



ECTOPIC MURMURS

Volume 24

Number 8

August 2013

Opinions and articles published herein are those of the authors and do not necessarily reflect that of the FEUDNSM Alumni Foundation

FROM THE HOME FRONT

LINDA D TAMESIS MD, Dean, FEU-NRMF IM

While attending the Chicago reunion, I realized that many of the United States-based alumni feel detached from their alma mater.

Most have never been to the new campus,

have never met the new administrators.

With only a small number of our US-based alumni able or willing to attend the reunion, I had to think of a way to bridge the gap. Thus, I have committed to write a monthly column, to try to keep alumni informed, connected and hopefully, supportive. *continue to page 21*



LINDA D TAMESIS MD

PRESIDENT'S *Message* TENDERLY YOURS

We just concluded the 34th annual reunion and scientific meeting at the Magnificent Mile of Chicago IL . The heat was terrible as we landed at the O'Hare



NOLI GUINIGUNDO MD

International Airport. We had been in Chicago many, many times, and hoped to see the same familiar places.

The heat reminded me of Louisiana and, of course, the Philippines. But it got better somewhat in the afternoon. It *continue to page 22*

2013 Golden Jubilarians

EUGENE AS SIRUNO MD⁶³
Chicago at the



EUGENE S SIRUNO MD

2013.

Intercontinental Hotel Magnificent Mile Downtown was the venue of the 34th annual reunion and scientific convention on July 17 – 21, *continue to page 14*

Magnificent 34th reunion

NIDA BLANKAS HERNAEZ MD⁸⁴

The FEUDNRSM Alumni Foundation 34th annual reunion was magnificent and a success!

The detailed preparation was a collective effort of the officers and involved members of the Alumni Foundation, FEUMAANI and FEUMASSC.

The commitment, dedication and continuous communication through texts, emails and phone calls were incredible. I would say *the event was magnificently successful, near perfection.*

The event was a well

continue to page 23



NIDA BLANKAS HERNAEZ MD

Chicago Reunion Golden

FERNANDO ANGELES MD⁶³
The Chicago Committee

deserves a standing ovation for all that they did to make it so successful.

Nothing was going to stop them from showing us a great time. The choir, entertainment, and *continue to page 13*



FERNANDO ANGELES MD

FAITH CORNER

REV MELVIN ANTONIO MD⁶⁵

I think the whole world welcomed the birth of George Alexander Louis, prince of Cambridge, son of William and Kate, Duke and Duchess of Cambridge, third in line to the British throne. *continue to page 19*



REV MELVIN ANTONIO MD

WELCOME

NIDA BLANKAS-HERNAEZ MD⁸⁴

Welcome to the 34th annual grand reunion ball to honor

Class⁸⁸ Silver Jubilarians and Class⁶³ Golden Jubilarians. It is great to see so many enthusiastic celebrants from all over the USA and from the Philippines. This

is a milestone celebration, a pause to reminisces and dream, a moment of camaraderie and renewal, and a time for joy and sorrow as well as of truth and of reality. Congratulations and enjoy every moment of life.

At this juncture, let us pray for our beloved Dr Arsenio Martin, who died suddenly in July 15. For those who do not know Dr Martin, he is a leader of

continue to page 11

Lifetime

Achievement Award

N BLANKAS-HERNAEZ MD⁸⁴

As the saying goes *the only way to stand out from a crowd is to stand for something special.*

The first FEUDNRSM Alumni Foundation lifetime achievement award is a special award, unanimously voted upon by the board trustees.

The deserving recipient is a man of substance, one that has stood the tests of time, consistently helping to achieve

continue to page 11



NIDA BLANKAS
HERNAEZ MD

PROLOGUE

CLASS⁶³ GOLDEN JUBILEE

JOSE M T ANTONIO MD⁶³

The old wisdom states that

we cannot turn back the hands of time. Hence, we have to keep going forward, continuing to learn more, and never to give up.

Always remember our roots. From the time we were all

born in this beautiful world our parents sacrificed from feeding us, gave us shelters, and prompted us all to go to school.

Time had passed and some of us had reached the age of rebellious stage (teenage years), and believed that what we were doing were right then. By the time we reach our undergraduate and graduate studies we discovered to learn slowly that the truth of living and life change with our perspective ideas; but some were right, and some still had poor judgments in committing mistakes.

We paced forward, and while we were keenly observant of our environment we found out that life is a precious gift that you can use or abused.

When we finished our medical studies, some got married early, some almost immediately after, few procrastinated, and on rare instances at gunpoint for reason known and unknown --- but her parents wanted you to get her married because was she already pregnant.

Did we ask ourselves then what was the right and logical way? The physiological

continue to page 12



JMT ANTONIO MD

MY MEGA VITAMIN F

ROSARIO DE CASTRO MD⁶³

Our Class 50th anniversary (Golden Jubilee)

was a very enjoyable and unforgettable event. I saw a lot of our still good looking and beautiful classmates and friends. It was indeed a very, very happy occasion, reminiscing old times.

So many *tuksohan*, a lot of stories, funny and sad. So many classmates are well known in their own respective specialties here in the United States and in the Philippines. The camaraderie, love and bonding was priceless. The feeling of being young once again was felt. Many are now retired, and as the jokes goes – we are in the departure aisle.

Over 30 classmates are deceased. They were not forgotten. Many too were unable to attend due to illness but they are in our hearts and minds. Well, such is life. I am very thankful to God for letting us reach this milestone. How are we doing? We are **good**, **blessed** and **grateful**. These classmates are my **mega vitamin F**.

I want to take this opportunity to thank our classmates who did a lot of work to make this occasion a great success: Drs Art Basa, Grace Rabadam, Renato Ramos and, of course, Gerry Guzman. I also want to thank the Chicago Chapter for the wonderful work in making this reunion a great success. God willing, I hope to see you all again soon!



ROSARIO
DE CASTRO MD

REMEMBERING NINOY'S LEGACY

CESAR D CANDARI MD⁶¹

FCAP Emeritus, Henderson NV



CESAR D
CANDARI MD

August 21, 1983, was a date in our Philippine history that must not be forgotten. Who else but a well-known individual ordered the assassination of Senator Benigno S Aquino Jr, albeit to the present time not prosecuted?

Ninoy died for our country. Murder charges against 25 military personnel and one civilian was initiated but the special court acquitted all. After Marcos was ousted, another government investigation under Cory's administration led to a retrial and the conviction of 16 military personnel, all of whom were sentenced to life imprisonment.

I will compare him without an iota of successful contradiction that he was a martyr, a national hero in the likes of Dr Jose Rizal who died for his country.

When Ninoy was on his way back to Manila, he called by phone his carnal friend and personal physician Dr Rolando M Solis and said, *Please help my family if something drastic happens to me.* He knew what was ahead in that China Airline flight 811 to the tarmac of MIA now NIAA.

We must not forget when he said, *The Filipino is worth dying for.*

In his last formal statement that he was not able to deliver, he said, *I have returned to join*

continue to page 9

CLASS⁶⁷ Revisited

P C RIVERA MD⁶⁷

Chairman Emeritus, FEUDNRSMAF

Several years ago, during my



PEPITO C
RIVERA MD

years in office as a board trustee of the FEUDNRSM Alumni

Foundation, I wrote an article about the early years of the Class⁶⁷.

I talked about the many fun times we had while juggling our exuberance of life with our struggles to become doctors.

We were a gregarious bunch in those days, full of ideas, invincible, and ready to be out in the world making our *mark*.

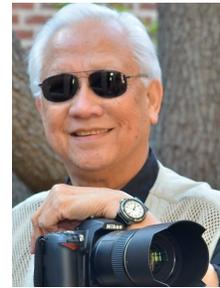
A few years later, I revisited our Class; our successes, and our many triumphs. I spoke of the many ways we were impacting society, our communities and our families; and I encouraged our Class to continue to be an active and shining example to those who would follow us.

Our Class had much to be proud of including having two classmates who became chairman of the board of trustees. I also touched on the memories of those of us who are no longer present on this earth.

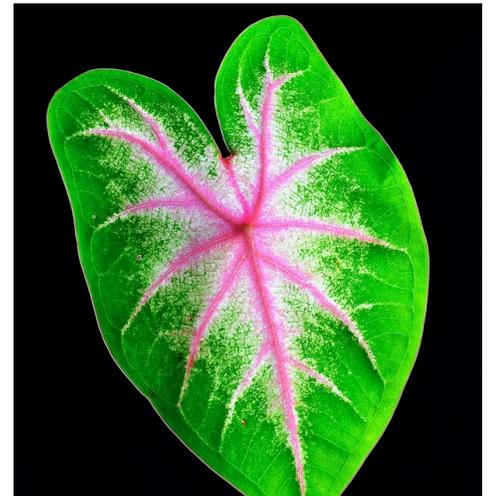
This past month, we have felt the loss of yet another of our classmates. As I spoke with many of my friends, colleagues and classmates, the resounding theme I heard was that it was a great loss and that our Class was shrinking at a fast rate. We each looked a little closer and a lot longer at our own mortality

continue to page 9

LEAF IMAGES ROLANDO M SOLIS MD⁶³



Japanese maple leaf in snow



Pink caladium



White caladium

ON AGING

CELSO DEL MUNDO MD⁶²

We'll know when our life has
reached the end
of the tunnel,
It's when we gaze
at the mirror the
reflection is dull
and gray,
Gone are the
youthful looks
and the sparkle
in our eyes,
Even the mind is
blurry and body functions have
declined.

On younger reach we tried to
reach our dreams and built
castles in the air,
We lost track of the bygone
years that slowly have
drifted away,
Then one day in the mirror with
misty eyes we saw a
reflection
A face with lines and wrinkles
without the luster in our
eyes.

Ageing is an inevitable fact of
life, cruel and harsh reality,
Mortal beings are like machines
slowly breaking down as
years pass by,
With dignity and humility we
have to embrace this
precious gift of life,
Continue our journey that
Almighty has already
planned.

BETTER THAN OBAMACARE

NELSON A PAGUYO MD's book is a re-titled 2nd edition of
*HEALTHCARE FOR ALL AMERICANS: Healthcare Crisis USA—A
Comprehensive Solution*, Viking Press Inc, 2007. It is a healthcare initiative that
guarantees every American, a basic healthcare coverage that is comprehensive,
portable with the freedom to choose ones healthcare provider and to practice ones
profession, reliable and uninterrupted in any situation Americans may find
themselves, and simple to administer.

It is consumer-oriented and market-driven healthcare system that maximizes **free
market economic principles**, particularly that of competitive bidding; that can be
adapted and implemented in other countries of the world.

It offers a step-by-step method on how to accomplish an ideal healthcare scheme
for the American people without exception.

The plan has provisions that assure funding for health education from K₁₋₁₂ as a
preventive measure for unhealthy life styles of future Americans; research and

A POEM to the late
Dr Arsenio Martin
NOLI C GUINIGUNDO MD⁶²

I still see you in my dreams,
An eroded face of
long ago.
That got me
towards the
edge of
Heaven
That got me to
evoke the
Eucharistic
Celebrations;
That elated my



NOLI
GUINIGUNDO MD

grieving heart
When I think of you in my REM
Yes, your faint smile
Evoke a thousand sunrise
And Celebration,
That trumpeted success, happiness
and Fulfillment;
Yes, rostral reticular nucleus is
Undisturbed
But would continue to entwine
Your name, your image,
But it would continue to fade away
In the distant horizon.



NELSON A
PAGUYO MD

development; healthcare reserve
funds both at the federal and state
governments to ensure
sustainability.

Three doable funding options
were presented for the proposed
healthcare plan, with mechanisms
provided to make this health
initiative become affordable and
sustainable.

It is a historical review of the
US healthcare system from post-
World War II to the present;
emphasizing how the US health-
care became expensive and
unaffordable to 16% of Americans.

It is a comparative study of the
seven best known national
healthcare schemes — Canada,
England, France, Germany, Japan,
Sweden, Switzerland and
ObamaCare.

It is an examination and
evaluation of the 13 dominant US
healthcare problems, with
solutions to each recommended.

It is an analysis how the US
healthcare impacts the American
people, economy, and America's
global competitiveness.

It is a campaign for a
comprehensive radical revision of
the present healthcare in accor-
dance with the recommendations
in the book; asking and
encouraging **all Americans** to act
and help reach the ideals of this
initiative. A critical number of
Americans is needed to move this
healthcare advocacy forward to
realization. Please help!

The author is a retired physician
of 42 years - spent seven years in
residency and fellowship, two
years in medical research, 20 years
of solo practice and 13 years as a
staff physician with HMO.

He was a member of the AMA,
Minnesota Medical Association,
Hennepin County and Ramsey
County Medical Societies, and
various subspecialty groups. He
was an active medical staff at
various Minneapolis/ St. Paul
different hospitals.

AUGUST IMAGES



The Golden Jubilarians at Filipiniana Night



2013 Golden Jubilee Night at its best



The Silver Jubilarians at the CME



The FEUMAANI Chorale welcomes and serenades the reunioners.



Bus to Chinatown Futurama



Twins at the Welcome?



Leilanie leads the hulas



The man of steel and the dancer enjoy he *tinikling*.



A leisure walk of the Magnificent Mile to Lawry's



**Golden Jubilarians at Lawry's
Chicago Magnificent Mile**



**Dr F Angeles on
*locum tenens***



Class⁶³ enjoys Michigan Avenue prime ribs



**They miss the board of trustees dinner
for Lawry's, and no big deal**



**Still as beautiful as
they were.**



**A dinner date not to miss
for anything**



Four pairs of Class⁶³ Jubilarians



Class⁶³ ladies in Maria Clara gowns.



Class⁶³ mens only



**Sapphire ladies (from left): Drs Alice Pimentel
Clarita de Leon, Fely Escara,
Fdna Origenes and Hedelita Montenegro.**

CLINICAL IMAGES *Pneumatosis Intestinalis*

These images are from a 68-year-old woman who presented with rectal bleed, gastroesophageal reflux disease and for a screening colonoscopy. At colonoscopy, diffuse polypoid lesions, 5 to 10 mm in diameter (**Figure 1**), were noted throughout the colon and rectum, initially suspicious for polyposis coli.

The lesions were very hard to snare, so easily indented with gentle pressure, and pale bluish. When punctured, they became deflated, supporting the diagnosis of *pneumatosis intestinalis* (PI) instead.

The surgical pathology evaluation also confirmed the diagnosis of PI (**Figure 2**).

COMMENTS and LITERATURE REVIEW.

PI refers to the presence of gas within the wall of the small or large intestine. Since its first description in 1783 by Du Vernoi, PI has been labeled in the literature under several names, including *pneumatosis cystoides intestinalis*, intramural gas, *pneumatosis coli*, pseudolipomatosis, intestinal emphysema, bullous emphysema of the intestine, and lymphopneumatosis. The term *pneumatosis intestinalis* is widely preferred and used herein.

PI is diagnosed by the presence of air pockets in the intestinal wall. In certain cases, pneumatosis intestinalis may be considered a marker for intestinal ischemia and impending perforation. More commonly, however, the condition occurs in a benign context and is no longer considered a disease, but rather

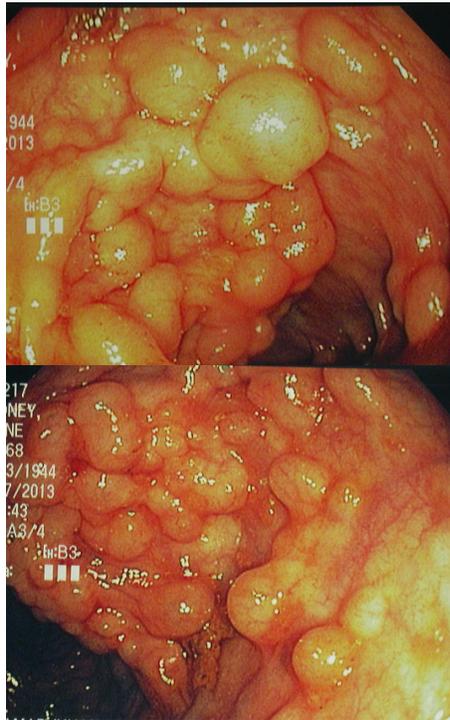


Figure 1 – Endoscopy shows a grape-like polypoid lesions throughout the colonic and rectal mucosa.

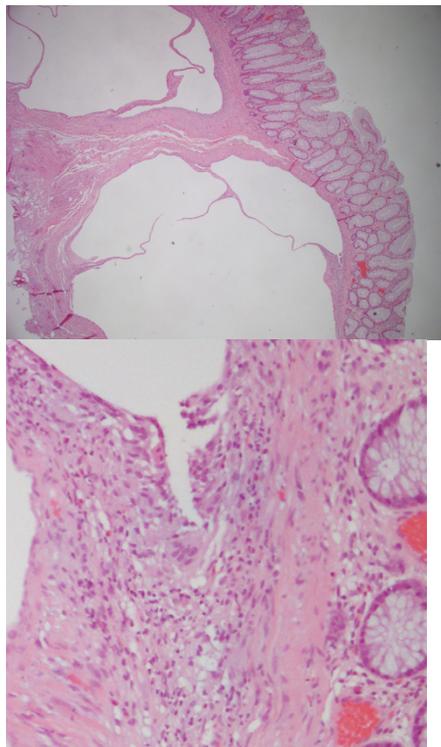


Figure 2 – Submucosal cystically dilated air-spaces that are lined focally by foreign body-type granulomata (HE stain, x10 and x400).

a sign or finding, and its significance needs to be considered in accordance with each patient's clinical status.

The index patient required no specific treatment and has remained asymptomatic for one month since diagnosis.

PI is often initially recognized on plain abdominal radiographs or computed tomography scans. Then it becomes simply a radiographic finding and not a diagnosis, as alluded to --- the etiology varies from benign conditions to fulminant gastrointestinal disease.

Occasionally, PI may radiographically resemble carcinoma.

Endoscopy images as noted in our patient, namely: polypoid grapelike masses protrude through mucosa

The microscopic inspection displays submucosal cysts lined by multinucleated giant cells; mucosa contains cryptitis, crypt abscesses, and foreign body-type granulomas; may also resemble lipomatosis.

The small intestine is most frequently involved (42%), followed by the colon in 36%, with involvement of both in 22%. It is considered an ominous finding in ischemia, especially in association with porto-mesenteric venous gas.

PI is seen in chronic obstructive pulmonary disease (which the index patient also manifests), connective tissue disorders, infectious enteritis, celiac disease, leukemia, amyloidosis, acquired immunodeficiency syndrome, and in association with organ transplantation, steroid use, and chemotherapy

Surgery is indicated only in patients who are not responsive to medical treatment regimens, especially those with signs and symptoms of perforation, peritonitis, or abdominal sepsis.

PI occurs in two categories, as a primary condition in 15% of cases wherein it is considered as a benign idiopathic entity.

Usually, this form has no associated symptoms, and the cysts may be found incidentally through radiography or endoscopy. When the cysts protrude into the lumen, they may mimic polyps or carcinomas, as may be shown on barium enema studies. This primary form is often termed *pneumatosis cystoides intestinalis*.

The secondary form (85% of cases) is associated with obstructive pulmonary disease, as well as with obstructive and necrotic gastrointestinal disease.

Microvesicular gas collections of 10 to 100-mm cysts or bubbles within the lamina propria, are predominantly associated with primary PI, whereas linear or curvilinear gas collections seen parallel to the bowel wall are found in secondary PI.

Additionally, linear gas collections are usually an ominous sign.

The pathogenesis of PI is poorly understood, and is probably multifactorial. In some cases, PI is an incidental finding, whereas in others, it portends a life-threatening intra-abdominal condition.

As a result of the diverse array of clinical settings in which PI is encountered, its implications are often misinterpreted.

Numerous hypotheses have been proposed to explain the pathogenesis of PI, including mechanical, bacterial, and biochemical causes. For any of these theories to gain acceptance, they must explain the association of PI with many different underlying conditions.

Although the theories are distinctly different, they are not necessarily mutually exclusive.

It is likely that multiple pathogenic mechanisms are involved in the formation of PI.

The incidence is similarly difficult to ascertain because most patients are asymptomatic and never come to clinical attention.

PI can be seen in infants and adults. The majority of cases in infants are secondary to necrotizing enterocolitis, a disease associated with a high mortality rate.

PI in adults typically presents in the fifth to eighth decade and is idiopathic (15 percent) or secondary (85 percent), secondary to a wide variety of gastrointestinal and non-gastrointestinal illnesses.

The clinical course is variable and determined largely by the underlying disorder.

Mortality rates are high when PI is associated with diseases that lead to bowel necrosis or perforation.

In contrast, the clinical course is generally benign when PI is idiopathic, such as when it occurs in association with obstructive pulmonary disease.

Complications may develop in 3% of PI patients and include pneumoperitoneum, bowel obstruction, volvulus, intussusception, and hemorrhage.

Due to the risk of these emergent complications, suspected PI patients should be carefully evaluated for possible surgery.

In a prospective review of patients with PI, bowel necrosis requiring surgery was predicted by five findings:

- 1 - acute abdomen per history and physical,
- 2 - metabolic acidosis,
- 3 - elevated lactate,
- 4 - elevated serum amylase, and
- 5 - presence of portal venous gas.

For symptomatic PI of mild-to-moderate severity, treatment of the underlying disease with administration of antibiotics, oxygen therapy, and elemental diet may be sufficient for PI resolution.

The extraluminal gas predominantly localizes to the submucosal and subserosal planes of the small or large intestine, but can also localize to the muscularis propria.

Occasionally, PI may radiographically resemble carcinoma.

Endoscopy images as noted in our patient, namely: polypoid grapelike masses protrude through mucosa.

In sum, the histopathology reveals mucosal/ submucosal cysts lined by multinucleated giant cells; the lamina propria is microscopically unremarkable; the lesion may mimic lipoma. The differential diagnosis is Crohn's disease.

FINAL DIAGNOSIS:
Pneumatosis intestinalis.

A list of **REFERENCES** is available upon request.

by **Cesar V Reyes MD⁶⁸**

CLASS⁶⁷ Revisited*continued from page 3*

and I will be honest.

I, like many others, questioned how many of us would be around to celebrate our 50th year.

However, as I thought about the loss of Arsenio Martin MD and all those other classmates who

died before him, I realized I was asking the wrong question, looking at the wrong concern.

As doctors, we are all aware that death comes to each of us. It is not a respecter of persons, age, sex, or nationality.

We will all die.

In talking about Arsenio's achievements, I was once again reminded that the question is not how or when we die, but what legacy, what memories, what successes we leave behind.

Arsenio met life head on. He was active, always involved, both in life and in the FEU.

He was not willing to sit idle in a chair watching life go on around him.

He embraced life, offered assistance to those who will follow him, and placed his personal time and energy in to those goals.

He had planned to attend the Chicago meeting and while he was not physically there, many of us are sure he was watching over the proceedings and possibly having the last laugh.

(I refer to the odd sounds and the loss of electricity at certain junctures.)

I do not know how many of us will be around for the 50th year reunion.

I am not psychic. I am sure there will be a few less than there are now.

I also know that Class⁶⁷ is a strong, knowledgeable group with many years ahead.

Within our Class is a shared knowledge of over 40 years of medical information.

We have seen many diseases identified, diagnosed, treated and/or eradicated in our lifetimes.

We may yet discover some new treatment that will change the lives of patients and improve the care available to the physicians we now train.

And so I say to the Class⁶⁷ '67 and all other classes of our great alma mater, do not sit idle, do not ponder on your probable demise.

Embrace life; pass on your wealth of knowledge to the next generations.

Share your vision, your energy, and your wealth.

Be a testament of your own life and leave a legacy to all who know you; a challenge to them and for them, to strive for excellence and to build on the history and memories already embedded within our great alma mater's walls.

Blessings to you all and God willing, I'll see you at the 50th.

AUGUST QUOTE

Hatred stirs up dissension, but love covers over all wrongs. Proverbs 10:12

REMEMBERING NINOY'S LEGACY*continued from page 3*

the ranks of those struggling to restore our rights and freedom through violence. I seek no confrontation.

He was fully aware of the dangers that awaited him on his return. He was sensing his doom. Warned that he would either be imprisoned or killed, Aquino answered, *if it's my fate to die by an assassin's bullet, so be it. But I cannot be petrified by inaction, or fear of assassination, and therefore stay in the side.*

His death left a lasting legacy as a man of the hour, who committed to help the Pilipino people to regain their lost freedom and he did share their struggle to the limits of their human capabilities.

He went home to save our people from the continued Marcos rule for he considered that the Philippines as a nation is one of the remaining bastions of democracy in the Asian continent and that the image at that time was fading in the horizon.

Senator Aquino's assassination is credited with transmuting the opposition to the Marcos dictatorship into a nationally unified crusade.

It is also credited with thrusting Cory into the public spotlight and her running for president in the snap election of 1986.

Ninoy wanted to be a revolutionary like General



PEPITO C
RIVERA MD



CESAR D
CANDARI MD

Emilio Aguinaldo. He was not afraid or scared or wary of the word *revolution*. Of course not a bloody one. EDSA I was not.

Ninoy wanted to destroy the most formidable obstacle to our progress — the oligarchy.

He wanted to smash the oligarchy, and bring back the billions they stashed abroad. He wanted to stop Marcos who destroyed and gutted the very main fiber of democratic principles in the Philippines...

He knew Ferdinand Marcos has devoted the greater part of his twenty years of presidency in plundering the economy of the Philippines and corrupting its civic institutions. He knew the biggest crooks in and out of government, those powerful smugglers, thieves, tax cheats — had he been alive he has all the guts to clobber them. Ninoy had lots of it. Ninoy's flair for headline-grabbing attacks on Marcos made him the number one to be imprisoned during the Martial Law.

Is democracy a native Philippine value worth dying for?

I recently read the article of Dr Rolando Solis titled *Heart to Heart Talk With Ninoy*" (August 21, 2011, issue of the Philippine Inquirer.) As a friend of Rolly, Aquino had several stories in his active life he shared with him, his mixture of idealism and pragmatic political service, his experiences and broad possibilities of freedom for our country.

In his three years of exile in the United States after seven years and seven months of incarceration in Fort Bonifacio in Manila, he came to the US for cardiac surgery.

Ninoy was under the medical care of Dr Solis while in exile in America and their doctor-patient relationship blossomed into a great friendship. No one can deny Dr Solis was and is part of the historical saga of the charismatic opposition leader, Ninoy Aquino.

A query from Rolly was this: *What would have happened if Ninoy died while under my care?*

Before answering this question I believed God has a purpose and Ninoy would have never died under your care. Ninoy was in good hands. A prominent, top rated cardiologist, Dr Solis of Baylor University Medical Center in Dallas TX led the treatment of Ninoy.

God Almighty had anointed Ninoy his destiny to be alive in order to help and to save our beleaguered country and to resolve those resolutions that would strengthen the nation.

He was a man who strived to surpass himself and yearned for the impossible equal to great challenges. That is what Ninoy was. He played that important string in life- attitude, love for our country surpassing his seven years of incarceration and cardiovascular infirmities during the Marcos regime.

All the time, his life has been like a dry leaf floating in the breeze continued to fight with a message of hope to his countrymen. He was a courageous politician, a brilliant one with effulgent vision, and an enterprising journalist.

Was it a blessing in disguise that Ninoy did not die in his triple bypass surgery?

What would have happened if he did not recover from his surgery? More questions no real answers.

But one thing sure, there would have been no People Power Revolution.

No EDSA I.

Dictatorship would have continued and many pains in the modern history would have been the legacy of the Marcos regime. It would have been a Khadafy Pilipinas.

Every Filipinos must remember Ninoy's legacy. About remembering Ninoy and Cory, most Pilipinos' remembrance of their country's past has not been much of useful resource nor a compelling pursuit.

Today, Pilipinos perhaps more than any other time in the Philippine history, have contorted their historical inheritance, in the quest for material goods, so much so that a blinding philistinism has settled in.

Also Pilipinos are too forgiving. They forgive all sorts of sins of previous and present leaders in government everything from theft, fraud, plunder and criminality and graft and corruption. There is one mortal sin that is unpardonable, and that is the murder of Ninoy Aquino.

The cyberspace is loaded with stories of Ninoy Aquino, his stunning political life and his inherent desires for complete liberty, freedom, and democracy in the Philippines.

Now, we witness Pilipinos are simply too forgiving. Pilipinos are blissfully voting into office candidates who are neither qualified nor morally deserving.

Are the Marcos political dynasty worth to be back in power?

To forgive and forget?
What an amnesia!

We must not put our trust in political forgiveness for someone died three decades ago as a martyr, our beloved Ninoy Aquino.

We commemorate this event – the death of a legendary hero not only to showcase his bravery and wisdom that died for our country but also to reaffirm our love for freedom and democracy and to remember Benigno S Aquino Jr and his legacy.

WELCOME

continued from page 2

FEUDNRSMAF, co-founder of the FEUMAANI, and an honorable man who lives within us forever for his heart of gold, his sincere friendship, and his passion to humanity.

Let us pray in silence that he will rest in peace

in the hands of our loving God.

Thank you.

The 34th annual reunion of four day celebration with three day continuing medical education ends with a Thanksgiving mass in the morning. This event is the end result of an enormous collective effort of the officers of FEUDNRSMAF and FEUMAANI and FEUMASSC.

At the welcome reception night, you have seen the talented FEUMAANI Tahitian

dancers who got better in a hot and humid climate.

At the Filipiniana night, you heard the FEUMAANI golden voices and witnessed the amazing presentations of the Coral Jubilarians, Ruby Jubilarians and Sapphire Jubilarians.

Tonight you are in for a treat because we will place in a pedestal the Golden Jubilarians and Silver Jubilarians.

Did you have and are you having fun in the beautiful city of Chicago, the land of the Blackhawks hockey champions? If not, you have to come back with a free complimentary hotel; and if yes, you still have to come back.

May you continue to support the annual reunion and scientific convention in the coming years.

In closing, may God bless us and may God give us peace, health, and happiness.

Remember the saying *it is not the years in your life that counts but it is the life in your years.*

Have a safe traveling home tomorrow.

Lifetime Achievement Award

continued from page 2

the highest goals of the Alumni Foundation.

He is a man of wisdom and excellent judgment financially and socially.

Silent water runs deep may describe this man; but he is bold in strategic planning and problem solving.

He voices his ideas with dignity, competence, energy and motivation.

He has consistently gone above and beyond his call of duty.

He is very articulate and excelled in his specialty cardiology.

He belongs to the Golden Jubilarian Class⁶³ and is the Class president.

He is a pioneer in interventional cardiologist at the Beaumont Hospital MI and now and *emeritus* director of the cardiac catheterization.

He has been honored as outstanding educator/ teacher in 2010 by his residents and fellows at Beaumont School of Medicine.

Other landmarks in his curriculum vitae include

Past president and board trustee of the American Heart Association of Michigan which honored him with physician award of exemplary services in 2008;

Past president of the Philippine Medical Association in Michigan;

Past president of the APPA (Association of Philippine Physicians in America);

APPA Apolinario Mabini Awardee as an outstanding teacher in 2011.

FEUDRSMAF alumnus of year 1981; and

President and board chairman of the Alumni Foundation for six years.

He has also continuously advised and guided the Alumni Foundation with dedication and commitment that he has never missed a single board trustees meeting or reunion for 35 years.

The FEUDNRSMAF first lifetime achievement recipient is **Renato G Ramos MD⁶³**.



NIDA BLANKAS
HERNAEZ MD

PROLOGUE

continued from page 2

hormonal level and our electrical synapses were almost always turn on and at their peak. Thus, we enjoyed all the things that we did with a smile without really knowing the consequences until it was too late.

The two (by our religious belief)

became one, but gradually from the two became three, four, etc. Our daily life had changed dramatically to reach its pinnacle of reality of what we called life.

We were all lucky for we all listened to the gospels of our demised beloved parents. Not all of us wanted to be physicians, some were forced to be one, and some wanted to be rich in business or engineering profession. But some of us with keen observations either genetically or environmentally as our parents were also physicians. We said to ourselves I wanted to be like my dad and mom to imitate their success and prestige. But few were mesmerized that they would really like to serve the poor or underprivileged. Few had served the middle class and rich people in the community.

There were also other factors why we became a physician. Timing, was the time ripe? Maybe. Who created that time in the clock should be up to 12 hours only (not 24 hours)? The calendar years with the changes in numbers, along with the

different name of the months. Why? Days change too. Why?

These questions were all created by human being for certain recording of historical facts (some manipulated the working of their data for their advantage, some were honest, and also for medico-legal documentations).

Nations wrote and promulgated, passed laws for their advantages against the poor and the unlettered.

Reminiscences of our medical school:

We all studied in groups, or with few classmates that we like to be with. Few busied themselves politicking, etc. We did not have the commonality and few had friendly, for we all travelled different pathways, and by ways. That happened more when we came to this land of the free, liberty, justice, and great opportunity --- when it opened its door in the fifties and sixties. That were the times when it was way behind in medical field in serving own people. We were lucky to have had distinguished professors in our medical school. To all of them we owed our knowledge, the habits to study more and not less.

Those early graduates from our Alma Mater also had the tenacity to look for a greener pasture half around the globe. They inspired to be followed by next decade of graduates

Our Motherland's economy was in shambles with continuing graft and corruption. The poor became poorer, and rich became richer. It was not measured how intellectual we

were but what was needed was clouts.

We did not vilify the arrogance of the elitist; but we strove to move on forward by learning more. As we got scattered all over this great country without any real knowledge what was ahead of us.

We worked like a horse trying, with our best to climb the mountain top in this land of the free and great opportunity.

The roads we travelled, the by-ways of different paths, our persistence, tenacity, perseverance, honesty, and working hard to learn more, we properly were rewarded.

Historical perspectives and our organization: Since we are scattered in various states, counties, cuburbs and cities, our former FEU-IM secretary Jesus B Nolasco, with his lawyer friend Mr Samuel (whose sons were also at that time FEU medical student) drafted the legal documents as **ECTOPIC MURMURS** as non-for profit organization. What a beautiful and memorable historical foresight by Dr JB Nolasco to establish an alumni newsletter **ECTOPIC MURMURS** that gave us avenues to communicate; and formed an alumni association for our graduates to coalesce, to celebrate yearly a reunion to keep us in close contact communications (verbal or written articles) leading to the never ending bonding of friendship of our classmates, friends, and family.

We are grateful to Dr Nolasco whose foresight and dream that came into fruition.



JMT ANTONIO MD

As usual in any organization even though how small or large, politics prevailed gradually because of logical or illogical reasons at times for personal aggrandizement and gain and power.

Politics: Since absolute power corrupts without compassion and humility, avoiding greed, and jealousies our elder statesmen have continued to hold firmly their position. Why? Why don't we inject younger blood to run the organization with our guidance when ask.

Those who had served with distinguished services and honor for decades should resign now. The young blood may need guidance but should not be suppressed in their new and progressive ideas. Avoid politics as usual in monopolizing running the organization.

Logical reasoning as we are all reaching the age of wisdom, even some of our colleagues or many had left us behind to rest in peace. Therefore, let us inject fresh blood for our organization's survival in the future. Cease monopolizing power for the powerless are more in number to preserve what democracy really means.

Before I end, let me congratulates our alumni-of-the-year, Dr Arturo Basa who did a great job to make this celebration a success.

To Dr Renato Ramos, we also wish you the best in accepting the award.

You both deserved it.
Mabuhay!

Thank you to all who made our reunion a success: Our

distinguished classmates we salute you for all the hours of labor of love with the decorations, and practicing dancing with the show, and arranging our dinner parties. They are unsung heroes.

Lastly, our 50th Golden Jubilee celebration was a fun and a wonderful success; and maybe it is the greatest, better than the previous ones.

The smiles, the laughter, the shows, the dances, the music, and the personal histories health and family kept us happy and alive with another beginning of close bliss and bonding.

Majority or all of us had reached the mountain top with the hardest cognitive/ body mechanics because of our passion to excel in our endeavors and profession.

Times continue to change but Benjamin Disraeli said, *In a progressive county change is constant; change is inevitable.*

Chicago Reunion

continued from page 1

the food were all exceptional.



FERNANDO
ANGELES MD

Why even my classmate, Gerry Guzman, was willing to put on a grass skirt, participating in a Tahitian dance. Way to go, Gerry! I never thought I would see

this, and I called him the *Bora Bora dancer*.

Being that I am a member of Class⁶³, the Golden Jubilarians this year, have been so special to all of us.

The January *Balik-FEU*, held in the Philippines, was so

amazing, and our hostesses and host for the event were able to come to the Chicago meeting.

We were very proud to see our classmates receive such well deserved awards: Art Basa, Renaldo Ramos, and Grace Budy Rabadam. These three have done so much for our Class, and we are so appreciative.

Also, I have to make special mention of Frank and Grace Rabadam, the *dynamic duo*.

Grace has been the treasurer for the Alumni Foundation, as well as our Class, for many years. She is always working tirelessly behind the scenes without anyone knowing what she does; she does it for the love of her school and classmates. We loved the banners that she had made for our Class, recognizing our 50 years.

She has also been our *DI* all these many years. I have always been a procrastinator when it comes to dancing. They forced me to do a special segment to our performance in the Philippines. Grace was my partner, hoping to guide me through it, and I failed miserably out there; finally, Frank went out there and replaced me, taking me out of my misery.

In the Philippines, Grace showed us the dance that we would do in Chicago, and I told her that I would not do it; so, in her sweet way, she told me to just stand in back and move around, no one will notice.

When we got to Chicago, rehearsal was held at 2:00 pm everyday. There were many procrastinators besides myself; of course, they were all men,

and in trying to learn the dance, there were some unsavory comments which I cannot repeat.

Finally my wife said to me, *My God, you are doctors; you can do this; just get with the program.* Somehow, to my amazement, I learned the dance, and Grace made my day when she announced to the group that I was the most improved dancer. I was so proud.

However, there were still the die-hard procrastinators, so Frank led these individuals into a background dance, moving side to side, rhythmically in time with the music. We gave the Rockettes the name, *The Gliders*, and they stole the show. We could hear Frank counting out the rhythm.

We also need to congratulate our Silver Jubilarians who went out and performed a very physical dance routine, making us realize that we were 25 years older. Renato Ramos announced that because of the age difference, our dance would be *short*.

We had a special class dinner during an evening that we had off, and Renato Ramos led us into a tribute for our classmates who are no longer with us. That was a very special time. It was a tribute to them, a time of reflection, and it made us feel that they were somehow with us during this special time.

After we did our dance, we received our Golden medallions for our 50 years from our school Dean; then, we gathered in a circle with lit candles, singing *Auld Lang Syne*. This was so special and quite emotional for

me and my classmates, not to mention our families.

What a pleasant surprise, indeed, to see classmates that we have not seen in 50 years, and do hope that they continue to surprise us. The meeting ended with our special mass, followed by saying our goodbyes.

We all left Chicago with a smile on our face, thankful that we were all together during this special time and hoping that we will all see each again in Las Vegas.

As I said to my brother, Gerry, it has been a long journey, and I hope we can continue this for a long, long time.

Thanks for the memories.

2013 Golden Jubilarians

continued from page 1

This is where the Class⁶³ had their Golden Jubilee celebration, USA-style. The first reunion was in Metro Manila January 2013. These two



EUGENE S
SIRUNO MD

celebrations reinvigorated and reassured the validity of my formula of the relativity on **friendships**. $R = E + M + F$ (Reunion brings about tremendous experiences, wonderful memories and renewing and strengthening of friendships).

Como Prima: Aha, it is never too late. First time is

definitely better than never. It was nice to see Rudy Bacolor and his lovely wife for the first time.

Same thing with Diosc Vannoy, was she ever present before. Both of them promised that they will be coming back to future reunions.

Of course, Ethel and Charing made it to the US reunion for the first time. Nice to see you and thank you for coming.

There were several second timers or more timers in fifty years. It was really nice to see faces of friends and classmates and their better halves.

Emy Magpantay came alive.

I will just enumerate the names who made it to the Windy City this time:

Isabel Relloso, Tony Garcia, Tony Zantua, Nita Blanco, Berni Rodrigo, Cesar Solarte, Ernie Eusebio, Ethel Nieto, Do Angeles, Flor Itchon, Grace Rabadam, Frank Macasaet, Gene Siruno, Gerry Guzman, Jim and Myrna Punsalan, Janet Moghbeli, Johny eufemio, Marco Antonio, Joe Raquel, Joe Canto, Lutgarda Tolentino, Marieta Belen, Bert Martinez, Oscar Ansaldo, Osias Almiron, Renato Ramos, Rudy Bacolor, Rudy Barrera, Rollie del Rosario, Rolly Solis, Charing Santos, Simeon Ortiz, Ching and Willie de Castro, Yoly Ganchorre, Disc Vannoy, Myrna Mendiola, and Art Basa.

(I may have missed some names, please excuse me; someone was suppose to share the complete lists).

Piti, piti, wazo fe nich li: Class⁶³ is quite a distinct group. Initially, they were hard to spell out, but as time went on, they became much easier to

understand. They became more transparent (not all, some never communicated and never connected).

We have the R⁶³ and the O⁶³ (regulars and Octoberians).

We were different yet we were not very dissimilar on our experiences in the Philippines internship (requirement before graduation and before being bestowed with the MD degree).

Rotating together for six months made us much closer friends, classmates and buddies.

These are very ambitious group with dreams to follow and to accomplish.

Many of us came to the USA. We sought challenges, advancement in our education, social growth, competition, professional advancement along with economic enhancement.

Many smart (smarter) classmates stayed in our homeland.

Most of us were guided and went along with Mrs Galang's suggestions/ recommendations.

Many went to New Jersey, New York, Pennsylvania, Ohio, Illinois, Michigan, Wisconsin, Maryland, Missouri and Minnesota.

The west coast training was not that common then. These groups were dreamers and workers. They believed in the virtue of serious studies, hard work, of being productive, the work ethic and the assurances of who we were.

We can look back on our childhood memories, wishes, hopes and dreams. Dreaming the dreams kept us alive and away from loneliness in the earlier days. We believed in the power of prayer and believing in ourselves and in wishes that our dreams will be.

Karen Kinkegaard said, *Life can only be understood backwards but it must be lived forwards. Look at the past, reflect and learn from the loses we had. Look at the time and meet the future with goals and dreams – fire up the spirit and impassioned purpose.*

Look at what they became. Many have become distinguished teachers, professors, medical directors, innovators, co-inventors, international figures, successful business persons.

Majority practiced the art of medicines with glowing acceptance of their communities and especially their patients. They were well thought of practitioners in their specialties. Their patients think that they are the very best, inspite of them being brown.

Many garnered medical political kudos and awards and almost everyone do their share of medical missions, serving their less fortunate *kababayans* giving their time treasures and talents. They are exceptional loving parents, their offsprings' idols and following their footsteps and other well deserved walk of endeavors of these exceptional younger Pilipino Americans.

These are the dreamers, these are the workers. *Don't dismiss your dreams. To be without dreams is to be without hope. To be without hope is to be without purpose. Don't run thru life so fast that you forgot not only where you've been, but where you are going. Life is not a race but a journey to be shared each step of the way,* (Nancy Sims).

Piti, piti, wazo, fe nich li (Haitian Proverb – Little by little the bird makes its nest).

Our Reunion: It is a little bit different from that one we had in the Philippines. As you can appreciate, in the Philippines we have the open air, the view, the talk, the chew, the flora, the greens, the spaces that you can roam around and visit and of course *gossips*.

In Chicago, we did not have that, we were more confined (what with the **hot** weather), much harder to roam around and as expected more spendy.

Of course, Charing and Ethel and their hubbies made it to Chicago. They were the hosts who pampered us. At this point I want to thank them again for the SUPERCALIFRAGILISTICEXPIALIDOCIOUS reunion in the Philippines.

Our numbers did not add up to our expectations. There were several who made it to the Philippines but skipped Chicago. There were some who promised to come but never showed up. There were many who just did not respond even after two years of repeatedly reminded and courted with the *paki naman*. There is the rookie, Rody Bacolor; and Diosc Vannoy, who without the persistent, insistence of her hubby would have skipped again, alas she listened to her hubby (ladies, please listen sometime?)

Both of them enjoyed! Diosc said *I'll never miss one again, as long as my health holds. It was fun and we enjoyed it a lot.*

Esmeralda Duque Maagpantay is still the same Emy. She kept on saying to almost everyone, *you never*

came to my house in New York or Florida, **pumunta ka!** Hoy, bolero ka pa rin.

Yes coming face to face with your friends and classmates was fun (*walang kapantay*).

Hoy, hindi ka naagbabago.

True to form Class⁶³ belonging to the best generations of the Y and X chromosomes had fun.

They came after all, fifty years and they were quite pretty young looking, handsome at that, Emy said **puede pa ba?** We did laugh a lot but became more subdued as we talk about our classmates and friends who have joined our Maker.

Lives remembered:

Francisco Santiago, Nestor Tibayan, Angelo San Agustin, Raul Abad, Loreto Macalingcad, Greg Ching, Richard Co, Elmo Gayoso, Odie Hernandez Jr, Mateo Dayom, Honorato Pineda, Cecilia Dizon, Teresita Beloso, Alfredo Soliva, Baby Migrinio Stephenson, George Gacula, Estelita Reyes Gacula, Rufino Montenegro, Clarita Tan, Candido Cortes, Sonia Tuason, Norma Yu, Pacifico Tan, Tino Carpio, Briccio Salvo, Jose Arasmus, Ben Bacalzo, Erlinda Deoquino, Benjamin Ranin, Mike Banta, Tom Carvajal, and Tomas Flores.

Yes, we all felt sad and some of us have some extra sadness as some are that of close personal friendships with the deceased.

They are your *comadre*, *compadre* at that.

Ossie Almiron has to give the eulogy of Tino Carpio's service as well as Do Angeles for Mike Banta's.

I regretted not to have called them sooner or more often to

convince them to come and join the reunions. Their loved ones deeply feel the pain and the void the most.

In our last practice of the dance, as we were called and formed a circle, hands in hands together we repeated each and everyone's name of the deceased after Renato called their names.

I thought that was quite befitting gesture to remember, a grief share, and celebrate their lives with us as friends and classmates.

Requiescat in Pace (RIP), Sumalangit Nawa (SLN).

The world is not Conclusion; a Sequel stands beyond.

Invisible as Music,

but positive, as Sound.

Emily Dickinson

The Schedule: As everyone knows well, the schedule gets busy and it does not matter if you are a Ruby, or Sapphire, or Pearl Jubilarian but more especially the Silver and in particular, the Golden as this is really a magnificent milestone in life.

Practice, practice, practice, not really as the morning session is the continuing medical education.

The welcome night in the Chinatown was quite a trip in the bus. I saw the sign 55 South, and I said, we were going to Midway Airport. (What do I know). The bus was so hot that John Angeles was soaking wet and went looking for a store to buy a new shirt – there was none. His dad almost took everything off. Wow, I was glad he did not. The reception was nice, thanks, to the FEUMAANI.

But try not to add or insert another chair, (only 10 a table) because the *hor d'oeuvres*

portion is only for 10. We have to transfer Marco to the next table as we did not want him to just watch and starve. He thought we did not like him.

There were lots of foods and fruits but did anybody notice that there was no noodles dish of any kind. Surprise!

A Chinese restaurant with no noodles served. Gerry Guzman and Celso, you guys look great dancing the *Bora Bora*.

Dinner at Lawry's: It was just two blocks away from the hotel and it was bright and sunny and hot outside. The walking pace was both regular and in snail pace.

Of course we were talking and visiting on our way and then before you know it some missed the turn and were late coming up and to make things worse you have to go three flights up.

The food was great, anything you ordered was very delicious. I did not realize that Johnny Eufemio (Johnny be good) is *may katok*. Coming as a lone ranger, as our orders were taken, he wanted all of the three (he thought as he paid that much) but then settled down with the steak. He seems to be flirting with this voluptuous waitress. When his order arrived, he said it is tough and he could chew it with his dentures, so she brought him the salmon (laughters in our table).

When the apple pie came he was brought two. He went back to the hotel with two doggie bags. I kidded Johnny and told him to be good for if that amazon gets you, she will zap out all of your skinny fragile self. He said, *I can handle that*.

I guess every table had their stories and laughs. The dinner was really, really delicious. That evening was another nite to remember. Everyone Class⁶³ alumnus was called to the microphone to reacquaint ourselves again. Tell your name, etc, but quickly as we have to go to practice, they say.

Others just love the mike and have to be signaled to cut it short. This is always a funny thing as revelations can get uncovered, like one was looking for a US citizen in order to stay longer here to finish his training. He found one and they are still happily married. That is fate.

Then there were two Romeos, one had gone five wives, the other four. I thought the fiver's was walking with a luetic gait, but it could also be just arthritis or old age.

Practice we did, and we were getting better. Grace, the instructor divided us into two groups: the dancers and the gliders. That was fun. The *Filipiniana* nite was great, what with the *barong tagalogs* with golden ribbon as kerchief and the ladies in their *Filipiniana saya*.

The main celebrants are the other Jubilarians other than the Silver and Golden.

The grand ball – Golden moments in a Golden nite.

This night was indeed an evening to remember. After all these years, it made us happy and thankful to God Almighty, to our parents, to our family for all the supports and encouragements. We made it, we are happy and we enjoyed it a lot!

I agree completely that the ladies in black gowns with a

gold sash and the gentlemen in black tuxedo with gold bowties and cummerbunds showed a touch of elegance, which was unequalled that evening.

As some friends said *it is most impressive and all of you stood out amongst all others, so beautiful and handsome*. The music piece *Mamang sorbitero* was what Grace taught us to dance and we danced and glided with it. It was short and fun. We heard claps and shouts. The applause was *apropos* and thank you, thank you.

In alphabetical order, we were called one by one and received our Golden medallions from the Dean, Dr Tamesis, assisted by FEUDNRMAF president, Dr Noli Guinigundo, and Dr Oscar Tuazon.

Then we were given lighted candles as we went down the stage and made a circular arrangement. The room lights were dimmed and we sang the *Auld Lang Syne* and raised our lighted candles up.

That was a moment in time, that was a sight, that was an experience. This is a part and parcel of everlasting memories in a half century as doctors.

Thank you God!

Something about the Class⁶³: Just like any other batches, there are unique situations about them. On those earlier days, the depth of our enjoyment and happiness was so simple; and you may say that it was also described as shallow.

Going down to the movies, or to have *merienda*, or studying together in the library, going to the chapel to meditate, and dancing cheek to cheek in the fraternity balls or holiday celebration, *aaahh*, these were thrilling!

But budding and maturing adults as they were, they were also full of love. They were and there was the *Splendor in the Class*. The guys courted the gals and became *mistuh* and *missus* in life, not all of them however.

The CD given by Do Angeles to each Jubilarian was just the perfect rush to describe some of them.

These 50s and 60s musics were classics and in so many songs reflected love stories of lots of my classmates.

Smile and laugh if you may and I hope you will have fun. *No other love can warm my heart now that I've the comfort of your love*, reminds me of Jimmy and Myrna.

What can you say about Nestor and Celia, he treated her like a princess and now he is treating her as a queen – *You're my everything underneath the sun; you're my winter summer spring, you're my everything*.

I'm walking behind you reminds me of Rico and Meg and she looked over her shoulder and have been walking together ever since.

How about Bobby and Zeny – *I'm hurt to think that you lied to me. We promised that we'd never part*.

How about Renato and Daisy – *When I fall in love, it will be completely and aren't they?*

Softly, I'll leave you softly was that what Greg said to Arlene?

Or when Rudy said to Nancy, *I tried so hard to show that you are my everything; I want to free your doubtful mind and free your cold cold heart*.

Jojo and Rodencio – *I'm so hurt, you lied to me*.

But then *they tried to tell us that we are too young to be in love, yet not too young to know*, Willie and Rosario.

Tino and Anna (she a Chinese lass), her parents transferred her to another school. When both of them came here and eventually divorced they *reconnected I can't stop loving you*.

Ofie and Elmo are quite a story to me. They use to argue a lot during our rotation at Pasig and then I didn't realize that that was just the foreplay – *Would never ever stop loving you*.

Some enchanted evening reminds me of Lito and Orpha.

Then I'm reminded of Tony of his *Magic touch* and Paula but then *he had more than he can chew. He did it his way* any way with Norie.

I am sure there are more love stories that I am missing. To be true, there are but it is not only splendor in the Class but *Splendor in the Wards* look at Gerry and Gigi as well as Cesar and Remy.

Wait for the next chapter for love is blind and lovers can not see. There is warmth and faithfulness in most of them.

There is the Comfortable Compatibility.

Class⁶³ to the Podium: Class⁶³ alumni are so lucky to have six classmates stand at the podium and gave their topics requested or volunteered.

Thanks to the CME committee members headed by Drs Cesar V Reyes and Celso del Mundo.

Art Basa talked about his *lifetime practice of urology* in the Cleveland, Ohio area;

Fernando (Do) Angeles speaking about *Locum Tenens, Is it right for you?*;

Isabel Rellosa – *Approach to Abnormal Liver Function Test*;

Renato Ramos – *Alcohol: the good, the bad, and the ugly*.

Marco Aantonio – *His sojourn and Medical Practice at the Nation's Capital*;

Rolando Solis – *Taking Care of a National Hero and Beyond* (Dr Nicanor Reyes Memorial Lecture).

Watching and listening to my classmates was a thrill to me. It was just like watching the Masters Golf tournament. It is in the golfing vernacular that I'll jot down my score.

Arturo showed his business and entrepreneurial savy and his dedication to his profession just like the rest of them. At least we know his *favorite playground*" It's a **par**. Do, (what do you know), your lecture was fun and kept us awake and laughing. I liked your cartoons, and you gave us something to think about (an alternative to retirement).

In locums, *if you continue to take a work that is below your capabilities, you'll stagnate. But right now, that easy work will suit your life just fine, it gives you a balance to focus on other things*.

Sure this is an alternative to retirement. We need to keep our dexterity and our neurons working especially if we desire to continue doing medical missions. Do, you got a **birdie**.

Isabel – Wow! I wish I had a professor like you when I was a student; I might have gone into gastroenterology. The lecture was so clear and well explained and easy to follow with great emphasis on the points of importance.

The most remarkable of it all was there was or there were no

slides or power points. That's an **eagle** to me.

Renato, the heart master and wine connoisseur gave his message about alcohol. It can be bad and can be ugly as it can be abused and can lead to addiction. However, moderation is good and beneficial to our body, our health and soul. A glass a day keeps the doctor away!

It reminds me about the Alameda Seven (Alameda County CA) about assurance of health. These are:

- 1) Exercise regularly,
- 2) Eat a good breakfast,
- 3) Don't eat between meals,
- 4) Maintain age 25 weight,
- 5) Don't smoke,
- 6) Drink moderately, and
- 7) Get a good night sleep.

Renato got a **birdie**.

Marco's sojourn was a winding road from Kentucky to Washington DC. He revealed some indecision as to which specialty he was going to concentrate and practice and keeps on mentioning his maid in his talk.

To me, it was almost a shank, he opened up *his* club too much. The ball (message) didn't reach to the green for the audience. It is a **mc**.

Rolando Solis – the 18th annual Dr Nicanor Reyes memorial lecture: this was a bone chilling experience as he narrates his professional, political and personal involvement of the *National Hero and Family*.

I refer you to *Heart to Heart talks with Ninoy* by Rolando Solis MD Philippine Daily Inquirer, August 21, 2011.

I admire him greatly of his accomplishments and humility. It seems so awesome going

shoulder to shoulder with dignitaries and with George Bush. Dr. Rolando Solis is the *Ninoy's Doctor*. This is an **ace** (hole in one).

Awards Awards Awards!

Arturo Basa, most outstanding alumnus Class⁶³ selected by the Alumni Foundation based upon recommendations of his classmates relayed to the board of trustees.

Art had done a lot with the Alumni Foundation, as a member, officer and member of the board of trustees. Of considerations also are his professional accomplishments, volunteerism and family life. He worked hard to make the Golden Celebration a success.

Grace Rabadam: the forever hard working secretary, and or treasurer since her first year in medicine (over half century). She is quite active in many organizations/ associations. Since taking the post as treasurer of the Alumni Foundation, documentation, reporting and communications with the IRS and auditors had brought back the Alumni Foundation in a more solid standing. The classmates who didn't know the mechanics of the Alumni Foundation communique recommended her as an outstanding alumnus for Class⁶³. She truly deserves this award!

Renato Ramos: Lifetime distinguished service award.

Art, Grace, Renato, congratulations!

Congratulations!

Congratulations! We are so proud of you!

Class⁶³ – the CAPACITY an Uncommon Wisdom: So they got their careers, the

spouse, the kids, the grandkids the pet. The cars, the house, the vacation, the clothes, let's enjoy them! You are a class and you have that uncommon wisdom of **capacity**. The capacity to **love**, that is genuine caring and concern for other people. Just like the song says, makes the world go round and it binds people together.

The capacity to **labor** as in work, in our job at home, or volunteer work provides us the real reward. When we see our patients get well, happy and thankful, these are life's subtle rewards.

The capacity to **learn** from books, from teachers, from elders, from experiences from the world around us is a wealth. Learning is a lifelong process with open minds ready and eager to absorb.

The capacity to **laugh** at ourselves as well as at others and see the humor in certain situation, enjoy the funny side of life is a healer. It can brighten not only our day and also the people around you.

The capacity to **leave** is maturity The people and things we care about strongly and then they are gone. We grieve but soon set aside because the past is over and done with – it's time to move on.

That's my assessment of Class⁶³. **My concluding advice to my classmates.** Even close siblings can have spat, therefore, we should look beyond our dislikes and differences to each other and find a way to walk the path together. Till next reunion!

Let us call each other, or email, or twit, or facebook, or visit.

FAITH CORNER

continued from page 1

On the same week that the baby prince was born, I officiated at the baptism of a baby girl. There was no massive celebration of her birth, no 41-gun salute, no cameras flashing, no formal announcement on an easel outside the palace. \

However, I submit that her birth was just as joyful to her parents and just as important to the Christian community into which she was being baptized. This little baby girl was known to God by name even before she was born. At the waters of baptism, she will be marked with the sign of the cross signifying her being claimed by God as His own.

We only have to read Scripture to confirm the reality and the remarkable results of being known, being claimed, being called by God.

God *knew* Jeremiah even before he was *formed in the womb*. **Jeremiah 1:5** Paul's teaching about love is grounded on the affirmation that *I have been fully known*. **1**

Corinthians 13:12

In language that reminds us of Jeremiah, the Psalm professes that it was God *who took me from my mother's womb*. **Psalm 71:6**

The fulfillment of scripture that Jesus announces in **Luke: 4:18** involves the claim of God on his life: *The Spirit of the Lord is upon me*. These are words we hear at baptism. To be known, claimed, called by



REV MELVIN ANTONIO MD

God, even before we are born. We must never forget that we are known, claimed, called by God. We belong to God. From our mother's womb, our primary identity is as children of God.

So here we are, with the strongest statement yet, that we are indeed children of God, that we belong to the One who created the world, all humanity and all that is in it.

We have got it made, don't we? Not so fast. You all have heard it said that with privilege comes responsibility.

Those who are indeed known, claimed and called sense something other than pride and joy when such a call comes their way. We, you and I, are no exception.

The prophets of old, beginning with Abraham, through Moses, through Jeremiah and a long list of others, were known, claimed and called by God, recruited directly by the voice of God himself. They were to change the world, a world that had slid into such evil that it had to endure a flood that almost wiped out all of humanity.

God then sent his Son to become one of us to change our ways. Many others followed with the same mission.

Here is what the world looked like during the time Moses and Jeremiah and Isaiah: Wars, repression, persecution, famine, slavery, poverty, deadly epidemics, slaughter of the innocents.

Here is what the world looked like in the time of Jesus: wars, repression, persecution, famine, slavery, poverty, deadly epidemics, slaughter of the innocents.

Here is what the world looks like today: Wars, famine, slavery, repression, persecution, poverty, deadly epidemics, slaughter of the innocents.

Besides the prophets of old, the names of those known, claimed and called by God to keep the world moving in the right direction are well-known to us: Peter, Paul, Martin Luther, St Francis of Assisi among many others.

In modern times, the more well-known names are: Mother Teresa, Martin Luther King Jr, Billy Graham and now Pope Francis. All felt a sense of being known, claimed and called by God.

How did they receive this sense of belonging? Their first reaction was probably disbelief that God was calling them by name, that Yahweh was even speaking to them in person or in their dreams.

The second reaction might have been to make excuses. Moses said, I stutter. Jeremiah said I am just a boy. Others say they are too old while others say I have so many other goals to meet before I can even think of serving my Savior.

Go get someone else. Little do they know that resistance is futile. Moses was given his brother Aaron to speak for him. God touched Jeremiah's mouth so that he may speak the Lord's words.

For others, the Lord gives courage, faith, and love. The Spirit equipped and empowered all in every circumstance to live and love in accordance with God's righteous purposes in the world. We have to believe this to be true.

Known, claimed and called by God. We really should have

it made. We should have what is known as a straight ticket to paradise.

Alas! The road to paradise has always been, is and will always be full of potholes and rocks.

So where is the glory?

Where is the joy in being known, claimed, and called by God?

This is where a close self-examination of our own lives comes in.

In the kind of world in which we live, our claim as children of God will arouse suspicion, even opposition and downright rejection.

A share in God's Spirit that we claim at our baptism does not take us away from the forces of evil. That share sometimes gets us into trouble.

The Spirit equips and strengthens us to face adversity. Jesus Christ was rejected by his neighbors, accused of inciting rebellion, arrested, tortured and crucified. And then the most wonderful thing happened. He was resurrected by God.

In his resurrection, we discover that his word of truth not only reveals the truth about us, the truth about God who is so passionate for all his people that he takes on our lot in life, becomes one of us.

We who are known, claimed and called by God really have it made, maybe not the easy way we imagine.

Mother Teresa once said, *God did not call me to be successful, only to be faithful, to make a better world not in one bold stroke, but with one act of kindness at a time.*

FROM THE HOME FRONT

continued from page 1

So let us start with the new academic organization.

The death of Dr Josephine C Reyes left a void in the scholastic structure.

Since most universities in the Philippines are lead by a president, this

new position was created for the FEU-NRMF Institute of Medicine.

Atty Antonio H Abad Jr, a close friend of the Reyes family and long time member of the FEU-NRMF Board of Trustees, was the obvious choice to take his seat. His illustrious career includes being the former dean two schools of law, bar examination reviewer and author of law books. But Atty Abad although strongly rooted in the academe has almost no medical background.

Hence the creation of the vice president for academic affairs, or a position I fondly call, the *dean of Deans*.

Who would better know the requirements and day-to-day management of the various paramedical schools than the former assistant dean, Polly Chua-Chan MD⁸⁹. Not only is she adept at the duties and responsibilities required of the position but, in addition, she is a holder of two masteral degrees.

As dean of the School of Medicine, I am no longer the control center of the FEU-

NRMF. I am now on equal footing with the Deans of the other seven NRMF schools.

This is actually a good thing because it allows me to concentrate my efforts and focus my attention to assure that our students become globally competitive, compassionate and caring healthcare professionals.

I hope that I have introduced the academic administration

Linda D Tamesis MD⁸⁵, dean of the School of Medicine;
Professor Magdalena F Natividad, dean, School of Medical Technology;
Editha C. Dizon MD⁸⁹, dean, School of Physical Therapy;
Tita Yap-Cruz BSN PhDEd dean, School of Nursing;
Pio T Esguerra MD⁹⁶, dean, School of Respiratory Therapy
Rosalinda Solevilla BSP PhD

Ed, dean, School of Pharmacy;
Evangeline O Villapando MD⁷⁷, dean, School of Radiologic Technology;
Marites Singh BSN MEd, dean, School of Nutrition and Dietetics;

The department heads:

Arnold O Bautista MD⁸⁹, anesthesiology;
Dolores V Viliran MD⁸⁹, biochemistry nutrition;
Anita G Marasigan MD⁷⁷, child health;
Milagros F Neri MD⁹⁰, community and family medicine;

Alvin B Vibar MD⁸⁹, human structural biology;

Edgardo P Fajardo MD⁸⁶, medicine;

Liberato C de la Rosa MD⁷⁵, microbiology parasitology;

Manolito R Reyes MD⁸⁴, ophthalmology;

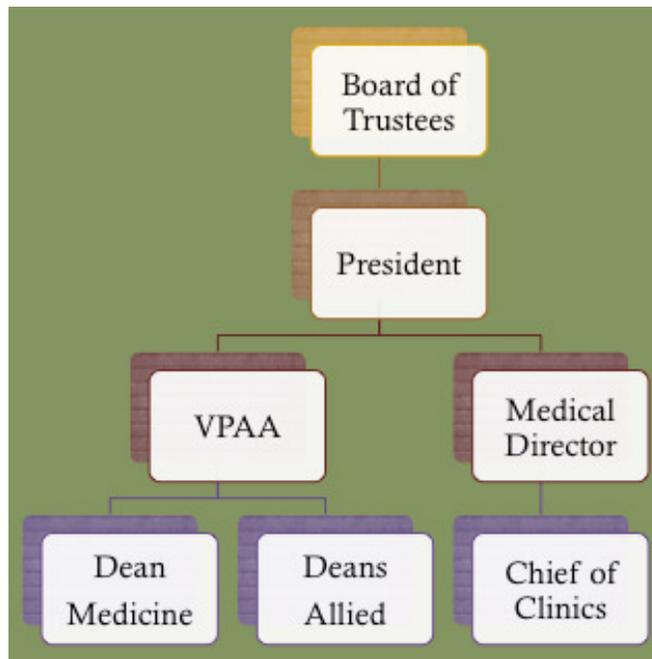
Antonio M Sia Jr MD⁹³, otolaryngology-head neck surgery;

Abigail Elsie D Castro MD⁸⁴, obstetrics gynecology;

Rogelda G Bongat MD⁷³, pathology;

Celia A Ravelo MD⁹³, pharmacology;

Gloria Marie M Valerio MD⁸⁶, physiology;



sufficiently enough.

Next month I will write about the trends of higher education in the Philippines.

Please feel free to contact me with questions, comments or suggestions at ldtamesis@feu-nrmf.ph.

The new FEU-NRMF officials (see **green** Diagram above) are, as follows:

Attorney Antonio Abad, president;

Polly T. Chua-Chan MD⁸⁹, vice president for academic affairs;

Policarpio B. Joves Jr MD⁸³, medical director

Rey de los Reyes MD⁷⁸, chief of clinics

Evangeline O. Villapando MD⁷⁷, radiology; and
Miles de la Rosa MD, surgery;

The section heads:

Kelvin R. Chan MD⁸⁵, physical therapy rehabilitation;
Mari Karr A Esguerra MD⁹⁶, clinical laboratory;
Dennis Caraan MD⁷⁷, emergency medicine;
Ramon M Pineda MD⁸⁸, ECG cardiovascular diseases;
Lirio V Cham MD⁸⁷, gastroenterology;
Ramon C Mora MD⁸⁵, nephrology;
Rommel D Bayot MD⁹⁵, pulmonology
Rene PSA Mendoza MD⁸⁷, OPD family wellness; and
Cesar Co MD⁷⁵, diagnostic imaging center.

PRESIDENT'S Message

continued from page 1

also briefly rained while we were waiting for the student bus to Furama for the welcome reception.

The dinner was sumptuous and closely mimic a Chinese lauriat.

The Hawaiian entertainment was great and definitely duplicated what we would see in Pacific Islands.

Our registration went on smoothly, thanks to Boy Florescio and Oca Tuazon who made sure it went on without a hitch.

Our chairman, of course, oversaw the process. Earlier, Nani Tansuche and I met with the FEUMAANI Nida Blankas Hernaez and Frank

Montellano, and the hotel managers, for a better management supervision of the reunion details. And everything went well.

The continuing medical education (CME) likewise went well; and we are appreciative of what was accomplished

Thanks a lot to the wives who helped both with the CME desk for sign up, evaluations, distributing tickets, etc, to the registrants.

We saw and heard excellent speakers, including our new Dean of the medical school, Dr Linda Tamesis, who spoke on the decentralization of the FEU-NRMF education.

The medical school Dean is now limited to the medical school, unlike before when the Dean was also in charge of the other allied schools in the FEU-NRMF.

The *Filipiniana* night with our *barong tagalog* and Pilipina dress gave us a sense of patriotism on top of our singing of the Philippine national anthem *Bayang Magiliw*.

(I still question why we cannot sing our US national anthem at West Fairview.)

Dean Tamesis had already explained this topic to me in our previous conversation.

The band was good and not as deafening loud as in our previous celebrations.

What probably helped was the location of the band which was overhead in the balcony.

The Saturday grand reunion ball was really grand.

The Class presentations were excellent, and well executed.

Dean Tamesis led the awarding of medallions to the Silver and Golden Jubilarians,

aided by the Alumni Foundation president, executive vice president and a past president.

All along these ceremonies and celebrations, our hearts were sad and lonely because of the very recent demise of our past chairman and president, Dr Arsenio Martin.

We will surely miss him because of his accomplishments on the scholarship program and helping the scholars and graduates to take the board and USMLE.

Ding and I have called Fe Mercado Martin several times to express our sympathy but unable to get through.

Anyway, Arsenio (and Fe and family) will always be in our prayer and hope for the eternal repose of his soul.

We salute our local host in Chicago, led by Dr F Montellano and wife Nanette, and Dr N Blankas Hernaez and husband Ed Hernaez.

May God bless them all.

Please do not forget our 35th annual reunion and scientific meeting 2014 in Las Vegas and the 50th anniversary of Class⁶⁴ and Silver Jubilee of Class⁸⁹.

Please make time, plan and effort to attend this 2014 reunion.

God bless you all and good luck.

NOLI GUINIGUNDO MD⁶²

AUGUST QUOTE

May the sun always shine upon your window pane.

May a rainbow be certain to follow each rain.

May the hand of a friend always be near you and

May God fill your heart with gladness to cheer you.

Londonderry Prayer

Magnificent 34th reunion

continued from page 1

orchestrated five-day

celebration with three-day continuing medical education at the Intercontinental Hotel, Magnificent Mile in Chicago from July 17-21, 2013.

Before the

celebration, chairman Dr Hernani Tansuche, president Dr Noli Guinigundo, executive director Dr Pedro Florescio and I met with the hotel managers to purposely discuss our roles and responsibilities, strategies and expectations, with the goals and objectives in mind to make the reunion impressive. The meeting was indeed fruitful.

The venue of the Hawaiian welcome reception was at the Furama Restaurant. That Wednesday was hot and humid in Chicago, more so when the one of the buses was not airconditioned. There were 210 attendees. Everyone was warmly welcomed with leis.

A welcome address by Dr Rogelio Cave, messages from Drs Tansuche and Guinigundo, invocation by Dr Ligaya Marasigan-Labao, and closing remarks by Dr Jose Delfin opened the evening.

The FEUMAANI performed *Bora-Bora* and *Parae* Tahitian dances, choreographed by Dr Leilani Mon. The high-energy dances made the ambiance hotter, I thought.

The dancers were Drs Gerardo Guzman, Virgilio

Magsino, Celso del Mundo, Virgilio Jonson, Patricio Andres, Arturo Fogata, Melinda Tolentino, L Marasigan-Labao, Noemi Fogata, and Mrs Violeta Magsino, Lina Jonson, Mrs. Carlota Sanchez, Elvie Fernandez and yours truly.

The *luau lechon* was donated by Drs Ed Relucio and J Delfin.

The program was emceed by Drs Richard Mon.

Dr E Relucio gave a eulogy for Dr Arsenio Martin who unexpectedly died three days earlier.

The CME was prepared by Drs C V Reyes and C del Mundo; and there was a good turnout at the scientific meetings to almost over 200.

Dr H Tansuche dedicated the CME activities to Dr A Martin.

Expert lecturers were from the Silver Jubilarians, Golden Jubilarians and other celebrants.

Dr Isabelita Rellosa shone without her PowerPoint slides which went missing.

The seventh annual Jesus B Nolasco MD memorial lecture and the 18th annual Dr Nicanor Reyes Jr memorial lecture were presented by Dr Philip Chua and Dr Rolando Solis, respectively.

The annual board of trustees meeting was unusually short, lasting only 2½ hours, the shortest in memory! It was also very unusual because of its straightforwardness, absent long arguments and considerable accomplishments. The highlight of the meeting was an update from our new Dean Dr Linda Tamesis about education and administrative decentralization, ongoing infrastructure development at West Fairview, restructuring strategies at the

medical school, and the newly assigned department chairmen.

There are many changes now evolving at the medical school with the future getting brighter and brighter.

One down-note is the FEU-NRMF is no longer one of the top three medical school in the Philippines.

According to the Dean, there is a lot of works yet to do in order for it to qualify as a top medical school again.

In 2013, there are 500 admissions.

There is a request from the Alumni Foundation for financial support intended for the new building infrastructure.

The new medical school/center building will be an architectural dream

The general membership luncheon meeting was well attended with focused highlights on the drastic changes at the FEU-NRMF, specifically decentralization, reorganization and new building. The Dean's jurisdiction is now limited to the medical school. Dr Tamesis now reports to the vice president who in turn report to the president. This reorganization creates equality and check-and-balance, produces better graduates to meet the national and international competencies, supports research and acceptance to the ASEAN global practice profession.

FEU-NRMF is not a university but a professional institution.

In sum, FEU-NRMF's role to all the above changes has not yet well defined.

The Alumni Foundation board trustees dinner that



NIDA BLANKAS
HERNAEZ MD

followed the business meeting was hosted by the FEUMAANI at the Greg and Melinda Tolentino downtown residence.

Drs Jesus and L Tamesis and the latter's sisters were present.

Because the Golden Jubilarian board trustees joined their Class dinner at Lawry's Prime Ribs, it was a disappointing affair. Of the expected guests of 60-80, only less than 30 showed up.

We need a better announcements, invitation and head count next time.

Thank you, Drs. Tolentino.

The *Filipiniana* Night honored Class⁵⁸, Class⁶⁸, Class⁷³, Class⁷⁸, Class⁸³, Class⁹³, Class⁹⁸, and Class⁰³ and was also well attended with 287.

Dr Frank Montellano, FEUMAANI president and convention co-chairman gave the welcome address.

Again Drs N Guinigundo and N Tansuche gave their messages.

Dr Arsenio Agngarayngay gave the invocation.

The closing remarks of *hope, dream and prayer that all the celebrants present, especially Class⁶⁸ Sapphire Jubilarians will be able to attend their next jubilee celebration in five years* was given by Dr CV Reyes.

The transfiguration dance troupe entertained guest and celebrants with cultural dances, including the *Tinikling* that was interacted by the audience. It was astounding how the group participated in the Tinikling.

After that, there was a showdown of talents among the Coral, Ruby and the Sapphire Jubilarians.

The FEUMAANI Chorale group sang a medley of Pilipino

songs with an introduction propelling popsicles.

Dr Angelito Fernandez presented the golf tournament champions: Dr Manny Luna⁷³ and Dr Jun Arenos⁶⁸ who were awarded with green and gold trophies donated by Drs H Tansuche and N Guinigundo.

The night emcees were Dr Remedios Sales and Dr Virgilio Jonson.

Lechons were donated by Dr Eduardo Madamba (2) and Dr Manny Malicay (1).

At the registration, there was a late surge of attendees that made host almost unprepared, especially about food entree. A table therefore was served with vegetarian meal while waiting for the contracted food to be served.

The seating was managed by Dr Tansuche, Mrs Amy Delfin, Mrs Nanette Montellano and yours truly.

The Saturday grand reunion gala night honored the Silver Jubilarian Class⁸⁸ and Golden Jubilarian Class⁶³, was also graced by some 356 alumni and guests. The grand entrance listed the FEUMAANI and FEUDRSMAF officers, Dean Tamesis, the Silver Jubilarians and anchored by the Golden Jubilarian.

The name caller/ announcer was Dr Manuel Sanchez with the Blackhawks Hockey Team song at the background.

The emcees were Dr Aladin Mariano and Dr Evelyn Tariao-Mariano.

Once more, the FEUMAANI Chorale performed the national Philippine and American anthems and the FEU hymn.

I delivered the welcome address, recapping what has transpired so far in the reunion,

expressing my heartfelt congratulations to the Jubilarians, at the same time remembering Dr A Martin.

Saturday messages of Dr N Guinigundo and Dean L Tamesis followed (at this time Dr H Tansuche was already gone to attend Dr Martin's funeral in Texas).

During dinner time, the FEUMAANI chorale sang a medley of English songs, capped by *Nessum Dorma* in an astonishing performance.

The members of the chorale are **sopranos** Virginia Guzman, L Marasigan-Labao MD, L Narcelles-Mon MD, N Montellano, Evangeline Tabayoyong, M Tolentino MD, R Sales MD, Susan Tabang, and yours truly;

Altos were Estela Cave, N Borillo-Fogata MD, V Magsino, Dolores del Mundo, and Carlota Sanchez;

Tenors were R Cave MD, J Delfin MD, G Guzman MD, F Montellano MD, and M Sanchez MD; and

Bass composed of Arturo Fogata MD, V Jonson MD, Pascual Sales MD, V Magsino MD and C del Mundo MD.

Dr Natalie Fogata shared a violin accompaniment with music director Mr Jerry Tabang.

In the absence of the Awards chairperson Dr Avila Arcala (who also attended Dr. Martin's funeral), Dr Minda Santangelo presented the outstanding Golden Jubilarian alumnus of year award and Silver Jubilarian alumnus award to Dr Arturo Basa and Dr Raemma Paredes Luck (posthumous Award), respectively.

Dr Basa responded with a brief acceptance; while Drs Mac Corpuz and Dr Manny

Dominguez accepted the award for Dr Luck.

I presented the lifetime achievement award to D. Renato Ramos.

The Silver and Golden medallion ceremonies and celebrating Class presentation were the highlights of the night.

The raffle ticket drawing by Dr Daisy Ramos successfully fundraised \$16,000. *Kudos*, Dr Daisy!

Dr Ernesto Eusebio⁶³ also played a violin performance.

The closing remark was given by Dr Manuel Malicay.

Then the public dancing finally came; and it was indeed a memorable night.

The following Sunday, a Thanksgiving mass was said at 9:00 am at the King Arthur ballroom which was very appropriate for a solemn mass.

Dr V Magsino welcomed the worshippers. The entrance procession was participated by Dr and Mrs Jun Castro who carried the Light of Life, Dr Rory Estrella the Bouquet of Love, Drs R and D Ramos the Blessed Virgin Mary, Drs R and L Mon the Sacred Heart of Jesus, Dr Rene Estrella the Gospel, and Dr Wilfredo Magat the Cross.

Father Nelson Garcia said the Catholic mass.

Music was provided by Dr Tony Baluga; while praises were sangby Dr M Sanchez.

The readers were Dr Angelita Acosta, Dr Lastimosa and Dr G Guzman.

The petition was read by Dr L Mon, Dr R Cave, Dr Eugene Siruno, Dr Melinda Fabito, Dr Rebecca Salvani, Dr R Sales, Dr A Basa and Dr Recto de Leon.

The offertory was by Drs A and N Fogata, Drs P and Ping Florescio, and Drs N and Ding Guinigundo (host and wine).

After communion messages were given by Dr N Guinigundo and Dr F Montellano.

Then all were wished with a safe travel home.

The thanksgiving mass was likewise well attended. Expected guests were 95; but some 150 attended; and so the priest ran out of host for 30 people.

Donut was served after mass, instead of *tapsilog* because a contracted suburban caterer reneged on delivery to downtown Chicago. The reason was a marathon that morning in downtown Chicago. The attendees were most understanding.

In my own opinion, the event was a miracle and a success! It was a miracle because of the big turnout despite subpar economy.

I thank God for the miracles, blessings and happiness.

We did it, too, with flying colors.

To Dr Tansuche, Dr Guinigundo, Dr Florescio, Dr Montellano, Dr Oscar Tuazon, Dr Cave, Dr Relucio and Dr Guzman, Dr Reyes, Dr Del Mundo, and to all attendees and Jubilarians, thank you and I hope to see you again.

Congratulations!

Kudos to all, Chicago!

For next year... it will be in Las Vegas, save the date.

The **FEUMAANI**

and the **PMAC**

invite you to join our

MACCHU PICCHU Tour/ CME

October 4 - 11, 2013

Itinerary

Lima,

Cusco,

Sacred Valley,

Machu Picchu,

Lake Titicaca, and

Golapagos Island tour

Total trip cost per person, including international flights \$2194

**Not included in the price are
Cusco city tour \$75 per person
Meals not specified in the itinerary
(additional 3 lunches and 3 dinners
\$125**

**Tips Survival Travel Kit
for guidance)**

**For further information,
please call**

NIDA BLANKAS HERNAEZ MD

at 847-668-7385 or

email ednida888@gmail.com

PHILIPPINE MEDICAL ASSOCIATION IN CHICAGO
TOGETHER WITH THE
PMAC AUXILIARY & PMAC MEDICAL FOUNDATION



CORDIALLY ASK YOU TO JOIN US FOR:
PMAC 53RD ANNIVERSARY & PMAC AUXILIARY 47TH ANNIVERSARY

Inaugural Ball
SATURDAY, SEPTEMBER 28, 2013

HYATT REGENCY O'HARE
9300 W BRYN MAWR AVE, ROSEMONT, IL - (847) 696-1234

COCKTAIL: 6:00 P.M.
DINNER: 7:00 P.M.

DONATIONS: \$80 PER PERSON
ATTIRE: FORMAL/FILIPINIANA

RSVP BY SEPTEMBER 10, 2013

NIDA BLANKAS-HERNAEZ, MD
(847) 668-7385

ZITA YORRO, MD
(847) 477-3266

ROGELIO CAVE, MD
(708) 422-3716

CHECKS PAYABLE: PMAC (FOR MEDICAL MISSION)

No. 500

NAME

PHONE

SOLICITOR

PMAC BIG RAFFLE DRAWING



ONLY 500 TICKETS TO SELL
AT \$100.00 EACH

No. 500

1ST PRIZE \$25,000 OR 1/2 OF THE SALES

2ND PRIZE \$5,000

3RD PRIZE \$2,000

DRAWING ON SEPT 28, 2013

PMAC INAUGURAL BALL

HYATT REGENCY O'HARE
9300 W. BRYN MAWR AVE., ROSEMONT, IL

PROCEEDS TO BENEFIT PMAC MEDICAL MISSION 2014
need not to be present to win

FEUMAANI Medical Mission

January 27 - 29, 2014
Cavite Provincial Hospital
and Trece Martires, General
Trias
and Bacoor
for outpatient services
Possible lodging at

Cove Island Resort in Kawit
and the Spring Plaza Hotel in
Dasmariñas
Email at [frank-
nette@earthlink.net](mailto:frank-nette@earthlink.net)
for volunteers:
name and specialty for a head
count
Please send required
documents:

curriculum vitae
two colored passport pictures
with labelled name,
copy of US medical license to
Nida Blankas Hernaez MD
28951 Forest Lake Lane
Green Oaks, IL 60048
telephone 847-668-7385
ednida888@gmail.com
for application
temporary medical license

MARINDUQUE MISSION Itinerary

The Philippine Medical Association in Chicago and Marinduque International medical surgical ophthalmological optic and dental mission from January 31 to February 2, 2014, at the Boac Provincial Hospital will be, as follows:

January 30, 2014, 6:00 am - meeting place breakfast at Dr and Mrs Virgilio Jonson Residence, 72 Scout Alcaraz, Sta Mesa Heights, Quezon City; then Row Row travel to Marinduque

January 30, 6:00 pm - welcome reception at Boac;

January 31 – medical clinic at Gasan and Buenavista;

February 1 - medical clinic at Torijas and Sta. Cruz;

February 2 - medical clinic at Mogpog and Boac;

February 2, 6:00 pm - appreciation reception at Boac Provincial Hospital;

February 3 – probable Bella Roca tour;

February 3, afternoon – return trip to Manila via Row-Row

February 4 – 10 AM- probable courtesy call with President Noynoy Aquina at the Malacanang Palace

February 5 - 12, 2014- for those interested, probable Vietnam/ Cambodia tour

The surgical team is composed of the following to day: Eugene Salazar MD (**leader**), Reynaldo Sarmiento MD, Richard Zhu MD, Edmundo Relucio MD, Cesar Cumba MD, Luis Mangubat MD, Meneleo Avila MD, Efren Leonida MD, Abraham Fontanilla MD, Fred Nang MD, and Mario Salazar (**surgeons**);

Arturo Basa MD and Julian Mendoza MD (**urologist**);

Jesse Corres MD (**plastic surgeon**);

Teresita Varona MD, Ligaya Marasigan-Labao MD, Ramon Lopez MD, Susan Tan MD, Patrick Tan MD, Mario Reyes MD, Manuel Escalona MD, and Hermes Ayuste MD (**obstetricians gynecologists**)

Emma Salazar MD, Alberto Clar MD, Roberta Yap MD, Yolanda dela Cruz MD, Manuei Sanchez MD, and Lito Fajardo MD (**anesthesiologists**).

The medical team members are: Natividad Bernardino MD (**leader**);

Ruth Moore MD, Laarni Moreno MD, Angelito Fernandez MD, Richard Mon MD, Leilani Mon MD, Virgilio Magsino, Celso del Mundo MD, Rodolfo Jao MD, Dorothy Dalena MD, Cornelio Casaclang MD, Rogelio Liboon MD, Onie Yorro MD, and Rogelio Cave MD (**internists**);

Chester dela Cruz MD (**neurologist**);

Israel Labao MD, Virgilio Jonson MD, Simeon Sevandal MD, Aurora Atienza MD, Zita Yoro MD, Godofredo Ng and Edward Hernaez MD (**family medicine practitioners**);

Anita Avila MD, Ofelia Ayuste MD, Nida Blankas-Hernaez MD and Angelita Fontanilla MD (**pediatricians**);

Frank Montellano MD (**pathologist**);

Faye Mendiola RN, Pauline Abadilla RN, Clarita Distor RN, Violeta Magsino RN, Clarita del Mundo RN, Estela Cave RN, Lina Jonson RN, Cora Guzon RN, Rose Clar RN, Marilyn Lopez RN, Nora Tsai RN, Elena Liboon RN, Arlene Dalisan RN, Adelaida Behar RN, Aurora

Gagni RN and Nora Corres RN (**nursing team**);

Dr Lourdes Sevandal (**dentist**);

Dr Leticia Tuazon (**optometrist**);

Leo Cruz, Fred Tsai, Caloy Cruz, and Narcisa Cruz (**optical services**);

Espie Vasallo (**dietician/nutritionist**);

Evelyn Fajardo and Nanette Montellano (**medical technologists**); and Tito Gagni, Precy Cruz, Medardo Abadilla, Gaspar Camello, Carlos Cruz, Priscilla Cruz, Lilia Cumba, Tito Gagni, Cora Moreno, and Anita Ng (**volunteers**).

Philippine medical surgical mission requirements are, as follows:

Physicians with valid license - Philippine medical practice license and curriculum vitae; passport-size pictures for special permit application, and \$25 application fee; and Physicians without valid medical practice license – curriculum vitae, medical practice license (United States and Philippines, or United States only), two appropriate advises how to take and store the medications at home.

Physicians with expired Philippine medical practice license who may want to apply for permanent Philippine medical practice license - apply in person at the Professional Regulatory Commission in Manila.

Please submit above-mentioned requirements as soon as possible.

Postally mail these documents to: Nida Blankas-Hernaez MD
28951 Forest Lake Lane,
Green Oaks, IL 60048.

For additional information, kindly contact Dr Blankas-Hernaez at ednida888@gmail.com, or 847-668-7385 926 (fax).for a special temporary permit.

PHILIPPINE MEDICAL ASSOCIATION

in CHICAGO

Saturday, September 28, 2013 Scientific Seminar on
GASTROENTEROLOGY for the General Practitioners

7:50 am Opening Remarks

Nida Blankas Hernaez MD
President

Celso Del Mundo MD
CME Chairman

8:00 - 9:00 am

ClinicoPathologic Conferences:
Jaundice

Richard Mon MD – Internist

C V Reyes MD - Pathologist

To be introduced by

Celso Del Mundo MD

9:00 – 9:30 am Coffee Break,
exhibits

9:30 - 10:00 am *Esophagitis*

Rebecca Tsang MD

Fellow in Gastroenterology
Loyola University/ Hines VA
Hospital

To be introduced by

Anita Avila MD

10:00 – 10:30 am *Chronic
Inflammatory Bowel Diseases*

Christopher Moore MD

Gastroenterologist/

Fellow in Liver Transplantation
Northwestern University
Hospital

To be introduced by

Ruth Moore MD

10:30 – 11:00 am Coffee Break,
exhibits

11:00 - 12:00 noon **Fourth
PMAC Professorial Lecture**
Hepatocellular Carcinoma

Grace Guzman MD

Associate Professor of
Pathology

University of Illinois College of
Medicine To be introduced by

Jose Manaligod MD

12:00 – 3:00 pm Coffee Break,
visit exhibits and displays

Registration

is free but required.

Mail or email to:

CELSO DEL MUNDO, MD
12148 Wildflower Lane
Huntley, IL 60142
celso.del@gmail.com

ACCOMMODATION

Hyatt Regency Hotel O'Hare
9300 West Bryn Mawr Road,
Rosemont, IL 60018

Telephone [1 800 233 1234](tel:18002331234) or
[847] 696-1234

Single or double room rate \$109
Code **PMAC**

Cut off date is September 20,
2012

To attend the dinner dance
Please contact **Nida Blankas
Hernaez MD**

[847] 668-7385, or

[847] 983-4195

ednida888@gmail.com

or **Zita Yorro MD**

[815] 477-3266

zitayorro@yahoo.com

for reservation.

ACCREDITATION

*The Philippine Medical
Association in Chicago is
accredited by the Accreditation
Council for Continuing Medical
Education to provide continuing
medical education for physicians.
This course meets the criteria for
4.0 credit hours in Category I of
Physician Recognition Award of
the American Medical
Association.*

COMMENTS

Editorials, news releases,
letters to the editor, column
proposal and manuscripts are
invited. Email submission,
including figures or pictures,
is preferred.

ECTOPIC MURMURS

Deadline for the September
2013 issue

September 18, 2013

Please address submissions to
acvrear@gmail.com

COMMENTS

Editorials, news releases,
letters to the editor, column
proposal and manuscripts are
invited. Email submission,
including figures or pictures,
is preferred.

PMAC News

Deadline for the September
2013 issue

September 4, 2013

Please address submissions to
acvrear@sbcglobal.net

COMMENTS

Editorials, news releases,
letters to the editor, column
proposal and manuscripts are
invited. Email submission,
including figures or pictures,
is preferred.

FEUMAANI News

Deadline for the September
2013 issue

September 11, 2013

Please address submissions to
acvrear@aol.com

PHILIPPINE MEDICAL ASSOCIATION *in* CHICAGO

28951 Forest Lake Lane, Green Oaks, IL 60048
 Telephone (847) 668-7385
 Email: ednida888@gmail.com

Greetings from the PMAC, PMAC Auxiliary and the PMAC-Auxiliary Medical Foundation! These organizations will underwrite another Medical Surgical Mission on January 31 - February 2, 2014, in Marinduque. We humbly solicit your support and cooperation for the success of this endeavor. The fund raised during our 53rd anniversary Inaugural dinner dance on September 28, 2013, at the Hyatt Regency O'Hare, Rosemont IL, will be earmarked to benefit the mission. Please be one of our guests, donors, or sponsors. Thank you and God bless you for sharing your blessings to the less fortunate. *It's not how much we give but how much love we put into giving.* – Mother Teresa

Nida Blankas

NIDA BLANKAS HERNAEZ MD
 PMAC President
 (847) 668-7385

Rogelio O. Cave

ROGELIO CAVE MD
 PMACF Chair
 (708) 422-3716

ZITA YORRO MD
 PMACA President
 (847) 477-3266

ADVERTISEMENT CONTRACT

I/ we _____ hereby authorize the **Philippine Medical Alumni Association in Chicago** to print and publish our advertisement in the **Souvenir Program** of its 53rd anniversary inaugural and fundraising dinner dance on Saturday, September 28, 2013, at the Hyatt Regency O'Hare in Rosemont, IL. This fund raised will benefit the surgical medical mission in Marinduque, Philippines, January 31 – February 2, 2014. Please attach format if necessary and kindly check the size and rate desired:

SPONSORS		PAGES	
Diamond	\$500	Outside Back Cover	\$800
Plantinum	\$400	Inside Front Page	\$700
Gold	\$300	Inside Back Cover	\$600
Silver	\$200	Center Page	\$500
Bronze	\$100	Colored Full Page	\$200
Dinner	\$80	Colored Half Page	\$100

Name _____ Sign _____
 Date _____ Email _____
 Address _____
 Telephone _____ Fax _____

Please make a check payable to **PMAC**. Tax ID **363727478**. If postally mailed, addresss to: **PMAC 28951 Forest Lake Lane, Green Oaks, IL 60048**. Only pre-paid ADs received before **September 10, 2013** will be printed. Thank you for your generous support.

Solicitor _____

FEUDNRSM FEUDNRSM

Alumni Foundation STUDENT ACHIEVEMENT AWARD

Do you want to know a little bit more about the SAA?

The cost for each SAA is \$50. If you want your award in perpetuity, it is \$1050.

You can label your award in your name, or in the name of the person you wish to honor.

This is a challenge for you to channel the extra dollars of your donation/ charity budget to recognize an honor-roll needy student or two at the FEU-NRMF medical school.

Your donation(s) are tax-deductible.

Please make your check payable to

FEUDNRSM Alumni Foundation.

Your donation this year will be awarded during the Student Recognition of the 2014 *Balik-FEU* in mid-January at the FEU-NRMF in West Fairview, Quezon City.

If you wish --- you can also distribute your award(s) in person during the Student Recognition ceremonies at FEU-NRMF!

If interested to set up a SAA or two, please contact:

CESAR V REYES MD
 6530 Dunham Road,
 Downers Grove, IL 60516
 Phone 815-942-2932 x7565
 or acvrear@aol.com

In addition, if you are interested to establish a **Professorial Chair Fund** in your name or of someone you wish to honor, please inquire with the above contact person.