminar.

On Thursday, the Seminar began with award presentation during the morning open session. The open session was followed by a joint boards meeting of the local and US-based contingents.

The participants included Dr Oscar Tuazon, Dr Linda Tamasis, Dr Daniel Fabito, Dr Melinda Fabito, Dr Ed Relucio, other local officers and myself. Several matters were discussed including the addition of the USA logo inclusion on the homecoming program, inclusion of the FEUDNRSMAF officers in the of homecoming activities and scientific session program, and the CME speakers for the programs selected from celebrating classes.

We were pleased to be able to incorporate these changes in this year's programs.

It was also noted that certain members honored through the program were not charged for the grand alumni night dinner, e.g., Class<sup>57</sup> alumni, Class<sup>58</sup> alumni, Class<sup>59</sup> alumni, Class<sup>60</sup> alumni

Class<sup>61</sup> alumni, Class<sup>85</sup> alumni, Dr Josephine C Reyes and family, Dean Remedios Habacon, FEU Hospital Director Ray de Vega, and FEUDNRSMAF Chairman and FEUDNRSMAF President.

I would like to give my personal thanks for the honor and recognition of these individuals.

There was discussion concerning difficulties arranging surgical coverage for medical missions. The FEU Hospital Department of Surgery chairman has indicated that request for surgical help be sent to him as he is the one who must decide when and which surgeons are available to cover medical missions. Hopefully, this will prevent confusion and streamline the process of medical mission advancement.

Discussion was held on the best way to request and receive equipments, money donations, etc., for the medical school. In the past, requests came to various members of the FEUDNRSMAF and it was hard to track what had been taken care of and who had taken care of it. It was stressed that all requests of this nature should be sent to Dr Renato Ramos and/ or Dr. Hernani Tansuchi.

On Friday, January 14<sup>th</sup>, the CME sessions continued throughout the day, but there were no executive meetings. I enjoyed the more leisurely pace and was able to visit with some of my classmates and friends.

Then on Saturday morning with the CME sessions completed and everyone took some time off to pamper themselves in preparation for the medical ball.

The music, dancing and food were excellent as usual.

I encourage anyone who has not attended these meetings to consider doing so in the future.

I was asked to present the award to the recent topnotcher of

the Philippine Medical Board examinations, and with the assistance of Dr Oscar Tuazon, and other FEUDNRSMAF members of the Board of Trustee, I was able to share our pleasure and support for this hard working new graduate.

We must always remember to encourage and acknowledge the students achievements and continually support our Alma Mater.

I hope to see many of you at the upcoming FEUDNRSMAF Las Vegas convention where the education, good food and entertainment continue.

**P C RIVERA MD**

## SHIMMERING SILVER GLITTERING GOLD

*continued from page 1*

I would like to take this opportunity to thank all our teachers and consultants who I was delighted to see once again. If not for them we would not have been this successful.

Although I have missed the batch night (Thanks to the crabs and shrimp that gave me angioedema of eyes and lips, and gave me an ER experience) I was told it was a blast and a lot of fun with *roasting*, jokes, dancing, admission, of previous faults and boisterous laughter.

The ballroom event with the red carpet walk was a great one as well. Everyone looked beautiful and handsome that night in their suits and cocktail dresses.

There was an endless flash of cameras and everybody felt like movie stars with paparazzi after them.

Everybody did not seem like they were over 50 years old.

The line dance was great, the childish giggles and laughter while reminiscing the past, the dance

moves as if they were in still their 20s, forgetting the aches and pain of their arthritis and gouty attacks.

The Michael Jackson dance was the best performance with the demonstration of flexibility and talent I never imagined they could do before.

The remembrance of our colleagues who passed away brought tears to my eyes. This reminded me that life is too short and needs to be valued each day as if it is our last.

To the organizer of the reunion, kudos to you for a job well done! I do hope to see my classmates once again, hopefully in our golden anniversary or maybe even before June 15-18, 2011 on the 32<sup>nd</sup> annual FEUDNRSMAF Alumni Foundation reunion in my hometown, Las Vegas.

This is not the end but just the beginning once again. I will say this trip was really worth it!

To my classmates I will say not goodbye, but warm hugs and kisses and wishes of more happiness and good luck.

## PHILIPPINE MEDICAL ASSOCIATION in CHICAGO (PMAC) & PMAC Auxiliary

### Winter Scientific Seminar and Song and Dance Festival

Performers:

SWU / CIM Chorale

Thomasian Medical Alumni Chorale Society IL

UERM Midwest Chorale

MCU-FDT Medical Chorale

FEUMAANI Chorale Group

UPMASA Chorale

Saturday, March 26, 2011

Hyatt Regency O'Hare, Rosemont IL

Contact

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EMMA YEE SALAZAR MD

PMAC President [emma4141@aol.com](mailto:emma4141@aol.com)

## FEUMAANI Chorale Group

Songs

*Mutya ng Pasig*

*Pamulinawen*

*Grand night of singing*

Soprano

Brenda Banez MD

Nida Blankas-Hernaiz MD

Mrs Elvie Fernandez

Mrs Violeta Magsino

Leilanie Mon MD

Mrs Nanette Montellano

Mrs Evangelene Tabayoyong

Melinda Tolentino MD

Alto

Mrs Estela Cave

Mrs Virginia Guzman

Mrs Dolores Del Mundo

Mrs Marizon Relucio

Mrs Carlota Sanchez

Remedios Sales MD

Mrs Susan Tabang

Tenor

Rogelio Cave MD

Angelito Fernandez MD

Franklin Montellano MD

Edmundo Relucio MD

Manuel Sanchez MD

Pascual Sales MD

Bass

M Benigno Banez

Celso Del Mundo MD

Gerardo Guzman MD

Virgilio Jonson MD

Richard Mon MD

*Musical Director* Mr Gerry Tabang