

Overall Course Objectives:

At the end of the Program, the delegate shall:

Understand the VALUE of PREVENTIVE CARE through adequate nutrition in the first 1000 days, Expanded Newborn screening, Vaccination, and lifestyle modification in the prevention of chronic metabolic diseases and cancer.

Learn the importance of early detection and intervention techniques for concerns from the adolescence to senescence like behavioral problems (children and adolescents), prostatic and colon cancer, the ageing brain, eye, heart, blood vessels, skin and genitourinary system.

Specifically, it aims to help the medical professional

1. Understand the value of the expanded newborn screening program for the Filipino;
2. Learn early detection of behavioral problems in children and the adolescents and employ early intervention techniques;
3. Understand current concepts regarding the role of vaccines and antimicrobials to prevent cancer;
4. Determine the value of lifestyle modification and bariatric surgery in the management of obesity and use in specific cases given;
5. Differentiate the use of surgical and non-surgical interventions in taking care of the ageing skin;
6. Understand gender specific concerns during the perimenopause and know measures to address such concerns;
7. Know updates On Prevention, Screening and Early Detection of Prostatic and colon cancer;
8. Detect and manage concerns of the ageing population on the eye, the heart and the brain

ONE MIEN ONE HEART: A lifetime of wellness

Thursday, January 18, 2018

- 7:30 - Registration
- 8:00 - Thanksgiving mass
- 9:00 - Opening of exhibits
- 9:30 - Opening Ceremonies
National Anthem
PMA Hymn
FEU Hymn
Welcome Remarks: ROMMEL Z. DUEÑAS, MD
FEUNRMF MAS President
- 10:00 - 40th Dr. Lauro H. Panganiban Memorial Lecture
Speaker: Herman L. Hedriana, MD
- 12:00 - [The first 1000 days: Nutrition during Pregnancy and Lactation](#)
Speaker: ANNA BELEN IGNACIO-ALENSUELA, MD (Phil)
- 1:00 pm Course Overview: Joel L. Javate, MD
Ma. Amparo C. Agrava, MD
Chairpersons, Scientific Committee

Session I: The newborn, the child and the adolescent

Moderator: MARIA CRISTINA JAVIER-GREEN, MD (USA)

- 1:00 - 1:30 - The expanded newborn screening program in the Philippines: are we getting more?
Speaker: MA. BEATRIZ PERALTA-GEPTE, MD (Phil)
- 1:30 - 2:00 - Red flags for Developmental Delays.
Speaker: DENNIS C. PARIAL, MD (Phil)
- 2:00 - 2:30 - Oncogenic Infections: Role Of Vaccines And Antimicrobials To Prevent Cancer
Speaker: RAYMUND R. RAZONABLE, MD (USA)
- 2:30 - 3:00 - [Thyroid in Pregnancy](#)
Speaker: THERESA MARIE VALDEZ-FALLER, MD (Phil)

Session 2: Interactive Forum for the Healthy And Beautiful You

3:00 - 3:30 Weight management: Lifestyle modification vs Bariatric Surgery

Moderator: EDWIN C. ROQUE, MD (USA)
Panelists: CHERYLL S. VILLAMOR-SIBAYAN, MD (Phil)
IMELDA R. LAGULA-BILOCURA, MD (Phil)
EDWARD OLIVEROS, MD (Phil)

3:30 - 4:00 Taking care of the Ageing skin (Surgical vs non surgical)

Moderator: MARIA EVANGELINA PEREZ- SANTIAGO, MD (Phil)
Panelists: GRACE R. MENDOZA-BARDELOSA, MD (Phil)
JANET DEL MUNDO-TAN, MD (Phil)
JOHN T CENICA, MD (Phil)
MARVIN A. TAÑAG, MD (Phil)

4:00 – 5:00 [Bariatric Surgery for weight management](#)
Speaker: Jose Paolo C. Porciuncula, MD (Phil)

Friday, January 19, 2018

8:00 – 9:00 Phytoestrogens in the management of the midlife
Speaker: ANNA BELEN IGNACIO-ALENSUELA, MD (Phil)

Session 3: Sexual concerns in the midlife and beyond

9:00 -10:30 AM: Sex on pause: Let's talk about it!
Moderator: JOEL L. JAVATE, MD (Phil)
Gender Sensitive Panelists:
ANNA BELEN IGNACIO, MD (Phil)
RIA GUILLERMA R. FABUNAN, MD (USA)
MA. AMPARO C. AGRAVA, MD (Phil)
EDGARDO REYES, MD (Phil)

10:30 - 11:00 Nufemme in the Menopause
Speaker: JOAN TAN GARCIA, MD (Phil)

Session 4: Cancer concerns: Updates On Prevention, Screening and Early Detection

Moderator: MA. VICTORIA TANDOC-ROQUE, MD (USA)

11:00 -11:30 - Prostate Cancer
Speaker: REYNALD A. AGUINALDO, MD (Phil)

11:30 -12:00 - Colon Cancer
Speaker: MARIA BLANCA K. OTAYZA-KUA, MD (Phil)

12:00 - 1:00 GnRH analogs in human Tumors
Speakers: JUAN GODOFREDO BARDELOSA, MD (Phil)

1:00 - 2:00 PM STUDENT ACHIEVEMENT AWARDS From Dean's office

Session 5: Concerns at 50 and beyond

MODERATOR: VALMARIE SANCHEZ-ESTRADA

2:00 -2:30 Managing hypertension: how to get one back to wellness.
Speaker: LORENZA V. TORRES, MD (Phil)

2:30 - 3:00 The ageing eye: Fear or Fear Not?
Speaker: EZEKIEL O. SY, MD (Phil)

3:00 - 3:30 PRIM ROSE OIL: Use in Gyne
Speaker: ANGIE AGUILAR, MD (Phil)

3:30 - 4:00 Silent Strokes & Vascular diseases in Cognitive impairment.
Speaker – RAMEL A. CARLOS, MD (USA)

4:00 - 4:30 Aging and Mental Health.
Speaker: RIA GUILLERMA R. FABUNAN, MD (USA)

4:30 - 5:00 CPD Units for you and Me
Speaker: ELEANOR B. ALMORO, MD (PHL)

5:00 - 5:30. Improving the APGAR Score of your Finances
SPEAKER c/o INSULAR LIFE

Greetings!

The FEU-NRMF MEDICAL ALUMNI SOCIETY cordially invites you to our 43rd Annual Alumni Homecoming activities on January 17-20, 2018

1. GOLF TOURNAMENT, January 17, (Wednesday) Tee off: 7:00 A.M. AYALA GREEN FIELD GOLF CLUB, Calamba Laguna. **(FEES APPLY)**
2. THANKSGIVING MASS, Jan 18, (Thursday) 8:00 A.M., FEUNRMF MEDICAL CENTER Chapel
3. 40th Dr. LAURO H. PANGANIBAN MEMORIAL LECTURE, Jan 18, (Thursday) 10:00 A.M., FEUNRMF MEDICAL CENTER, 5th floor, Dr. Ricardo Alfonso Hall.
Speaker: HERMAN L. HEDRIANA, MD
4. SCIENTIFIC PROGRAM, Jan 18-19, (Thursday & Friday)

Theme: ONE MIEN ONE HEART: A Lifetime of Wellness
FEUNRMF MEDICAL CENTER, 5th floor, Dr. Ricardo Alfonso Hall.

CPD Units - 13 units
Official DOH time
FREE for all alumni members.

5. BARRIO FIESTA "*Welcome reception*" Jan 18, (Thursday) 6:00 P.M., 5th floor, Dr. Ricardo Alfonso Hall.
FREE for all alumni members.
6. ALUMNI GRAND BALL and FELLOWSHIP NIGHT. January 20, (Saturday) 6:00 P.M. NOVOTEL HOTEL MANILA (Araneta Center, Cubao, QC)

Registration fee: (Please pay ASAP to reserve seats)

Life member: Php 1,000.00
Non life and guest: Php 2,000.00 each
From Batch 1957 up to Golden '68 & Silver '92 jubilarians: **FREE**

A special rate will be given to all alumni who would like to avail of a room in Novotel. For reservation, please call NOVOTEL Hotel @ (02) 9997888 local 7162 and look for Ms. Paula Makabenta or you can send email to H7090@accor.com

Note: Applying for a Life membership fee – Php 4,500.00 until December 2017 only.
Effective January 2018 will increase to Php 6,000.00.