We have a new Dean

Succeeding Linda D Tamesis MD⁶⁵ MHA who served from May 20, 1913 to July 31, 2017, there is a new dean of the Far Eastern University Nicanor Reyes Medical Foundation Institute of Medicine in Rey H De Los Reyes MD FPOGS, effective August 1, 2017.

Dr de Los Reyes belongs to FEU-NRMF IM Class⁷⁶ and practices obstetrics and gynecology, and subspecializes in gynecologic oncology. Affiliated as associate professor, he is an active consultant at FEU-NRMF Medical Center, along with RMC Medical Center, St Luke’s Medical Center, MCGH, and Jose R Reyes Memorial Medical Center.

Dr de Los Reyes is the current president of Philippine Society for Cervical Pathology and Colposcopy and the Philippine Obstetrics and Gynecology Society Foundation Inc, and former...

2018 Ballk-FEU 45th Alumni Homecoming January 17-20, 2018

HONOREES

Class⁶⁷ (Diamond Jubilee)
Class⁶² (Emerald Jubilee)
Class⁶⁸ (Golden Jubilee)
Class⁹² (Silver Jubilee)
Class⁷² (Sapphire Jubilee)
Class⁷⁷ (Ruby Jubilee)
Class⁸² (Coral Jubilee)
Class⁹⁷ (Pearl Jubilee)
Class⁹⁷ (20th Anniversary)
Class²⁰⁰² (15th Anniversary)
Class²⁰⁰⁷ (10th Anniversary)

The Grand Alumni Night on Saturday, January 20, 2018 at NOVOTEL HOTEL, Araneta Avenue, Cubao, Quezon City.
For those interested room reservation now being accepted with a special rate; please email bh7090-shb2@accor.com
Sales manager Ms Paula Makabenta

PRESIDENT’S Message

The 38th annual reunion and scientific convention just concluded and it is time to plan our next event for 2018. The recent gathering was attended by many and most alumni had vowed to attend next year’s reunion and convention in Las Vegas. Those responses were very hopeful, encouraging and promising considering the immense clamor for a repeat scenario, especially during the Filipiniana Night.

The bedazzled costumes and glittering atmosphere filled the entire ballroom with so much pizzazz that the celebration went on until we dropped. The grand reunion night was very enjoyable and colorful as well with each group of jubilarians presenting their best.

Members of Class⁷⁷ surprised us with a rendition of a poem and a very touching message for which we applauded them with great admiration.

Class⁶², the emerald jubilarians led by our board chairman, Noli Guingunido MD, danced the night away to the tune of Born to be Alive. This was followed briefly by Staying Alive by the Bee Gees, then back again to the Born Alive before they finally quit and had enough fun for the night.

Class⁶⁷ had an outstanding presentation of lively music and dances led by Pepito Rivera MD and Abe Perez MD. They also had a good number of participants, around 50 or more. No awarding of golden medallions was done as most of the jubilarians forgot their medallions at home although they have been awarded in January by the FEU-NRMF Institute of Medicine at Novotel in Quezon City.

There were no complaints according to Dr Rivera as some people had alleged.

Class⁹² did not have a presentation, although remarks have been made that they would have participated later on in the evening as some have skipped the dinner as it could have been exorbitant to some of them. We will try to accommo-

From your CHAIRMAN

Another reunion and scientific convention had transpired in Long Beach Hyatt. This was our 38th annual gathering.
Main celebrants were Class⁵⁷ (Emerald Jubilee), Class⁶⁹ (Golden Jubilee), and Class⁹² (Silver Jubilee).

Class⁶² (55-year Jubilee) was attended by 18 alumni and their spouses. They gave a dance performance Born to be Alive by Patrick Hernandez and it was so lively folks were dancing also. This was followed briefly by Staying Alive by the Bee Gees, then back again to the Born Alive before they finally quit and had enough fun for the night.

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THE 2018 REUNION

CESAR D CANDARI MD

After the stupendous success of the 38th annual reunion and scientific convention of the Far Eastern University University Dr Nicanor Reyes Jr School of Medicine Alumni Foundation (FEUDNRSMAF) in Long Beach last month, we look forward to another momentous affair in July 2018.

To Noli Guinigundo MD and Licerio V Castro Jr MD, board chairman and president of the Board, respectively, you have exemplified strong leadership in the recent celebration. You cherished your achievements, gather insights from your experiences and confirm your appreciation and gratitude to all those who have contributed to what you have attained and realized for yourselves and for others. You are indefatigable leaders. Your actions inspired all of us to dream more, learn more, do more and become more.

We express our sincerest congratulations to the officers of the FEUDNRSMAF and to the FEUDNRSMAF Southern California Chapter for the marvelous and fabulously impressive affair to remember. All of you who worked tirelessly deserve much kudos.

All alumni in attendance and honoree

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FAITH CORNER

REV MELVIN ANTONIO MD

How many of you have heard of the butterfly effect? The term was coined by Edward Lorenz and it proposes that the flapping of the wings of a butterfly in a distant place at the right time and space can cause a ripple effect of atmospheric changes that gradually progress into a major storm elsewhere in the world.

A butterfly flapping its wings in Brazil can cause a tornado in Texas. It was used for weather prediction but later became a metaphor to describe actual human events.

Insignificant acts by specific people have been cited to change the future of the whole world. Henry Tandey, a British soldier fighting in France during WW I, captured an injured German soldier on the battlefield, but for unexplained reasons let the soldier go. The name of that soldier was Adolph Hitler. For that seemingly harmless act, a second world war much more destructive than the first was in the making. On a positive note, I like to tell the story of Albert McMakin whose claim to fame was to offer a disinterested 16-year-old the chance to drive his truck if the young man would attend a revival meeting. That young man was so captivated by what he heard that he came back for more. That young man’s name was Billy Graham, the evangelist who...
Global Physicians Network Foundation’s support free community programs and as impactful also be involved in pioneer investigator and humanitarian recognized City.

October 8

Global Physicians Network Foundation’s ALUMNUS YOU SHOULD KNOW nnual

Dr Cortes will benefit more recently, Dr Cortes has been d as consulta, meeting and , 2017, according to Castle cancer specialists in the nation Center Special, is one of top cancer specialists in the nation in 2017, according to Castle Connolly magazine. Dr Cortes is board certified in medical oncology and internal medicine. He is expertise in breast, lung, gastrointestinal and genitourinary malignancies. GIT and GUT malignancies

More recently, Dr Cortes has been invited as consultant/ lecturer by the Global Physicians Network Foundation’s annual meeting and benefit scheduled on October 8, 2017, in the New York City. Also as the chief guest, he is recognized as master clinician, educator, pioneer investigator and humanitarian.

During the assembly, Dr Cortes will also be involved in special skills development session, which is considered as impactful to everyone participating. This event also serves as the foundation’s annual benefit with the proceeds to support free community programs and Global Physicians Network Foundation’s mission.

On behalf of the Filipino United Network - USA, I wish to challenge and share with you the soul-warming opportunity for all of us to open our heart to the millions of our neglected fellow Filipinos languishing in the gutter of poverty in the Philippines. We, who have been more blessed, can have the inspiration and inner satisfaction of supporting the grand fund-raising led by my energetic vice-president Sarie Laserna MD and SPSA President Bing Quiros, MD for the humanitarian projects of the Society of Philippine Surgeons of America and FUN’s subsidiary, the Filipino American Initiative to Transform our Homeland (FAITH) and its HopeBurst drug rehabilitation program in the Philippines, headed by FAITH president Boy Abay MD, and the Hospital on Wheels (HOW) of Jim Sanchez MD in Manila.

The tax-deductibility of your donation is only a bonus. Your gift of health and of life to the poorest of the poor in our motherland is the more sacred and more blessed aspect of your charitable act.

Your compassion and generosity will make this world a better place. For that, you deserve humanity’s thanks and admiration.

Phil S. Chua
The 38th annual reunion of the Far Eastern University Dr Nicanor Reyes School of Medicine Alumni Foundation that was held at the Hyatt Regency Hotel in Long Beach CA was another milestone for the jubilarian graduates. That Saturday Night on July 22, 2017, Class 62 was represented by nine alumni.

Majestic Emerald honorees for that special occasion, who each received the beautiful medallion designed by our energetic classmate, Daisy Pelayo-Ramos MD, at the annual Grand Reunion dinner dance. They were: Corazon Bautista-Santos MD of New York; Alejandro C Enrique MD, Maryland; Leticia R Gonzalez MD, New Jersey; Noli C Guinigundo MD, FEUDNRSMAF chairman of the board and Louisiana; Edmundo Manzano MD, Indiana; Consuelo Ramirez-Aninias MD, New York; D Pelayo-Ramos MD, FEUDNRSMAF board trustee and Michigan; Delfin Simbra MD, West Virginia, and yours truly Isidro C Almeda, MD, Lakes Michigan.

Orlando S Cabula MD from California, who has been with us earlier, was not able to attend the Grand Ball because of family affair reason.

On that enchanted evening, we were so proud, to walk one at a time across the dance floor when they call our names to be recognized. Then the next program of the night was followed by our unrehearsed over 10 minutes dance performance to the music of Staying Alive.

Dr Gonzalez and Dr Guinigundo were the main dancers indeed. How graceful they were dancing to the music, while the rest of us were around them swinging and clapping our hands with the music.

We enjoyed the rest of the program for that night.

We exchanged stories of our time and jokes and it seems that our past history with our classmates were endless for that good evening.

One thing I also would not forget what Dr Simbra told me. He said if St Peter will deny me entrance to heaven, to go to Almost Heaven West Virginia, he was quoting John Denver.

We thanks and congratulate Dr Ramos for job well done uniting us together, and to our beloved classmate with our moral supports to Dr Guinigundo for preparing a short dance performance of the Class 62 Emerald Jubilees.

A happy adieu to all of the alumni hoping to see you again.

AN OPEN LETTER

I sincerely express my thanks for considering me for the scholarship and awarding me the same.

The financial assistance the FEUDRNSM Alumni Foundation provided was of great help to me and my family in paying my educational and dormitory expenses, and it allowed me to concentrate more of my time for studying.

The Alumni Foundation has also inspired me to help others and give back to the community. I hope one day I will be able to help students achieve their goals just as you have helped me.

Thank you again for your generosity and support. It would be a pleasure for me if I could be of any help to the Foundation’s success.

ALYSSA CAMILLE C ABLAZA MD
FEU-NRMF Alumni Scholar 2013-2017
Magna Cum Laude
AN OPEN LETTER

Thanks to generous educational scholarships like yours that I was given the opportunity to attend at one of the premiere medical schools in our country. This scholarship grant gave me the opportunity to acquire knowledge and skills that help me on my future endeavors as a Filipino doctor following graduation.

Once again, thank you for the vote of confidence and the medical school scholarship. I am committed to my education and to the health care field, and one step closer to becoming a licensed physician, thanks to your continued generosity and the FEUDNRSRM Alumni Foundation Scholarship.

RAFAEL PAOLO C SALIMO MD

AN OPEN LETTER

Thank you very much for honoring our FEUDNRSRM Alumni Foundation and its members by delivering the Third Dean Ricardo L Alfonso MD Memorial Lecture during our 38th reunion convention at the Hyatt Long Beach on July 21, 2017.

I did not realize you had that many admirers amongst our alumni.

And thank you also for donating the $2000 honorarium back to our Alumni Foundation. I requested and it was approved by the alumni Board, that a Two Hernan M Reyes MD Student Achievement Awards in Surgery have been established in appreciation of your time, effort, and donation. This award is given to medical students (who excel in academics, in surgery) at the FEU-Nicanor Reyes Medical Foundation Institute of Medicine every January each year.

Only the interest is used for this award ($50 dollars and a certificate) annually, so these Awards will be in perpetuity.

Again, thank you and best wishes.

Our love to Lory.

See you in Vegas at the SPSA next month.

PHILIP S CHUA MD

It was indeed an honor for me to deliver the third Dean Ricardo L Alfonso MD Memorial Lecture. I simply could not refuse an invitation from a friend and colleague who I respect and admire.

Hopefully, the talk lived up to the tribute expected to perpetuate the memory of an Icon of Surgery and Surgical and Medical Education in our native land. Thank you and the membership too for establishing a student scholarship fund in my name. Much appreciated. See you in a few weeks in Las Vegas. With kind regards to you and Farida.

HERNAN M REYES MD FACS, FAAP, FPCS (Hon)
Once upon a time there was a tavern
Where we used to raise a glass or two
Remember how we laughed away the hours
And dreamed of all the great things we would do
A grand visit to the Long Beach water
Their Pilak Jubilee Class poster
Hollywood is not far enough
Dr Raymund Razonable (middle), the Most Outstanding Alumnus, is flanked by classmates.
The fabulous Class\textsuperscript{57} alumni of Drs Saturnino Agdinaoay (Ohio), Emilio Calica (Florida), Fortunato Alano Jr (Indiana), and Pete Nartatez (Pennsylvania).

Mrs and Dr Teonilo Tejano


Class\textsuperscript{62} and Class\textsuperscript{62} alumni

Baptism brunch of Adeline Bonn shows Dr Ricahrd Mon, Richelle Bonn, Rich Bonn and Dr Leilanie Mon.
GOLDEN Jubilarians

Class 67 alumni treading their stairway to heaven

The ladies of Class 67

The handsome men of Class 67
GOLDEN Jubilarians

Class 64 alumni in a formal group picture

Class 62 and Class 63

Drs Daniel Fabito, Hernan M Reyes and Philip S Chua

Dr Nunilo G Rubio (middle) is shown Drs Licerio Castro Jr and Noli Guinigundo
The first Nunilo G Rubio MD Professorial Chair in endocrinology recipient is Cynthia Ho MD who is flanked by Dean Linda Tamesis MD, the donor, and Licerio Castro MD.

Carolina Sangaland-Cerezo MD, the 22nd Dr Nicanor Reyes annual memorial lecturer, is shown with, from left, Drs Licerio Castro, Renato Ramos and Noli Guinigundo.
Maria Cristina Jaavier MD⁹² is recognized as the most outstanding Silver Jubilee Alumnus, flanked by, from left, Drs Daniel Fabito, Noli Guinigundo, Licerio Castro, Daisy Ramos and Nida Hernaez.

Emmanuel Fajardo MD⁹²

Raymund Razonable MD⁹² (second from left) is the Most Outstanding Golden Jubilee Alumna for 2017.

Celerina Papa Malinit MD⁹⁷ is the Most Outstanding Golden Jubilee Alumna for 2017.

Nunilo Rubio Jr MD (middle) is shown with Dr and Mrs Roger Cave⁶⁵, Dr Elenita Rubio and Nunilo G Rubio MD⁶⁷.
Nothing should be mentioned about not buying tickets, etc, so we do not embarrass or insult them.

My heart went out to them... I felt so bad when I heard that.

To entice more alumni to join us, let us make them feel very welcome at our annual reunion and show that we, their elders and leaders, care for them and not only for their membership fee and other payments.

Anyway, overall, it was a grand event. I thank and congratulate Noli Guingundo MD, Licerio Castro Jr MD, Pete Florescio MD, their charming bosses, and all the fantabulous wonderful members of the local convention committee. Amazing and impressive job! I simply love the ballroom décor.

Let us strive to get better, better, and better each year.

It will be too late to discuss these issues in July 2018.

Noli and Jun, I suggest you lead the discussion about these by emails now...obtain input from everyone, and come up, design, and approve some rules, so we could institute and implement them for July 2018 Vegas reunion.

PHILIP'S CHUA MD FACS FPCS

**REUNION VLOG**

The current administration is composed of mature, intelligent, and honest leaders, under your chairmanship, who can take constructive comments.

Good leaders do not hide the truth, facts... They self-critique, and aim for excellence and the greater good for our Alumni Foundation and all alumni.

If we consider those only minor, small, unimportant mistakes, we are doomed to repeat them. **Those were significant.** We cannot keep our head under the sand...or lie to ourselves that they did not happen... And I myself is a part of this group and am **not** blameless. Had I known ahead of time that there were no medals for the Diamond, Emerald, Golden, and Silver, I would have spoken up and suggested an emergency option.

When we err or do less than what is good and proper, we must own it and do better next time. Honesty is still the best policy. Being politically correct makes matters worse.

If there was anything that was not true or factual in my original comments, I am willing to correct it and apologize for it.

In my email, I praised all the members of the local convention committee for a **fantabulous job...they did an amazing job!** It is the Board (of which I am a part) who came short.

Again, let us not wait for numbers from the celebrating classes; we might be disappointed. Let us just be ready with all the generic medals (Diamond, Emerald, Golden, Sapphire, Silver) It will be an investment which will pay great dividends.

PHILIP'S CHUA MD FACS FPCS
First and foremost, I would like to congratulate everyone for a successful reunion. Kudos to all of us, the local chapter and the national Alumni Foundation for the hard work, sacrifice and leadership.

As to my little experience as a co-convention chairman in Chicago, preparation and implementation of a convention indeed entails a lot of sacrifice and detailed effort from the start to the end. It must be well planned for at least 1½ years. Every detail must be scripted. Being involved in the preparation was a real commitment and dedication that I have to take off time from my patients, my calls and my family during that time. It was very successful, well attended and we made money. It was not easy. There were challenges and hurdles but with God; nothing was impossible. Everybody was working hard! It was near perfect! We had over 350 at the gala reunion night and we nearly run out of food and space!

As to this reunion, it was organized. I heard great things about the Welcome and Filipiniana nights. Everyone had an enjoyable time!

As to the continuing medical education (CME) seminar, we have great speakers and moderators (thanks for Cesar V Reyes MD!). We nailed the first and the last day but we have a challenging second day. One speaker was not in the schedule and that affected the flow of schedule. We tried to catch up but it was not possible.

But we can improved. How? The 30 minutes per speaker was not sufficient in general. We can make it 40 minutes inclusive of the introduction and keep the introduction shorter. The question answer time for 20 minutes should be added in the schedule before the break. Moderators can read the questions. The moderators and the introducers do not need introduction. They just need to go in front and say two to three sentences about themselves, then go on with the assigned work.

Speakers can be introduced for two minutes and the Memorial Lectures into five minutes and the speaker five minutes.

Thanks for Grace A Obena MD, she was there all the time during the CME. We have a room full of CME attendees. Only 70 registered. The breakfast room was just adjacent and noise can penetrate the CME room. As to the certificates for speakers, moderators and attendees, the plaques, the evaluation forms were printed locally; the template was prepared by Dr Reyes. I brought my own projector and laptop to use for the CME. Overall, it was a success!

What I learned from this experience is: it is not easy to be a CME coordinator, a technician, a moderator and a speaker at the same time. I was carrying a lot that I forgot to bring on the third day the certificates for moderators and speakers. Luckily, Oscar Tuazon MD printed another forms instead of me going home. It was also nice that the audiovisual room was just across the convention room.

As to the general assembly, it was a late start which is not good and we can improve with the CME timing. True, we are for transparency and honesty in reporting to the public but we need also accurate information.

The discussion between Grace Rabadam MD and Amethyst Cureg MD was not called for (sorry). I believed personally that it should had been in the confines of the board of trustees meeting. To prevent this, the board of trustees meeting should be scheduled before the general assembly meeting to present, discuss and approve the treasurer’s report before it is presented in the general assembly.

As to the board of trustees meeting, I think the old layout is better which is a rectangular layout meeting because we are more involved and concentrated. Now, that we will have only one meeting for 1 year, I suggest that we will have one day meeting on the day of the Welcome night.

Since there is only Gala reunion night now, we can probably have Thursday for the meeting, then Welcome night.

We can probably have two days for CME on Friday and Saturday, like what the USTMMAAA for 10 CME credits. Now, we can save money for the hotel accommodation, CME and dinner. These are just my ideas.

Hoping we can attract more attendees. Wow!
As to this Gala reunion night, the decorations, the music and the venue were amazing! Kudos to the local chapter under the leadership of Dr Rey. Dr Cureg was the instant emcee but did great. That night, I felt bad because I was late, I felt so tired after the CME, took a nap and woke up late. Also, I felt so bad because I did not even noticed that I said a wrong name for Raymund Razonable MD until Licerio Castro Jr MD mentioned. I have to apologize to him. He himself did not even noticed because he was excited for the Most Outstanding Award. I thought, he would give a speech but he did not. It was Kodak time and it followed with the presentation of the Most Outstanding Golden Awardee. I thought that it was scripted like that since the last time I attended was when I introduced Rick de Leon MD and he had a speech.

To prevent this in the future: We can add this in the program: presentation of the Most Outstanding Award. I assure you it will not be missed.

During my time, I prepared a program for the Welcome, Filipiniana, Gala night and even the Mass.

As to the medallions, I do not even know that this is a responsibility of the board of trustees. During my Silver Jubilarian time, we had the medallion and candle ceremony and also a power point presentation in New York. I prepared the power point, scripted and timed the whole presentation, including the candle ceremony, decorated our entrance and I even hand carried our silver medallions from the Philippines.

It was smooth and organized that it was indeed a highlight and a milestone. We prepared for a year! We helped those that cannot afford to stay in the hotel or cannot pay the dinner. There were 30 of us. I paid one hotel room for four occupants for three nights so as to accommodate those that cannot afford and others followed.

We also used our Class’ money to help them. Still, we were able to donate something for our school. To prevent this missing medallions, then I agree board of trustees will provide. We can have it done in the Philippines for less price or we can have it here; it is really inexpensive as compare to its significance.

As to the Jubilarians who cannot afford the dinner, they can come after dinner time (7:00 – 8:00 pm) at 8:30 pm and start presentations at that time. Then, dance for all at 9:30 pm. Everyone will be happy. Unless, we are crowded and we do not have a space, which may happen too.

Yes, I agree that we can always improve and learn from our experiences and mistakes. We are not perfect but we can be near perfect. In honesty, I salute all of you board of trustees for your resilience, generosity, and commitment. All of you, are great workers, volunteers and come together for our school. I love you guys.

God bless us all.

NIDA BLANKAS-HERNAEZ MD FAAP

REUNION VLOG

Let us pause for a moment and reflect on the best intentions, best solutions and priceless moments that have recently occurred.

First of all I would like to thank everyone for an enjoyable event and a lot of unforgettable moments to remember that brings joy to all, especially to our alumni who have not attended for so long.

The recent events was a product of love with huge disregard to sacrifices, countless challenges, and improbable outcomes. Needless to say that we have poured our hearts to accomplish mainly what we thought was right, what was beneficial to many and for the satisfaction and enjoyment of all.

Honesty, integrity, transparency, humility, accountability, respect, and dedication are the precious values we learned to bring and deliver. Please allow me to state the real truth based on facts.

In retrospect and according to my recollection.

As soon as the annual reunion was discussed, plans were set into motion last August 2016.

1 - Majority of our alumni do not put their Class years, telephone number or email address during registration thereby resulting to difficulty in identifying which Class they do belong.

This puts a heavy burden on us in identifying the right celebrants to honor which is rightfully so.

2 - Procrastination among our members. Oftentimes decisions to attend are made just a few days prior to our events.

3 - All attempts to contact the Jubilarians were employed by emails, through Class associates, through our Alma Mater in the Philippines, and other means of communication.

There was a display of lack of interest and disregard to communications by the parties involved which played a big role in the criticisms addressed to us.

We are not psychics to determine what kind of presentations they want to share, how much time is involved, how many are participating, etc.

This boils down to non-communication by the leaders or representative of certain Jubilarians especially to those who were present and were not able to attend.

Sometimes there are statements uttered by certain alumni, which are contrary to our mission and goals and do not represent our main objectives.

This is just an example of the exhaustive measures that we undertook and fell into deaf ears.

There was no mistake, only disinterest and disregard to appeals made to the leaders of concern.

5 - I have been assured that the medallions would be on hand for distribution during our celebration (no
names please); unfortunately it did not happen. When somebody promise me something, I take it with great pride for that person to honor his/her word.  
6 - Inspite of anticipated losses we do not focus on profits and incomes per se and act cheaply and inappropriately. We do consider strongly the status and present situations of our alumni and in so doing, we aim to have a better understanding and more productive relationship with everyone.  

In retrospect, with the myriad challenges, glitches and unsavory occurrences, I stand to take responsibility. This organization is our family and as such I expect everyone to participate in accomplishing what is expected of us.

In the months preceding our events, I made several, several appeals for assistance to the board of trustees and other officers but unfortunately only two or three responded. I do not consider this as my excuse for the unsatisfactory outcome during our event but just an awakening and I would have appreciated more if I was approached for all the inadequacies for a better perspective and understanding of the unpleasant occurrences.

It is time for us to get together for the common good and hopefully we could do better.

Once again, a million thanks to all.
times since 1992. I know too well that mistakes are unavoidable, thus details of parts of the program are fully reviewed and scripted.

So the most important lesson in all of mistake making is to trust that while mistakes are inevitable, if you can learn from the current one, you will also be able to learn from future ones. No matter what happens tomorrow you will be able to get value from it, and apply it to the day after that. Progress will not be a straight line but if you keep learning you will have more successes than failures, and the mistakes you make along the way will help you get to where you want to go.

The Checklist—Learning from mistakes.
A - Accepting responsibility makes learning possible. I admire you when you made that clear in your letter.
B - Do not equate making mistakes with being a mistake.
C - You can't change mistakes, but you can choose how to respond to them. You did respond.
D - Growth starts when you can see room for improvement.
E - Work to understand why it happened and what the factors were.
F - What information could have avoided the mistake?
G - What small mistakes, in sequence, contributed to the bigger mistake?
H - Are there alternatives you should have considered but did not?

I - What kinds of changes are required to avoid making this mistake again? What kinds of change are difficult for you?
J - How do you think your behavior should/would change in you were in a similar situation again?
K - Work to understand the mistake until you can make fun of it (or not want to kill others that make fun). I am making this funny!
L - Do not over-compensate: The next situation would not be the same as the last.
Lastly, only a suggestion, a committee of post-convention critique must be considered.

Have questions or opinions? Make no mistake, the forums are for you, the president. Hail my friend, well met. And to Noli, the chairman goes the same HAIL! CESAR D CANDARI MD61

Joint FUN/ FAITH Summit
continued from to page 6
continued commitment with a unified one voice to serve our poor kababayans.

Foreign Surgical Medical Mission- Filipino American Patriots finally became FAITH (Filipino American Initiative to Transform our Homeland), a subsidiary of Filipino United Network Inc under the energetic leadership of Philip S Chua MD FACS FPCS. Our global mission is to improve the welfare of the underprivileged in our homeland...

FAITH president Eustachio Boy Abay MD summarized succinctly in his dream deep from his heart, and I quote: Specifically, we aim to:
1) Make Medical/Surgical Missions more efficient and sustainable.
2) Establish and develop working Partnerships with Philippine government and its agencies with clearly defined projects.
3) Connect and collaborate with as many Pilipino American groups and organizations in the United States, Canada and elsewhere as possible.
4) Encourage our youth and young adults to visit the Philippines, discover their roots, and learn about their culture and heritage first hand. Be inspired.
5) Encourage Pilipino American adults and retirees to revisit and rekindle their love of country.

Faith in Unity. Filipinos living in the United States today seem to be blessed and content. We have achieved success and affluence. Almost everyone has a good paying job or reasonable fixed income from our retirement, a fine home, a car or two in the garage, and a little savings for rainy days. Because of our diverse backgrounds, we Pilipinos in America have successfully established societies of social, cultural, scientific, professional and humanitarian organizations scattered throughout the United States. In this country we had adopted as our second homeland, we are witnessing a ubiquitous presence of associations, sometimes under the umbrella of the Pilipino American organization.

As we work toward our common goal of progress and advancement in the community, our unity and numbers should lead us to greater political and economic power, and in continuity help our country the Philippines. We must speak as one. We love the Philippines, our true home. We must regroup to face against all odds to help our homeland from the ravages of abject poverty. It is time we relearn the true meaning of Bayanihan. We must forge a structure under which we unite and give back. We can no longer practice luxury of influence.

As resilient and resourceful people, we should never give up this struggle for unity. Despite our interpersonal problems, I believe our people reside in our pride, love, passion and compassion for one another. These bonds hold us together; they demonstrate our strength of purpose and love of family.

I have an appeal from the bottom of my heart. Please, let us leave behind what is petty, narrow and selfish and instead enter a better orientation—one of magnanimity, and generosity, patriotism and worthiness. Let us rise together to work for a better tomorrow. Only then can we regain the faith and confidence of our colleagues and the community.

Let us set forth on a new direction from hereon, a Renaissance, a resolve as never before that this FAITH, under God, shall...
have a new birth and shall not perish from the earth. I partake of the poised and serene confidence that we shall be able to conquer the adversities with the passage of time. With charity in all of us, there will be no mountains we cannot climb.

Straight from my shoulder, FAITH will prove to all and sundry, beyond any shadow of doubt, that Filipinos can actually unite and preserve a worthy and noble cause. It is a living antidote to the common belief that Filipinos have no sense of unity and merely a ninas cogon (initially enthusiastic but do not follow through) in their work ethic. Persistence and determination alone are omnipotent. God Bless.

FAITH CORNER
continued from to page 4
would bring untold millions to Christ.

From a biblical perspective, there is a text from the Book of Exodus that qualifies as an example of a butterfly effect. Two women make a decision that changes the course of the history of God’s people. Their names are Shiprah and Puah. By the end of the Genesis narrative, the Israelites have achieved a favored status in the land of Egypt thanks to their patriarch, Joseph who had risen as second-in-command to Pharaoh. After 400 years, there arose a new king who did not know Joseph. Israel’s status quickly deteriorated from welcomed guests to oppressed slaves and desppicable aliens. Throughout history the interaction of politics, ethnic and religious differences have been a powder keg just waiting to explode. In the opening chapter of Exodus, Pharaoh singles out a rapidly growing Hebrew minority as a potential threat to the nation’s security. There is no hint in the biblical narrative that the Israelites were anything but good, faithful citizens of the empire. Under the illusion that they might join Egypt’s enemies in case of war, Pharaoh embarks on three strategies for population control. First, the Hebrews are brought into conditions of forced labor under harsh living conditions. Then midwives are instructed to kill all male babies born to Hebrew women and third, citizens are directed to cast Hebrew male babies into the Nile.

Paradoxically, the harder the Israelites are made to work, with less and less food and supplies, the more they multiply. On the second strategy for this genocide, midwives are ordered to kill all baby boys born to Hebrew women. Two of them are named Shiprah and Puah. They are not known to be Hebrews. Perhaps in associating closely with the Hebrews, they have come to fear their God enough to disobey the Pharaoh’s orders. Pharaoh confronts the midwives for allowing Hebrew boys to live. The two calmly reply, Because the Hebrew women are not like Egyptian women; for they are vigorous and give birth before the midwife comes to them. Pharaoh then commands all his people to throw every boy born to the Hebrews into the Nile. Of the three strategies, Pharaoh gets one thing right. Baby boys are indeed thrown into the Nile, except for one who is saved by a mother’s love, a sister’s ingenuity, and a royal daughter’s compassion. The boy is called Moses. He sets off a chain of events that changes the world’s history of faith, redemption, and salvation. The butterfly effect.

Although God has been silent for 400 years, He is the power at work in, with and through the Israelites. In the two midwives, Shiprah and Puah, it is their fear of God that gives them the courage to disobey a royal decree. Memories of God’s covenant with Abraham instilled in their hearts are the reason why they disobey Pharaoh’s orders. The heart of Pharaoh’s daughter is filled by God with compassion.

Simple acts which at the moment may be of no consequence, could change the world. The heart of evangelism is in small acts of kindness, mercy and hospitality to accomplish Christ’s mission in the world. Matthew 25:37-40 is an exhortation by Jesus to feed the hungry, welcome the stranger, clothe the naked, care for the sick and visit the imprisoned. Think butterfly effect in helping thousands who are victims of natural disasters as you drop off supplies at the Red Cross. Think butterfly effect in improving the quality of lives treated and saved with each medical mission in impoverished areas. When we ask ourselves, Can God really use an insignificant person like me? remember who is behind center stage. If our Father in heaven can save a nation through a baby hidden among the reeds of the Nile, then he surely can, and will use you and I for the glory of his redemptive purposes for creation.
particularly with the help and enthusiastic support of the current leadership. Maybe a little anxious, yet, quite a bit exciting for all of us here in Las Vegas. In our dreams and goals we wish to go the extra mile. Excellence is to be exceptional, surpassing, more competent and a step ahead with what is in our hands.

The continuing medical education seminar will be at its usual best! With the constructive critique of past chairman Philip S. Chua MD FSC FPCS, next year’s reunion will be a spectacular one for all alumni. It will be a milestone event. It will be intimately shared - full of joy and happiness, laugh, eat, dance and reminisce nostalgic days of yore at Morayta/ASCarraga/ Espana campus. It will be as usual for old memories to be re-lived, friendship re-kindled, and new memories to be shared again. Indeed, this reunion of FEU medical alumni held annually will always be remembered to eternity… It will be a most pleasing, wholesome andfabulous episode of our lives.

It will be the best reunion venue, one of the nation's favorite vacation destinations. It is a 24-hour city where gambling is a loved past time and dreams of striking it rich can come true. But Las Vegas has many attractions and casino action is just one of them. Las Vegas is the best spot because it offers entertainment for the whole family you can bring at the convention/reunion, and most recently plenty of activities for children. Visitors also have access to some of the finest dining and entertainment in the United States.

Maybe some of you will come to Las Vegas to gamble in your destination to the future 2018 reunion. Hit the Jackpot! This is the winter of our life and it catches us by surprise. We have grown older but we have not grown old. What is more important is at our older age our vitality and vigor are intact with a young heart, mind and soul. As we get older, it is easier to be positive. We must care less about what other people think. If you are not in the winter yet let me remind you, that it will be here faster than you think. So savor life to the fullest and attend the alumni reunion. Do not put things off too long!

Las Vegas is the best reunion venue, one of the nation's favorite vacation destinations. It is a 24-hour city where gambling is a loved past time and dreams of striking it rich can come true. But Las Vegas has many attractions and casino action is just one of them. Las Vegas is the best spot because it offers entertainment for the whole family you can bring at the convention/reunion, and most recently plenty of activities for children. Visitors also have access to some of the finest dining and entertainment in the United States.

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My personal advice to you: Gamble money you can afford to lose. Gamble half of what you are willing to risk. Do not be greedy. Stick to this advice and you will probably be a winner and enjoy gambling for a pastime with no pain and no regrets.

I will end my early ‘promo AD’ by saying: My fervent hope and prayer (that) the annual FEU DNRSMAF alumni reunion and scientific convention will continue to galvanize every member alumni to share, to give and with a commitment that stands on the strong foundation of self-sacrifice and cooperation, in the truest sense, to nurture continued support for our Alma Mater.

From your CHAIRMAN continued from to page 2 date the Pilak Group the next time. The Class92 was led by Raymond Razonable MD. A few were able to attend. Those few were recognized, especially the most outstanding alumnus was Dr Razonable and again some people claim he was not given time to say something in accepting his plaque.

Some suggestions were made so we will be ready the next year and succeeding year if the alumni forget to bring their medallions; that, generic medallions without the year will be ordered in the Philippines for a certain number per class jubilarian.

It is a good idea and we will try the same for next year.

Dr Rivera had said it is not the administration’s responsibility but his classmates’ to bring their respective medallions.

We have a cadre of excellent continuing medical education speakers whose topics are worth learning whether you are still practicing medicine or simply retired.

Hernan Reyes MD presented pediatric surgery, Dr Razonable on Going Global, the Threat of Emerging and Re-Emerging
The saying that good hotel and low prices may not exist and be feasible. We will try to announce this as soon as the information becomes available.

As in the past, attendance seems to be good when the reunion is held in Las Vegas, and we hope this will continue inspire of the exorbitant prices of airlines. Lucky are those who are already in Las Vegas and surrounding areas who can drive to the place without much hitch.

Hoping to see more celebrants in the Philippines and hang on to your medallions as you will be the butt of criticism next year.

NOLI C GUINIGUNDO MD

PRESIDENT’S Message

continued from page 2

acknowledged as well.

All jubilarians and Class year celebrants were featured, acknowledged and glorified throughout the evening. Such a display of togetherness was so delightful that perhaps what really matters is the joy and profound happiness emanating from everyone. Sweet smiles and charming attributes filled the air and that was really an Affair to Remember.

The scientific convention was filled with high caliber, well known speakers and lecturers that there was an enormous attendance who listened and participated during the delivery of very interesting and informative subjects.

The annual Jesus B Nolasco MD Memorial Lecture was given by Raymund Razonable MD on his favorite topic, infectious disease. His dedication having led to saving more lives and improvement of medical conduct in confronting dreaded ailments.

The Dean Ricardo Alfonso MD Memorial Lecture was highlighted by, Hernandez Reyes MD, a well respected pediatric surgeon who have given us the Evolution of Surgery in the last 50 years to the delight of everyone. His resume, the substance of the subject matter, his humanitarian endeavors depicted this man’s selfless contribution to humanity.

Carolina Sangalang Cerezo MD gave the Dr Nicanor Reyes Jr Memorial Lecture with her version as a pediatric gastroenterologist. She paved the way to bring medical practice to a higher level.

As for all lecturers their huge contributions in the continuing medical education were deeply appreciated. With all the recent advances of medicine in their field of specialties, much is to the delight of all attendees for the great motivation, innovation and new ideas shared that would eventually be beneficial to all patients.

Profound gratitude is hereby conveyed to all members of the FEUDRNSM Alumni Foundation Southern California Chapter for their total dedication and selfless service to our national Alumni Foundation. Such character is very humbling and gratifying more so when commitment is unscripted and unrehearsed.

We are not perfect nor near perfect but satisfaction and enjoyment is our aim. So for any inadequacies and the unfulfilled expectations, my sincere apologies. It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat. Theodore Roosevelt

My dear friends, enjoy the summer, enjoy with your love ones, and most of all, enjoy life.

See you all on July 2018 in Las Vegas.

LICERIO V CASTRO JR MD
We have a new Dean

continued from page 1

past president of the Society of Gynecologic Oncologists of the Philippines, and a reviewer for the Philippine Journal of Obstetrics and Gynecology. He is also an active member of the PSO, POGS, Philippine Medical Association, PCS, MMS, SGOP, and PSCPC.

As chief of clinics at the FEU-NRMF Medical Center, Dr de los Reyes is replaced by Abigail D Castro MD, also effective August 1st.

His interest includes the topics of pregnancy, menopause, cancer management, human papilloma virus-related diseases, ovarian cyst, and cervical cancer. Dr de los Reyes has recently been involved in several large multi-institutional prospective single-arm study conducted among eight Asian countries, 1999 and 2002, about patients with Stage IIB and Stage IIIB squamous cell carcinoma of the cervix, treated with accelerated hyperfractionated radiation therapy (International Journal of Radiation Oncology Physics 2008; 70 (5):1522–1529; and bulky stage IIB and stage IIIB) were treated with combined chemotherapy and radiation therapy (International Journal of Radiation Oncology Biology Physics, 2013; 87(1): 100–105).

THANK YOU Linda! WELCOME Rey!

Comments

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

ECTOPIC MURMURS

Deadline for September issue
September 20, 2017

Please address submission to acvrear@gmail.com

FEUDNRSM Alumni Foundation

MEMBERSHIP REGISTRATION

Yes, I would like to invest in the future of the FEUDNRSM Alumni Foundation. Herewith below is my membership registration/ renewal for 2016-2017

Name __________________________________________________________

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Membership dues is $70 (physician in training, $25). Please make you check payable to “FEUDNRSMAF” and mail the same with this registration to:

FEUDNRSM Alumni Foundation, 6530 Dunham Road, Downers Grove, IL 60516
Telephone (630) 971-1356 Email acvrear@gmail.com

COMMENTS

PMAC News

Deadline for September 2017 issue
September 6, 2017

Please address submission to acvrear@gmail.com
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Class '63 (Emerald Jubilee)
Class '68 (Golden Jubilee)
Class '93 (Silver Jubilee)
Class '73 (Sapphire Jubilee)
Class '78 (Ruby Jubilee)
Class '83 (Coral Jubilee)
Class '88 (Pearl Jubilee)
Class '98 (20th Anniversary)
Class '03 (15th Anniversary)
Class '08 (10th Anniversary)

The reunion exact July 2018 date to be announced.
The hotel venue to be announced.

Lecturer volunteers from the Jubilee celebrants and from other classes are now being considered.

Please share with/ email us acvrear@gmail.com, ednida888@gmail.com, or lybms@aol.com the following:

Your lecture title,
Your professional title/ affiliation,
Statement of your lecture objectives(s) and
A copy of your curriculum vitae.