

Official Publication of the FAR EASTERN UNIVERSITY
 Dr Nicanor Reyes Jr School of Medicine Alumni Foundation

ECTOPIC MURMURS



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MESSAGE FROM THE CHAIRMAN - Licerio "Jun" Castro, MD, Class '73

When things get stressful, have you ever dreamed of going back to the past? I do.

When life starts to get hectic and I think about how much easier and simpler things were in the good old days, I often wish I could just return to those times.

In life what truly matters is not what we possessed but what we produced, not what we gained but what we have shared, not what we purveyed but how were we portrayed. Being humble, honest and transparent are what counts. Let us live a life that really matters.

Our organization is so blessed with the multitude of talents that bring about the best of all. The Annual Reunion and Scientific Convention will happen in a couple of months and we are hoping to reach out to every alumnus to attend and share the festivities that our organization could offer. With everyone's enthusiasm and willingness, together we could overcome any impediment. Nevertheless, I believe that all alumni have that great fortitude in achieving a delightful reunion. That sparkle in your eye and that luscious smile can melt the heart of the many as a glimpse of your dazzling look is cast across the radiant sky.

Therefore, let us put forth all our efforts and strengths to make the event a reality. Barge into beauty salons; proclaim your presence in grocery stores; stand up in sports stadium; in comedy places; concert gatherings; convention centers; television and radio stations; through the media and during Sunday worships.

You'll be glad you did.

Thank you very much for your assiduousness, assistance and cooperation.



PRESIDENT'S MESSAGE - Rick F Deleon MD, Class '64

It is not far off; preparations are underway for the next Annual FEUDNRSM Alumni Foundation Event. The 40th Annual Reunion & Scientific Convention will be held at Caesar's Palace Hotel & Casino, Las Vegas, Nevada on July 24-28, 2019.

I would be very pleased and overwhelmed with joyful exuberance to see you in beautiful Las Vegas, the entertainment capital of the world, to honor the Jubilarians and to find ways to generate funds to support our foundation in its mission.

It is indeed a happy and memorable occasion for all Jubilarians, something unforgettable and a great milestone in their medical profession. We will highlight and honor Class 59 (Diamond), Class 64 (Emerald), Class 89 (Golden), Class 94 (Silver), Class 79 (Ruby) and including Class 84 (Coral Jubilee), Class 89 (Pearl Jubilee), Class 99 (20th Anniversary), Class 2004 (15th Anniversary), and Class 2009 (10th Anniversary) celebrants.

Once again, the Nevada Chapter is spearheading the preparation of these fabulous and important events. Their collective efforts under the leadership of Dr. Danny Fabito, Chairman of the Convention and his Outstanding Committee Members, (Drs. Felipe Chua, Cesar Candari, Melinda Fabito and Grace Obena) have demonstrated their profound unquestionable desire to make this gathering a great, resounding success.

Your presence will be a testament of your desire and willingness to help our Foundation and at the same time reconnect with friends and new acquaintances, therefore fostering rapport, unity, and bonding among classmates and friends. Register in advance to avail the advantage of having a discount.

As we look to the future, our challenge is to find ways to take action effectively and articulate our path with clarity. Our mission requires that all of us assume responsibility for bringing our values to life each day. We hope to face the challenge in an orderly manner. It also requires our past efforts and willingness to deliver in ourselves and to believe in our capacity to do the right thing all the time. Together we can and will resolve the challenge that confront us.

To all the people helping in the preparation of these annual events, I extend my sincerest gratitude for all your hard work, efforts and contributions.

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FROM THE HOME FRONT FEU NICANOR REYES MEDICAL FOUNDATION (FEUNRMF) INSTITUTE OF MEDICINE - Dean Rey de los Reyes MD Class'78

Greetings from FEU-Nicanor Reyes Medical Foundation Administration, Faculty, Students and Staff. I am very happy to share with you the happenings in our Alma Mater.

The application for 1st year students for School Year 2019-2020 has started. Aside from the usual requirements, e.g. transcript of records, NMAT, good moral character certificate, etc., starting last school year, personality test and drug testing are also required. The list of accepted applicants for the 1st batch (110) and the 2nd batch (315) and 153 in the waiting list has already been released.

For SY 2019-2020, we intend to accept 700 first year students. The next interview and personality test will be on April 7, 2019. The opening of classes for SY 2019-2020 is on Aug. 5, 2019. However, for 3rd year students, their classes will start on July 1, 2019. Regular Clinical Clerkship will start on June 1, 2019. Adjustments were made in conjunction with schedule of Post Graduate Internship as set forth by the Association Of Philippine Medical Colleges (APMC). For US-based applicants, the interview maybe conducted thru Skype on Philippine time. They may submit a personality or psychological test result done in the USA.

The School of Medicine is very happy with the result of the March 2019 Physician Licensure Examination. Only 1 of the first takers failed out of 131 for a passing rate of 99.24%. This is our highest passing rate among first takers, even if we include regular PLE given on September. This batch also has the highest passing rate among the repeaters at 87.50% (14 passed out of 16 takers). Our overall passing rate is 97.96% (144 passed out of 147). We are again the TOP PERFORMING SCHOOL. Because the passing rate is higher than 95%, the Administration of our Alma Mater gave Php 100,000.00 to the faculty of the School of Medicine. The Chief Operating Officer, Mr. Juan Enrique J. Reyes added Php 50,000.00. This is a very welcome and a well appreciated incentive by our Faculty.

Our students do not only excel in academics. They also excel in sports. The last Palarong Medisina, an annual sports activity organized by the Association of Philippine Medical Colleges – Students Network, was held at the Ateneo de Manila University grounds on Feb. 17 and 24, 2019. This was participated by more than 15 medical schools in Metro Manila and suburbs. We were champions in men's volleyball, e-games, mixed lawn tennis and men's table tennis; first runner-up in men's basketball and also placed high in other events like swimming, track and field and football. Overall, we were 2nd runner up out of over 15 participating medical schools.

The Global Electives during Clinical Clerkship has been ongoing on for 2 years now. I am happy that a lot of our 4th year medical students are interested to rotate outside the Philippines. This will make them aware of what is happening in other parts of the world. Most of our Clinical Clerks were able to rotate in hospitals in Japan, Singapore and Australia. So far, only 1 was able to go to a US through the support of one of our Alumni in the US. I hope to solicit the help of the members of FEUDNRSMF who are affiliated with a university hospital to help us establish a linkage with our institution. This will open doors for our Clinical Clerks to rotate in the US and encourage them to have further training and possibly establish practice here. During this rotation, we require that our Clinical Clerk be supervised by a faculty member of the institution.

Our students are very happy with the improvement of the Skills Laboratory. The improvement was made possible through the assistance of Class '63. The Skills Laboratory is being utilized by first and second year students taking Physical and Clinical Diagnosis. Other subjects are also allowed to use the Skills Lab during OSCE. The Skills Lab teaching and training models are not yet complete as we have difficulty looking for local suppliers. However, we truly appreciate the generosity of Class '63. I included here a picture taken during the turnover ceremony of the improved Skills Laboratory attended by the representatives of Class '63 headed by Dr. Renato G. Ramos, FEUDNRSMF Chairman Dr. Licerio Castro and President Dr. Recto de Leon, and the Administration of FEU-NRMF headed by the President Atty. Antonio H. Abad, Jr. and the COO Mr. Juan Enrique J. Reyes.

Thank you very much.

Hope to see you all in Las Vegas in July 2019.



L-R: Dean de los Reyes, Dr. Rick Deleon President FEUDNRSMF , Dr Jun Castro Chairman of the Board FEUDNRSMF, Dr Daisy Castro, Dr Daisy Ramos, Dr. Ramos, Dr. Clarita Deleon, Mr Richie Reyes

**WE ARE GRATEFUL
TO CLASS 1963 FOR
THEIR GENEROUS
DONATION**



CLINICIANS CORNER - Divina Obena MD Class '85

ADRENAL FATIGUE, THE 21ST CENTURY STRESS SYNDROME

We all know that the adrenal glands help our body to cope with stresses and survive. Our resiliency, endurance and energy all depend on its proper functioning.

The hormones secreted by the adrenals influences all utilization of carbohydrates and fats, the conversion of fats and proteins into energy, the distribution of stored fats (especially around your waist and sides of the face), normal blood sugar regulation and proper cardiovascular and gastrointestinal function. After menopause, the adrenal become the major source of sex hormones. These hormones have a whole host of physical, emotional, and psychological effects, from the level of your sex drive to the tendency to gain weight.

Adrenal fatigue was previously called the non-Addison hypoadrenia or neurasthenia. The paramount symptom is fatigue. It has affected millions around the world. It can wreck havoc in one's life. The disease can present as difficulty of getting out of bed, a run down feeling and inability to keep up with life's daily demands. People with adrenal fatigue look normal, yet they are not well and have a sense of "gray" feelings. People affected often use colas, coffee or stimulants to get up in the morning to prop themselves up during the day. They have erratic blood sugar levels, usually in the form of hypoglycemia. Women have more premenstrual tension, fears, anxiety, depression confusion, difficulty in concentration and poor memory. As it worsens, they may have frequent respiratory infections, allergies, and asthma.

Adrenal fatigue is caused by stress and can be physical, emotional, psychological, infectious or a combination of these. In short adrenal fatigue occurs when the amount of stress overextends the capacity of the body to compensate and recover from that stress. People that suffer from adrenal fatigue are those that don't get enough rest and relaxation to enjoy life, people that drive themselves constantly, perfectionists, people who always work under pressure, who feels trapped and helpless, and those that are repeatedly overwhelmed with emotional and physical trauma. A good example are physicians who die approximately 10 years younger, have high rates of alcoholism and high drug addiction rates than the normal population.

To diagnose Adrenal Fatigue can be difficult and tedious. The measurement of cortisol levels should be done at 8 am as a standardized test since cortisol levels vary at different times of the day. An ACTH challenge test can be done wherein after a ACTH substance is given the circulating cortisol is measured to see how the adrenals can respond to the stimulation. A normal response is for the blood cortisol levels to double. When cortisol levels do not double or rise slightly, then adrenal fatigue can be suspected.

Recovery from adrenal fatigue depends on someone's lifestyle, the food we eat and drink, the thoughts we feed our minds and the process of reframing wherein we refocus the perception of the situation to change the situation for the better, perform relaxation technique, sleep before 10:00PM to avoid the adrenals to reach overdrive, exercise and avoiding caffeine.

For questions, references please contact author: nobena@aol.com

MEET YOUR EXECUTIVE DIRECTOR AND ASSISTANT TREASURER PEDRO M FLORESCIO MD, CLASS 1975



Dr. Florescio is the current foundation Executive Director and Assistant Treasurer. He graduated in 1975. Married to his classmate Dr Guadalupe Pedrano - Florescio, a practicing pediatrician in Los Angeles, California, they are blessed with 2 children. Their son Jonathan is a CPA and daughter Jaclyn, a business owner of Yellow and Lace. They currently live in Orange County California.

Dr. Florescio is a general psychiatrist in Los Angeles, California. He is the Medical Director of Penn Mar Therapeutic Center a psychiatric hospital in Los Angeles and the associate medical director of Pacific Clinics in Los Angeles.

He joined the FEUDNRSMAF 14 years ago and since that time despite his busy professional life, he unselfishly served as the Foundation Co-Chairman of the Membership Committee. He also has served as Vice President and Executive Vice President. For the past seven years, he has committed his time to serve as Executive Director. And, as if he is not busy enough, accepted the post of Assistant Treasurer.

As the Executive Director he is the person whom you send your registration to for the FEUDNRSMAF Annual Scientific Convention and Reunion and works closely with the host FEUDNRSMAF Chapter. If you wish to meet him visit him at the registration counter where you register and collect your name tag and dinner-dance tickets.

He is the current Vice President of the FEUDNRSMAF Southern California Chapter, and has joined numerous medical missions in the Philippines on behalf of the foundation and the SoCal Chapter. He has served as a board member of the Philippine Medical Association of Southern California; active in different civic activities in his church.

His hobbies include playing piano, cooking, watching movies, dancing, eating out with his family and hanging out with his friends especially Dr. Tuazon and his wife.



NATIONAL HEALTH OBSERVANCE MONTH : Alzheimer's & Brain Awareness Month

Excerpted from: Evaluation of Suspected Dementia: NATHAN FALK, MD, and ARIEL COLE, MD, Florida Hospital Family Medicine Residency, Winter Park, Florida; T. JASON MEREDITH, MD, Offutt Air Force Base Family Medicine Residency, Offutt Air Force Base, Nebraska *Am Fam Physician*. 2018 Mar 15;97(6):398-405.

Dementia is a significant and costly health condition that affects 5 million adults and is the fifth leading cause of death among Americans older than 65 years. The prevalence of dementia will likely increase in the future because the number of Americans older than 65 years is expected to double by 2060. Risk factors for dementia include age; family history of dementia; personal history of cardiovascular disease, cerebrovascular disease, diabetes mellitus, or midlife obesity; use of anticholinergic medications; apolipoprotein E4 genotype; and lower education level. The U.S. Preventive Services Task Force and the American

Academy of Family Physicians have concluded that current evidence is insufficient to assess the benefits vs. harms of screening for cognitive impairment in older adults. If dementia is suspected, physicians can use brief screening tests such as Mini-Cog or General Practitioner Assessment of Cognition. If the results are abnormal, further evaluation is warranted using more in-depth screening tools such as the Montreal Cognitive Assessment, Saint Louis University Mental Status Examination, or Mini-Mental State Examination. Diagnostic testing and secondary evaluation, including screening for depression, appropriate laboratory studies for other conditions that cause cognitive impairment, and magnetic resonance imaging of the brain, should be performed when cognitive impairment is confirmed. Routine cerebrospinal fluid testing and genetic testing for the apolipoprotein E4 allele are not recommended.

SORT: KEY RECOMMENDATIONS FOR PRACTICE

Clinical recommendation	Evidence rating	References
In patients with suspected dementia, the Mini-Cog, the General Practitioner Assessment of Cognition, or the Ascertain Dementia 8-Item Informant Questionnaire should be used to determine the need for further evaluation.	C	29, 33-37
Patients who screen positive for cognitive impairment on brief screening tests should be evaluated further to quantify the degree of impairment.	C	29
The standard laboratory evaluation for patients with cognitive impairment includes testing for anemia, hypothyroidism, vitamin B ₁₂ deficiency, diabetes mellitus, and liver and kidney disease.	C	29
Magnetic resonance imaging without contrast media is the preferred imaging test to exclude other intracranial abnormalities, such as stroke, subdural hematoma, normal-pressure hydrocephalus, or a treatable mass.	C	41, 42

A = consistent, good-quality patient-oriented evidence; B = inconsistent or limited-quality patient-oriented evidence; C = consensus, disease-oriented evidence, usual practice, expert opinion, or case series. For information about the SORT evidence rating system, go to <http://www.aafp.org/afpsort>.

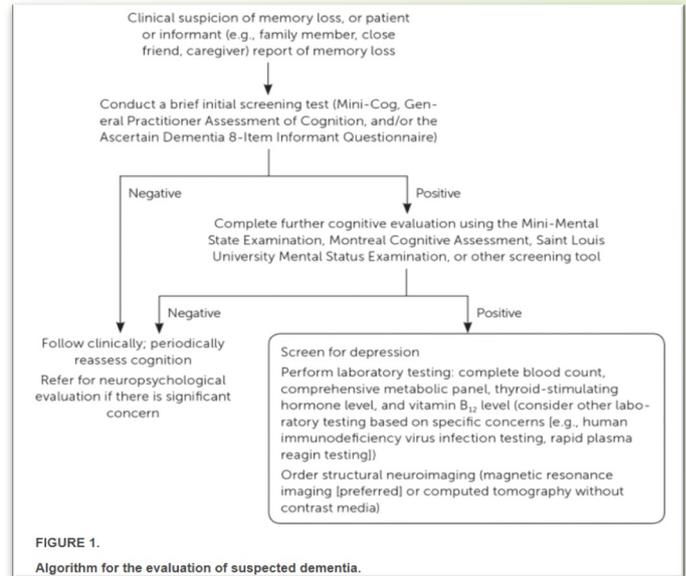


FIGURE 1. Algorithm for the evaluation of suspected dementia.

Brief Initial Screening Tests for Cognitive Impairment

Brief screening tests are useful to quickly assess the need for further evaluation. In 2013, the Alzheimer's Association recommended three screening tests that could be completed within the time frame of a Medicare wellness visit: Mini-Cog, Memory Impairment Screen, and General Practitioner Assessment of Cognition. These tools require less than five minutes to complete, can be administered by nonphysician personnel, and are validated in the primary care office setting. Subsequently, a systematic review called into question the sensitivity of the Memory Impairment Screen within well-designed studies. The Ascertain Dementia 8-Item Informant Questionnaire is also a quick, validated, and sensitive screening tool. Guidelines advocate combining the Mini-Cog with this questionnaire. Ascertain Dementia 8-Item Informant Questionnaire is also a quick, validated, and sensitive screening tool. Guidelines advocate combining the Mini-Cog with this questionnaire. *Additional information can be found in the American Academy of Family Physicians National Research Network's Cognitive Care Kit at <http://www.aafp.org/patient-care/public-health/cognitive-care.html>.*

MINI-COG

The Mini-Cog test (available for free at <http://mini-cog.com>) takes approximately three minutes to administer and has minimal to no language or education bias. The patient is instructed to repeat three unrelated words, perform a clock drawing test, and then recall the three words. The Mini-Cog has a sensitivity of 76% to 100% and a specificity of 54% to 85% for detecting cognitive impairment.

GENERAL PRACTITIONER ASSESSMENT OF COGNITION

The General Practitioner Assessment of Cognition (available for free at <http://gpcog.com.au>) comprises a patient screen and, if necessary, an informant component. Advantages of this test include validation in the primary care setting, little to no education bias, and availability in multiple languages. It has been studied only in Australian populations, however. The patient screen consists of recall, time orientation, clock drawing, and information components. The patient screen takes less than four minutes to complete, and the informant portion takes less than two minutes. The General Practitioner Assessment of Cognition has a sensitivity of 85% and specificity of 86%.

ASCERTAIN DEMENTIA 8-ITEM INFORMANT QUESTIONNAIRE

The Ascertain Dementia 8-Item Informant Questionnaire (available for free at <http://alzheimer.wustl.edu/cdr/AD8.htm>) is an informant-based test developed to screen for major and minor neurocognitive disorders. It has also been validated for patient-administered screening, but it is less sensitive than informant-based screening. The informant-based test takes less than two minutes to complete, and has a sensitivity of 85% and a specificity of 86%.

MINI-MENTAL STATE EXAMINATION

The Mini-Mental State Examination (MMSE; available for purchase at <http://www.parinc.com/Products/Pkey/238>) is the most commonly used cognitive evaluation tool. The test has a sensitivity of 89% and specificity of 81% for detecting dementia.³⁴ A nomogram establishes cutoff scores depending on the patient's age and education.

MONTREAL COGNITIVE ASSESSMENT AND SAINT LOUIS UNIVERSITY MENTAL STATUS EXAMINATION

The Montreal Cognitive Assessment and Saint Louis University Mental Status Examination (available for free at <http://www.mocatest.org/> and <http://aging.slu.edu/pdfsurveys/mentalstatus.pdf>) are alternatives to the MMSE. Both are 30-point cognitive tests that take approximately 10 minutes to administer. The Montreal Cognitive Assessment is designed for persons scoring above 24 on the MMSE and has excellent sensitivity for detecting mild neurocognitive disorder; it is also accurate in patients with Parkinson disease.



DOWNLOAD THE FREE ALZHEIMERS ASSOCIATION PHYSICIAN POCKET GUIDE APP TO GET:

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LETTER TO THE EDITOR: Rick F Deleon MD, Class '64

PHYSICIAN BURNOUT PROBLEM

What is presently commonly discussed among physicians in private practices is physician burnout. The feeling of being over whelmed, stressed and anxious about the daily grind of practicing Medicine. What is not being discussed in physician conversation or for that matter hospital executives is its prevalence. As per survey by Medical Firm, a Physician Recruiting Company, roughly 90% of physicians surveyed, have experienced symptom burnout observed as mental or physical exhaustion, compassion fatigue and patient depersonalization. Very few physicians escape feelings of burnout. It is reportedly a growing trend among the workforce. Among physicians surveyed:

- ◆ 43-75% - experienced exhaustion: physical and mental exhaustion.
- ◆ 47.33%- had shown fatigue/ depersonalization
- ◆ 44.68%- for those lacking efficacy (doubting the meaning of their works)

One of the consequences of this burnout is that more than one third of survey respondents regretted or have doubts about their choices of career. As a result 1 in 5 physicians surveyed would have chosen a different career if they have to do all over again. Physician burnout creates tremendous financial loss for any medical practice or system. Lot of leaders are understandably reluctant to measure the degree of burnout in their workforce because they are not sure what to do about it echoed by Christine Sinske, M.D., FACR, Vice President of Professional Satisfaction of AMA. What was found out is that it costs between \$500,000.00 to \$1 million to replace an existing physician. The AMA has a website (Practice Transformation Website) with modules creating the organizational foundation for Joy in Medicine outlining steps for Executive Leadership to address the physician burnout.

Medical practice is unrecognizable from what it was 20 years ago as doctors have transitioned from being a small business owner to employees of corporate environment. Regulatory environment has made it difficult to be in small business for practicing physicians. Being an employee may have perceived benefits but comes at an enormous cost in terms of autonomy and independence. Most surveyed medical students, say, they chose Medicine for very altruistic intentions of wanting to help people. Most doctors still graduate with high aspirations and expectations but after a few years in practice, that enthusiasm falls by the wayside after a few years in practice.

How physicians can regain back their passion in Medicine:

- ◆ Choose your job very carefully- different jobs can vary enormously in terms of work environment and administrative support. Ask and talk to people about the institution, workplace and their experience.
- ◆ Keep reminding ourselves why we chose/ went to Medicine. Time spent with patients will dramatically increase job satisfaction, conversely, if locked up in computers, will decrease your enthusiasm and interest in your job.
- ◆ Work to regain autonomy. Being able to expect more control over your schedule and income and not having that feeling of being controlled.
- ◆ Avoid full time work at one institution and doing a mixture of different types of work. Doctors have worked way too hard to be discontent in their work and if they find themselves in a tough spot professionally, they owe it to themselves to seek alternative options but to patients as well, who need a happy and satisfied doctors.

We are all responsible for our own lives. And while missteps and failure are inevitable along the way, it should be understood and be viewed as motivating factors to work and strive harder to find opportunities for growth and discoveries. When we learn from our mistakes we can build a life to be proud of and be emulated, develop and grow to a person we would like to be and singled out as a success .

As the saying goes, "We learn more from our failures than our successes!"

Source: Medical Economics, September 2018 Issue.

Editors Note: Burnout is now a legitimate medical diagnosis according to the World Health Organization handbook that guides medical providers in diagnosing diseases. It appears in the International Classification of diseases section on problems related to employment or unemployment. (Ryan Prior CNN)

FEUDNRSMAF CHAPTER NEWS: MICHIGAN CHAPTER INDUCTS 2019 NEW OFFICERS

The FEUDNRSAMF Michigan Chapter had their induction of new officers at Andiamo Building Bllomfield Township on Saturday May 11, 2019.

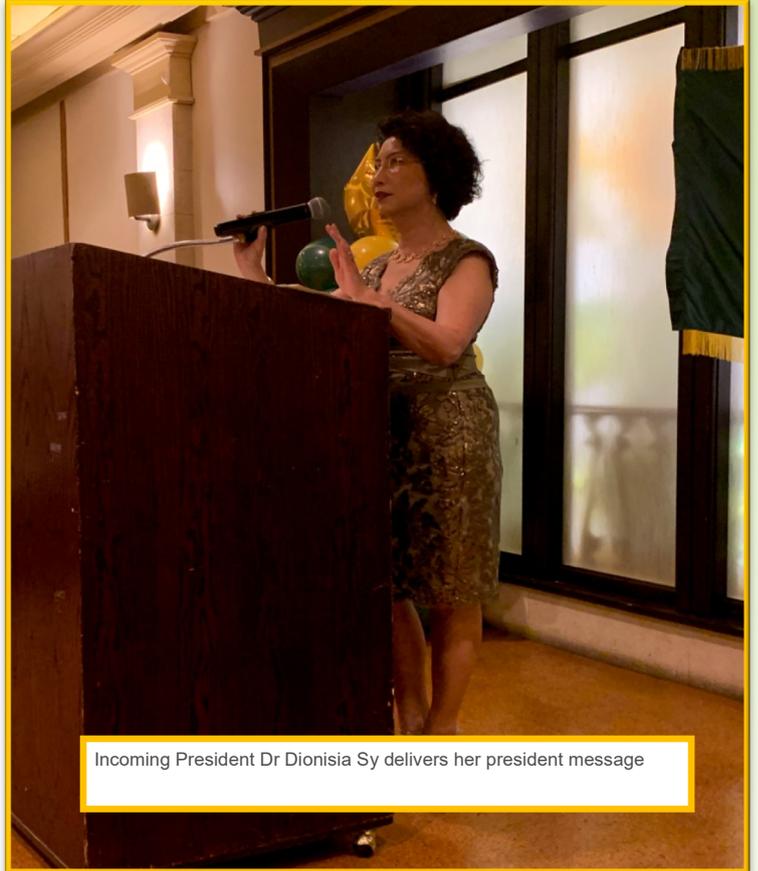
Present were : Dr. Dionisia Sy, as President., Dr. Esther Aigan-Guervarra as Vice President., Dr. Evelyn Altares as Secretary., Dr. Efren Platon as Treasurer., Dr. Rodolfo Son as Auditor., Dr. Isidro Almeda as Business Manager., Dr. David Villaneuva as PRO., Board of Directors were Drs. Cheryl Canto., Dr Arnel Clarin., Dr. Chona Lastimosa., Dr. Daisy Ramos, Dr. Evelio Santiago., Dr. Cesar Solarte., Dr. Ethel Villaneuva. Dr. Rosemary Aquiler-Angeles as Immediate Past President., Dr. Hernani Tansuche as Parliamentarian. Other members present were Dr. Leong Tan., Dr. Guat Sy. Dr. Claire Perez., Dr. Concepcion Amcog.



L-R: Drs. Efren Platon, Billy Santiago, Cesar Solarte, Isidro Almeda, Liong Gee Tan, Concepcion Ancog (seated), Guat Sy Jr. and Dionisia Sy(incoming President), Chona Lastimosa, Ester Aoigan-Guevara, Hernani Tansuche, Evelyn and Edgar Altares, Rosemary Aquiler-Angeles(outgoing President), David (hidden) and Ethel Villanueva, Claire Perez Pascual and Rodolfo Son.



Outgoing President Dr Rosemary Aquiler-Angeles delivers her valedictory address



Incoming President Dr Dionisia Sy delivers her president message



Thank you FEUDNRSMAF Michigan Chapter !

We are grateful for your continued active participation and unfailing support of the FEUDNRSMAF our mission and goals.



Let deeds, not words, be your adorning.”

FEUDNRSMAF MEDICAL ALUMNI MISSIONARIES : THE GIFT OF GIVING ROOTED IN THE HEALING MINISTRY OF CHRIST

CLASS 1967 MEDICAL MISSION, DAVAO DEL NORTE JAN 14 -18 , 2019

The medical mission was started 12 years ago by the late Dr Arsenio Martin, Class 67 and previous FEUDNRSMAF President and Chairman.

Continuing her husband's legacy, the medical team was sponsored by Dr Fe Martin group and the Medical Surgical Mission of Texas (MSMT) under the leadership of President Dr Jane Castro. Forty five (45) individuals participated - 20 doctors and 20 nurses, and 5 non medical staff. They served 3 Barangays - town of St. Tomas, Carmen and city of Panabo.

Volunteer physicians were: Dr Benjielyn Belarmino, Chin Morabe, Donalyn Barcial, Alisa Jabin- Mendoza, Pilar Sayoc, Cely Ventura, Marina U. Allian And Ophelia A. Rallos, all alumni of FEUNRMF Institute of Medicine.



Arrival at Davao City happily posing before commencing the medical mission. L-R Drs. Fe Martin, Cely Ventura, Ester Garcia (business woman) Ophelia Rallos Pilar Sayoc and Marina U. Allian



The Team

CLASS 1967 MEDICAL MISSION



Nursing support with, starting fourth from left Drs. Marina Allian, Pilar Sayoc. 6th from left Drs. Chin Morabe, Cely Ventura, Fe Martin And Ophelia Rallos And Ester Garcia.



FEUDNRSMAF MEDICAL ALUMNI MISSIONARIES : THE GIFT OF GIVING ROOTED IN THE HEALING MINISTRY OF CHRIST

SOUTHERN CALIFORNIA CHAPTER FEUMASSC MEDICAL MISSION, January 7 - 11, 2019, Lucena, Quezon

Numbering 80 medical mission volunteers, the FEU Southern California Chapter members were joined by Kaiser Permanente and the Philippine Adventist Medical Center. Additional support group was provided by Quezon province.



Dr. La Madrid FEUNRMF Institute of Medicine alumnus



“The volunteer medical team members united in their common purpose, with beaming happy faces because they are giving more in the service of others ”





FEUDNRSMF MEDICAL ALUMNI MISSIONARIES : THE GIFT OF GIVING ROOTED IN THE HEALING MINISTRY OF CHRIST

MEDICAL MISSION: FEUDNRSMF ALUMNI JOIN PAAN (PHILIPPINE-AMERICAN ASSOCIATION OF NEVADA) and FUN (FILIPINO UNITED) - USA

The 15-medical missionary team from Las Vegas and other cities in the USA conducted the medical –surgical mission in Alaminos, Laguna on January 20-24, 2019. It was sponsored by Alaminos Mayor Loreto M. Masa and his cousin, Mrs. Lily Starkman of Highland, Park, Illinois, this humanitarian ministry served 400 eye patients, did 35 minor surgical cases and more than a thousand medical and pediatric indigent patients, treating them and providing them free medications brought in by the missionaries from the United States. Mrs. Gloria Caoile, chairman of Feed the Hungry Foundation, distributed more than 200 bags of food items to the needy residents of Alaminos.

The medical missionaries included: Doctors Daniel and Melinda Fabito, Philip and Farida Chua, Napoleon Santos, Rudy Almase, Rodrigo and Elouisa Farrales, Adela Pena, and Ruth Peralta; the registered nurses were Lynn P. Santos and Cynthia Deriquito. The allied health staff included Robert Constantino, Resty Lopez, Jo Devlin, and Eloisa J. Ugalde.

The other mission was in Virac, Catanduanes, from February 03-10, 2019 with participation of thirty five (35) missionaries from different parts of the United States. We were hosted by Governor Joseph Cua, Vice Governor Shirley Abundo, Dr. Joy Barceta and Dr. Vietriz Abella, Chief of the Medical Center. Three groups co-sponsored the Virac Mission: The Phil-Am Association of Nevada (PAAN), Florida Medical Group, and the U.S.T. Medical Class 1964 Foundation. Two thousand Five Hundred (2500) Medical and Pediatric patients were treated and 100 major and minor surgical cases were performed. Daily morning Surgical Rounds of the Patients Operated were made until their discharge with appointments for outpatient follow up after 5-7 days postoperatively.

While the PAAN missionaries held its surgical mission in Virac, husband-and-wife medical team, cardiac surgeon Philip and Farida Chua, MD, a retired Pediatrician, conducted a simultaneous mission at the Asilo San Vicente de Paul Orphanage in Paco, Manila, a sanctuary for abandoned children established in 1885. .



FEUDNRSMAF MEDICAL ALUMNI MISSIONARIES : THE GIFT OF GIVING ROOTED IN THE HEALING MINISTRY OF CHRIST

MEDICAL MISSION: FEUDNRSMAF ALUMNI JOIN PAAN (PHILIPPINE-AMERICAN ASSOCIATION OF NEVADA) and FUN (FILIPINO UNITED) - USA



FEUDNRSMAF PARTNERING WITH OTHERS ORGANIZATIONS: THE GIFT OF GIVING ROOTED IN THE HEALING MINISTRY OF CHRIST

FEUDNRSMAF ALUMNI JOIN APPA MEDICAL MISSION IN BULACAN



Dr Recto Deleon serving patients in Payatas, Bulacan assisted by Larry Ursua (husband of the late Erlinda Bugayong - Ursua Class 1969)



Dr Clarita Deleon (1st L) joined by members of APPA Auxiliary in distributing dry goods and dental supplies to children and adults in Sa Ildefonso, Bulacan on January 27 ,2019.





**FAR EASTERN UNIVERSITY DR NICANOR REYES SCHOOL OF MEDICINE
ALUMNI FOUNDATION
40TH ANNUAL REUNION AND SCIENTIFIC CONVENTION**

**CLINICAL PRACTICE ADVANCES 2019
ACCME ACCREDITATION PROVIDED BY THE
PHILIPPINE MEDICAL ASSOCIATION OF CHICAGO**



July 24 - 28, 2019

Caesar's Palace Casino & Hotel

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HONOREES

Class 59 (Diamond Jubilee)

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Class 94 (Silver Jubilee)

Class 74 (Sapphire Jubilee)

Class 79 (Ruby Jubilee)

Class 84 (Coral Jubilee)

Class 89 (Pearl Jubilee)

Class 99 (20th Anniversary)

Class 2004 (15th Anniversary)

Class 2009 (10th Anniversary)

To reserve room with no processing fee use this dedicated FEUDNRSMAF web link: <https://book.passkey.com/go/SCFEU9>. Please choose discounted Forum Tower king/queen rooms.

If you prefer to phone in your reservations, call 866-227-5944 and give group name FEUNRMF 2019 Convention and Reunion or code group SCFEU9. Be aware that a processing fee per reservation will be incurred if you choose not to use the dedicated web link. Please request for the discounted Forum Tower king/queen room.

Discounted block cutoff date is 06/24/19. After this time, the group rate will be offered based on hotel availability only.

Room Rates (does not include taxes & resort fees)

\$119.00 Weekday (Sunday-Thursday)

\$160.00 (Weekend Friday and Saturday)



CLICK ON EMAIL BELOW FOR QUESTIONS:

Chairman Licerio "Jun" Castro: lvcastro2011@att.net

President and Overall Convention Chair Dr. Rick Deleon: rickfdeleon@yahoo.com

Overall Convention Chair Dr. Fabito: danielfab@cox.net

Convention Co-Chair Dr. Philip Chua: scalpelpen@gmail.com

Convention Co-Chair Dr. Cesar Candari: drcdcmd@cox.net

Convention Co-Chair Dr Divina Gracia Obena: nobena@aol.com

Executive Director: pfloresciojr@gmail.com

DR. NICANOR REYES SCHOOL of MEDICINE ALUMNI FOUNDATION is a non-for-profit organization of 2700+ alumni physicians throughout the United States. Established 39 years ago, FEUDNRSMA Alumni Foundation missions are focused on educational, charitable, humanitarian, community and civic services here in this country, in the Philippines, and at the FEU-Nicanor Reyes Medical Foundation Institute of Medicine (West Fairview, Quezon City).

ANNUAL REUNION: The first Alumni Foundation reunion was held at Marriott Lincolnshire (IL) during the 1978 APPA Convention alumni night. The event was so successful that our alumni decided to meet every summer time to renew friendship, reminisce about the past and honor outstanding classmates. The New Jersey Chapter hosted the 1979 reunion at the Playboy Great Gorge Hotel. In 1980, the first annual reunion with a scientific seminar was held in Orlando. In the succeeding years, the affair was held in Anaheim 1981, Boston 1982, Grand Island in Niagara Falls (NY) 1983, Indian Lake Resort in Chicago 1984, Orlando 1985, Virginia Beach 1986, Toronto 1987, Long Beach 1988, St. Louis 1989, Washington DC 1990, Atlantic City 1991, San Francisco 1992, Chicago 1993, New Orleans 1994, Las Vegas 1995, Minneapolis 1996, Dallas 1997, Anaheim 1998, Atlantic City 1999, Chicago 2000, Las Vegas 2001, San Francisco 2002, Norfolk 2003, Troy MI 2004, Las Vegas 2005, Houston 2006, Chicago 2007, Orange County 2008, New York City 2009, Troy 2010, Las Vegas 2011, Los Angeles 2012, Chicago 2013, Las Vegas 2014 and 2015, San Francisco 2016, Long Beach 2017, Las Vegas 2018-2019. The reunion has served as a venue to see our classmates, to present talents other than our medical expertise during the dinner nights and to plan activities for the January Balik FEU in West Fairview.

SCIENTIFIC CONVENTION: Two comprehensive, accredited half-day programs that cover a broad spectrum of updates and current trends in medicine, designed not only for the primary practitioners but also for the specialists. The objectives of the scientific convention are to offer a review and update on common medical and gynecological problems, focusing on Endocrinology, Neurology, Immunotherapy, Oncology, Pediatrics to Adult Medicine and miscellaneous topics of current interest. This continuing medical education (CME) activity has been planned and implemented in accordance with the ACCME Accreditation Criteria, Policies and Standards for Commercial Support. The Philippine Medical Association in Chicago is ACCME accredited and has joint providership with FEUDNRSMAF to provide CME for physicians and PMAC takes responsibility for the content, quality, and scientific integrity of this activity. ***This is 10 AMA PRA Category I Credit TM but please claim only the credit hours that commensurate with the extent of your participation.*** Since, the CME meetings are held only in the morning, there is plenty of time for fellowship, camaraderie, and reminiscing for the rest of the day.

HONOREES: The honorees of the reunion in 2019 will be led by the members of the **Class59 Diamond Jubilarians, Class64 Emerald Jubilarians, Class69 Golden Jubilarians and Class94 Silver Jubilarians** and will be recognized during the Grand Reunion Saturday dinner dance. The other honorees, namely: **Class74 Sapphire Jubilarians, Class79 Ruby Jubilarians, Class84 Coral Jubilarians, Class89 Pearl Jubilarians, Class99 (20th anniversary), Class2004 (15th anniversary), and Class2009 (10th anniversary)** will be recognized during the Alumni Filipiniana Night dinner dance. Members of these Classes are enjoined to attend in full force. If members of these Classes, or any Class, wish to have separate functions or to get together during the reunion, the Alumni Foundation will help with any arrangements. The more classmates you have, the merrier; however, the quality of your enjoyment does not depend only on your *old* friends and classmates. The enthusiasm and spirit of the attendees are generally infectious. The occasion, the place, and the company tend to your having a great time.

EXHIBITS: We have allowed pharmaceutical companies and specialty boutiques to have a display in the provided area separate from the CME venue. To encourage artistic talents of our alumni, friends and families, there will be a museum/art exposition of their works. (eg, photography, water colors, oil paintings, etc), along with submitted abstracts for poster exhibit presentation.

GENERAL SCHEDULE of EVENTS

Wednesday, July 24, 2019

1:00 pm - 5:00 pm Registration

Daniel C Fabito MD64, Overall Convention Chairperson
Philip Chua MD61, Convention Co-Chairperson
Cesar Candari MD61, Convention Co-Chairperson
Divinagracia Obena MD85, Convention Co-Chairperson
Melinda Fabito MD65, President Las Vegas Chapter
Rick de Leon MD64, FEUDNRSMAF President
Licerio V. Castro Jr MD73, FEUDNRSMAF Chairman of the Board

Thursday, July 25, 2019

7:00 am - 7:30 am Registration, continental breakfast (for paid CME registrants only)
7:30 am - 1:00 pm Scientific sessions
8:00 am - 4:00 pm Arts, posters, exhibits and product displays
8:40 am - 9:40 am **13th Annual Jesus B Nolasco MD Memorial Lecture**
11:45 am - 12:45 pm **5th Annual Ricardo L Alfonso MD Memorial Lecture**
1:05 pm - 5:00 pm Shows and tours, or free time for everyone
6:00 pm - 1:00 am Welcome Reception (WR)

Alumni Filipiniana Night Honoring Class74, Class79, Class84, Class89, Class99, Class2004, and Class2009

Friday, July 26, 2019

7:00 am - 7:30 am Registration, continental breakfast (for paid CME registrants only)
7:30 am - 12:45 pm Scientific sessions
8:00 am - 4:00 pm Arts, posters, exhibits and product displays
11:10 am - 12:10 pm **23rd Annual Dr Nicanor Reyes Memorial Lecture**
1:00 pm - 2:00 pm **Annual General Membership Luncheon Meeting (L)**
2:30 pm - 6:00 pm **Annual Summer Board of Trustees meeting**
2:00 pm - 3:00 pm **Class69 and Class94 Jubilarians' Business meetings**
2:00 pm - 3:00 pm Other Classes Luncheon Business meeting

Saturday, July 27, 2019

8:00 am - 5:00 PM Class Meetings and Free time for Jubilarians
5:00 pm - 6:00 pm Photo sessions: Silver Jubilarians and other Classes
6:00 pm - 1:00 am **40th Annual Grand Reunion Dinner Dance Honoring Class59, Class64, Class69 and Class94**

Sunday, July 28, 2019

7:30 am - 9:00 am FEUDNRSMA Alumni Foundation Executive Committee meeting
9:30 am - 10:30 am Mass TBD

CLINICAL PRACTICE ADVANCES 2019
Scientific Convention Schedule (CONTINUING MEDICAL EDUCATION SCHEDULE)
Thursday July 25, 2019 - Friday July 26, 2019

Thursday, July 25, 2019

7:00 am - 7:30 am Registration, continental breakfast, exhibits
(Breakfast for paid CME attendees only)
 7:30 am - 7:40 am Welcome addresses

Daniel C Fabito MD64 40th Annual Reunion and Overall Convention
Chairperson
Rick de Leon MD64 FEUDNRSMAF President
Licerio V Castro Jr MD73 FEUDNRSMAF Chairman of the Board
Nida Blankas-Hernaez MD84 PMAC CME Chairman

Rebecca Salvani MD69, Moderator

7:40 am - 8:10 am **Disaster Medicine**
Romeo Perez MD69
 FACOG Retired US Military Medical Corp
 8:10 am - 8:40 am **The ABC of Diabetes Mellitus**
Oscar T. Ortis, MD, FACE
 Chief, Section of Endocrinology
 Dept. of Medicine Com. Medical
 Center Toms River, NJ
 8:40 am - 8:45 am **Introduction of the 13th Annual Jesus B**
Nolasco MD Memorial Lecture
Edmundo Relucio MD64 FICS
and Daniel C Fabito MD64
 Chair and Co-Chairmen, Jesus B Nolasco MD
 Memorial Lecture Committee
 8:45 am - 9:40 am **12th Annual Jesus B Nolasco**
MD Memorial Lecture
Rosalina Liongson-Abboud MD64
 Senior Consultant & Faculty, Dept. of
 Obstetrics and Gynecology
 Mayo Clinic
 Minneapolis, MN
 9:40 am -10:00 am **Panel Questions and Answers**
 10:00 am -10:15 am **Break, product exhibits**

Grace Obena MD85, Moderator

10:15 am-10:45 am **Immunotherapy: The Break through to Cure**
Cancer
Engracio P Cortes MD64 , FACP
 Clinical Associate Professor
 Weill Medical College of Cornell Univ.
 New York City
 10:45 am-11:15 am **Colorectal CA**
Candido Africa III MD84, CPM
 Clinical & Data Manager, NJ Cancer Education
 & Early Detection
 Trenton, NJ
 11:15 am-11:45 am **Obesity Epidemic: Weighing our options**
Arrel Olano MD94, MBA FACP
 Assist. Professor of Medicine, Georgetown Univ
 School of Medicine
 Washington, DC.
 11:45 am-11:50 am Introduction of the 5th Annual Ricardo L Alfonso
 MD Memorial Lecture
Philip S Chua MD61, FACS, FPCS, Chairman
 Emeritus, Cardiac Surgery
 Chairman, Ricardo L Alfonso MD Memorial Lecture
 Committee
 11:50am -12:45 pm **5th Annual Ricardo L Alfonso MD Memorial**
Lecture
OMG...You are having a Stroke! Management
of Cerebrovascular Disease
Daniel C Fabito MD64, FACS, FPCS
 General &Vascular Surgeon, CMO, Twin Lakes
 Community Clinic
 Las Vegas, Nevada
 12:45pm - 1:15 pm **Panel Questions and Answers**

Friday, July 26, 2019

7:00 am -7:30 am Registration, continental breakfast exhibits
(Breakfast for paid CME attendees only)

Leilani Mon MD72, Moderator

7:30 am - 8:05 am **Assessment of Pelvic Pain**
Ligaya V Marasigan, MD74, FACOG
 Assistant Professor, OB-Gyn
 Rosalind Franklin Univ. of Medicine & Science,
 Chicago. IL
 8:05 am - 8:40 am **Urinary Bladder Cancer Pathology:**
An Update for General Practitioners
Gladell P. Paner, MD96
 Associate Professor of Pathology & Urology,
 University of Chicago Medical Center, IL
 8:40 am - 9:15 am **Exosomes and Regenerative Medicine**
Crispino Santos, MD79 DABIPP, FIPP
 Interventional Pain Medicine, Regenerative Cell
 Institute
 Las Vegas, Nevada
 9:15 am -9:45 am **Panel Questions and Answers**
 9:45am -10:00 am **Break, product, poster and alumni arts**
 exhibits

Noemi Fogata MD69, Moderator

10:00am-10:35 am **Supporting Transition from Pediatrics to**
Adult-centered Health Care
Kristin Castillo Farias, MD, MA, FAAP
 Associate Program Director, Univ. of Florida,
 Orlando Health Pediatrics Residency
 10:35am -11:10 am **Bipedalism and Back Pain: Evolutionary Per-**
spectives on Lumbar Spinal Pathology
Eric R Castillo, Ph.D.
 Human Evolutionary Biology, Harvard University
 11:10 am-11:15 am **Introduction of the 23rd Annual Dr Nicanor**
Reyes Jr Memorial Lecture
Renato G Ramos, MD63
 Chairman, Dr Nicanor Reyes JR Memorial
 Lecture Committee
 11:15 am -12:10 am **23rd Annual Dr Nicanor Reyes Jr Memorial**
Lecture
State of Medical Education in FEUNRMF and
the Philippines
Rey de los Reyes MD, Dean, FEU NRMF
 School of Medicine
 12: 10 am -12:40 pm **Panel Questions and Answers**
 12:40 pm - 1:00 pm **Break, product, product exhibits**
 1:00 pm - 2:00 pm Annual General Membership Luncheon
 Business Meeting
 2:30 pm - 6:00 pm Annual Board of Trustees Meeting



REGISTRATION FORM

Please complete and mail (do not send by certified mail with return card, it will not be picked up from the post office), along with payment to:

Pedro Florescio, Jr., M.D., 337 Elmhurst Place, Fullerton, CA 92835

Please make checks payable to **FEUDNRSMAF**. **If paying by credit card, submit completed credit card authorization form.**

Please send your registration for events on or before April 30, 2019 in order to obtain discounted fees

For HOTEL RESERVATION: **Discounted block rate cutoff date is 06/24/19**. To reserve room with no processing fee use this dedicated FEUDNRSMAF web link: <https://book.passkey.com/go/SCFEU9>. Please choose discounted Forum Tower king/queen rooms.

Registration form must be received by mail on or before July 10, 2019

Onsite registration is ONLY for CME, General Membership, and Grand Ball Night on the following dates: Wednesday July 24, 2019 2PM-4PM and Thursday July 25, 2019 9AM to noon.

PRINT WHOLE PAGE AND COMPLETE FORM. PLEASE WRITE LEGIBLY.

Name _____ Spouse/Guests: _____

Class Year _____

Address: _____

City _____ State _____ Zip Code _____

Telephone _____ Email _____

COMMENTS: _____

Event	Type	Fee is per person	# of Persons	Subtotal (# of Persons x Fee)
Annual Membership. Fee is required to attend ALL events.	Regular Alumnus Member	\$70		
	Lifetime Member (on official list)	\$0		
CME	Active	\$170		
	Speaker	Exempt		
	Resident (Letter from school required for exemption)	Exempt		
	Retired	\$120		
Welcome Reception/Filipiniana Night	Early (Jan. – April 30, 2019)	\$190		
	Second Tier (May 1 – May 31, 2019)	\$210		
	Third Tier (June 1 – June 30, 2019)	\$230		
	Late (July 1- July 10, 2019)	\$250		
	Onsite (July 24 – July 25, 2019)	\$270		
General Membership Luncheon	Active	\$50		
	Current Board of Trustee Member	Exempt		
Grand Reunion Night	Early (Jan. – April 30, 2019)	\$190		
	Second Tier (May 1 – May 31, 2019)	\$210		
	Third Tier (June 1 – June 30, 2019)	\$230		
	Late (July 1- July 10, 2019)	\$250		
	Onsite (July 24 – July 25, 2019)	\$270		
GRAND TOTAL:				\$

Official receipt is your cancelled check. Refunds are available upon request thirty (30) days before the event, minus \$100 for processing fee. For further inquiries, please email (CLICK link): pfloresciojr@gmail.com

Note: Late registrants may be served a different meal due to strict hotel policy on banquet events.

CREDIT CARD AUTHORIZATION FORM

PLEASE PRINT LEGIBLY. DO NOT E-MAIL THIS FORM FOR YOUR SECURITY.

Mail completed credit card authorization form **and** registration form to: Pete Floresco MD,
Executive Director, FEUDNRSMAF, 337 Elmhurst Place, Fullerton, CA 93835.

Name/s of Attendees:

Method of Payment : MasterCard VISA American Express Discover

Name on Credit Card _____

Credit Card Billing Address: _____

Credit Card Number: _____ CCV : _____ Expiration Date: ____/____
Month Year

Phone Number : _____ Email: _____

I hereby authorize FEUDNRSMAF to charge the above credit card for a one
time charge of \$ _____, AND additional 3.75%, plus 0.15 cents service
fee.

Printed Name: _____

Authorized Signature: _____ Date: _____

If paying by credit card, please note transaction fees.

Please **DO NOT** send your registration via certified mail with return card. Any certified mail sent will **NOT** be
retrieved from the post office.

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Members:

Chairman of the Board: Licerio Castro Jr MD
Executive Vice President: Vacant
Treasurer: Amethyst C Cureg MD
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Ex Officio Members: Licerio Castro Jr MD, Recto Deleon MD

Website Manager: Philip Chua MD

Facebook Editor: Macario Corpus MD

Finance Committee:

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Members: Licerio Castro MD, Amethyst C Cureg MD, Rosemary Aquiler-Angeles MD

Investment Coordinator & Endowment:

Renato Ramos MD

Convention Committee: Las Vegas Host 2019

Overall Chairman: Rick Deleon MD

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Co-Chair : Dr. Cesar Candari

Co-Convener: Grace Averilla Obena MD

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Co-Chair: Grace Averilla Obena MD

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Annual Memorial Lectures Committee Chairs:

Ricardo Alfonso: Philip Chua MD

JB Nolasco: Daniel Fabito MD, Edmundo Relucio MD

Dr. Nicanor Reyes Jr: Renato Ramos, MD

Fundraising Committee:

Co-Chairs: Daisy Ramos MD, Grace Rabadam MD

Postgraduate Medical Education Committee:

Chairman: Daniel Fabito, MD

Co-Chair: Edmundo Relucio MD

Constitution and By-laws Committee:

Chair: Daniel Fabito, MD

Members: Noli Guinigundo MD, Cesar Candari MD, Delfin Dano MD

Scholarship and Student Achievement Award Committee:

Chairman: Hernani Tansuche MD

Member: Robert Arias MD

Nomination and Election Committee:

Chairman: Delfin Dano MD

Awards Committee:

Co-Chairs: Daisy Ramos MD, Manny Malicay MD

Members: Grace Rabadam, MD, Nida Blankas-Hernaez MD

Membership Committee:

Co-Chairs: Macario Corpus MD, Renato Estrella MD

LIAISON OFFICER:

Chairman: Daniel Fabito MD

SAVE THE DATE!!!

**FEUNRMF INSTITUTE OF MEDICINE
44th ANNUAL ALUMNI HOMECOMING 2020 (BALIK FEU)**



Hosted by Feunrmf Medical Alumni Society Inc.
Jan 15, 2020 - Golf Tournament
Jan 16 - 17, 2020 - 42nd Laura Panganiban Lecture and Scientific Convention
Jan 18, 2020 - Grand Ball
Grand Alumni, Emerald, Golden, Silver Jubilarians' Night
Shangri-La Hotel Bonifacio Global City
Additional details to follow*

EDITORIAL: Hernani Tansuche MD, Class 1968

QUO VADIS?

Our Alumni Foundation will celebrate its 40th Annual Reunion and Scientific Convention this July 24-28 at Caesars Palace in Las Vegas.

There has been a steady decline of attendees these past years. Reasons are multi-factorial: fewer foreign medical graduates are accepted in US based residency programs, increase in the number of retired members, reluctance especially among the millennials to attend the reunions. One reason given for the latter is that they are busy with a growing practice and cannot afford time off to attend a reunion. Another reason especially in academia is the date of our reunion coincide with the start of the teaching program and selection of vacation dates are done one year in advance. The retort for the former reason is that senior members were in a similar situation during their time and yet managed to attend.

What are therefore are the underlying core issues to account for the declining attendance?

Lack of interest perhaps of some alumni members in the affairs and activities of the organization? If so, how can the current and future leadership then motivate this segment of graduates to participate and be interested to join our Foundation. As one alumna once stated: the success that each one of us has achieved in our professional careers we owe in part to our education at our Alma Mater. How then can we stimulate interest of our general membership in the affairs of the Foundation?

In a cursory survey of US based FEU graduates one of the reasons given is that some are not practicing medicine in the States and therefore hesitant to “mingle” with those practicing members. Our response to that is the reunions are to celebrate all of the jubilarians as graduates of FEU irrespective of their career choices.

Current leadership is recruiting and exhorting the younger graduates to join the board of Trustees with the hope that they will provide their own insights and ideas for the good of the Foundation. Presently half of the BOT are inactive in terms of attendance and participation. Perhaps it is time to trim the number of trustees to a workable core group willing to participate and volunteer their time to the Foundation.

The state of our Foundation and the annual reunion is heading to a period of uncertainty. We hope and anticipate that leadership can turn things around and provide a brighter outlook for the future. There is still time to register for our forthcoming July reunion.

In Remembrance



You shop. Amazon donates.
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*Anytime is a great time
to increase your AmazonSmile donations.*

*Turn your shopping into a force for good.
CLICK THE LINK smile.amazon.com/ch/23-7171686 , SHOP and Amazon donates to*

*Far Eastern Univ Dr Nicanor Reyes School
of Medicine Alumni Fndation.*

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ACCOUNT**

ABOUT ECTOPIC MURMURS:

Ectopic Murmurs (*EM*) is the official publication of the FEUDNRSMAF-USA. It was founded by the late Dr. Jesus Nolasco to build our identity as a Foundation and to disseminate relevant information pertaining to our Foundation activities. Subsequently, Ectopic Murmurs (*EM*) was managed by the late Dr. Cesar V Reyes until his death in December 2017. Drs Hernani Tansuche and Amethyst C Cureg acted as Interim Editors to fill the void. In August 2018, the current leadership reappointed Drs. Hernani Tansuche and Amethyst Cureg as editors of the Ectopic Murmurs for a 2-year term. Drs. Licerio “Jun” Castro and Rick Deleon are ex officio members of *EM*.

Ectopic Murmurs (*EM*) will be published in a web-format triannually (February/March, April/June and September/October). Supplemental issues will be released during the months preceding the July Annual Reunion and Scientific Convention to assure that alumni receive updated information for the event. Additionally, exceptions will be made for special announcements or breaking news that warrant an abridged special edition. *EM* encourages the submission of original articles for inclusion in *EM* that bear direct relevance to the FEUDNRSMAF-USA mission, goals and activities, including related material concerning FEU-NRMF Institute of Medicine and Medical Center. Articles must be submitted in Word format. *EM* seeks author/contributor diversity; alumni that have not previously published in *EM* are strongly encouraged to submit articles and will be given priority. We ask authors to delay any submissions of an article, if the article was published in the past 12 months. The Editors reserve the right to accept or reject any submitted articles and to edit for brevity, clarity and conformance. Although the *EM* staff reserves the right to edit, the author/s will be held responsible for the content. Medical articles will be peer reviewed; statements must be validated for copy-editing purposes.

The **Clinicians Corner** section is intended for our alumni members in practice. We invite FEUDNRSMAF alumni members from academia and experts in their field of practice to submit medical articles that are contemporary/current, relevant to our membership, adhere to community standards of practice/care, accurately or thoroughly referenced/attributed, and permission/s granted when applicable prior to submission of article. The **National Health Observances (NHOs) Month** is to raise our alumni members’ awareness about important medical/health topics. For example, “Obesity Awareness Month”, etc. Toolkits and additional information are available at (click):<https://healthfinder.gov/NHO/default.aspx>. Likewise, articles must be accurately or thoroughly referenced/attributed; applicable permissions are granted prior to submission of articles.

If any, **Alumni in the News** will feature fellow alumni that have distinguished themselves. Please let us know if you or someone you know has/have been acknowledged by a professional organization, community organization, professional peers, etc. The **Meet Your** section profiles an alumnus including officers and Board of Trustees . Comments and or suggestions welcomed. Please contact us!



Hernani S. Tansuche, MD⁶⁸
Click:hermani.tansuche@gmail.com



Amethyst Cureg, MD⁷³
Click: amethystcureg@gmail.com

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DR. NICANOR REYES SCHOOL OF MEDICINE
ALUMNI FOUNDATION

• Honor • Excellence • Compassion • Responsibility

UNITY + FELLOWSHIP + ADVOCACY + PHILANTHROPY

OUR MISSION AND GOALS

Through unity, fellowship, advocacy and philanthropy, we will promote the Far Eastern University Nicanor Reyes Medical Foundation Institute Medicine’s vision as a world-class academic and training institution that provide excellent and compassionate health care services.

GOALS:

1. Foster alumni fellowship.
2. Engage alumni to actively participate in all aspects of FEU-DNRSMAF Alumni Foundation activities.
3. Deliver responsible stewardship of our human and financial capital.

Please update your information. Thank you!

Name

Address

Office Phone

Mobile

Email

Class Year

COMMENTS:

Mail to: *Hernani Tansuche MD*
117 W Medrum Cir
St. Clair, WI 48079



We NEED YOU!

CONTRIBUTE YOUR
TIME,
TALENT,
TREASURE